

ECHO

Published by
The Area Shopper

Funded in part by the Pennsylvania Department of Aging
Read the ECHO online at www.theareashopper.com/readonline.php

MEADVILLE CENTER

WEDNESDAY

9/16

9AM-2PM

\$8

 RESERVATION &
MONEY DUE 9/9 BY
10AM








SUMMER PICNIC



CATA AVAILABLE
ADDITIONAL \$2

Domino's Pizza, fresh fruit & veggies,
Yard Games, Friends,
Lucky Duck -Game of Chance & more fun!

Dessert Buffet- Bring a dessert dish to share

ROCHE PARK SHELTER #5
PATRICIA DR., MEADVILLE
CALL PATTY/ASHLEY 814-336-1792 EXT 106

Active Aging

Order forms with payments are due on Thursday, September 17, 2026.
Orders & payment must be in an envelope CLEARLY marked with name. Please order CAREFULLY!
Cash or make Checks payable to Active Aging
Please circle what center you belong to:
Meadville/Canadota Lake Center: Patty/Ashley: 814-336-1792 ext. 106
Cambridge Springs Center: Hayleigh/Lanni: 814-398-8616
Bair Family Center: Ginger/Julie: 814-683-4939

Clothing is custom made, therefore, ALL SALES ARE FINAL. NO EXCEPTIONS!
We reserve the right to substitute items of equal or greater value.

Name: _____ Phone Number: _____

Total Items: _____ Total Due: \$ _____



	-XS-	-S-	-M-	-L-	-XL-	-XXL-	-3XL-	-4XL-
Atomic Blue	\$15.00	\$15.00	\$15.00	\$15.00	\$15.00	\$16.50	\$18.00	\$19.50
Olive Drab Green								

ST350



	-S-	-M-	-L-	-XL-	-XXL-	-3XL-
Maroon	\$18.00	\$18.00	\$18.00	\$18.00	\$19.50	\$21.00
Light Pink						

5400



	-S-	-M-	-L-	-XL-	-XXL-	-3XL-
Heather Deep Royal	\$25.00	\$25.00	\$25.00	\$25.00	\$28.50	\$32.00
Heather Scarlet Red						

18000

Port Authority Six Panel Unstructured Twill Cap

	-ONE-
Silver	\$14.00

Port Authority 100% Cotton Fashion Visor

	-ONE-
Ultramarine Blue	\$14.00

C914 C945

Follow us on Instagram: <http://instagram.com/>
 Like us on Facebook: www.facebook.com/CreativeImprintSystems.com

Crawford County's Designated Area Agency on Aging PURPOSE


ACTIVE AGING
 1034 Park Avenue, Meadville, Pennsylvania 16335
 (814) 336-1792 or 1-800-321-7705
 Fax (814) 336-1705

The purpose of Active Aging Inc. is to develop, implement and maintain a comprehensive, coordinated, and supportive human services system for older persons aged 60 years and older in Crawford County. Please call 814-336-1792 or 1-800-321-7705 or email aainc@activeaging.org for more information.



Certainty Starts Here

For your Estate Planning, Elder Law and Asset Protection needs.

300 Arch Street, Meadville, PA 16335 • (814) 807-1071 • Fax (814) 336-6510 • www.effc-law.com



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KIMBERLY S. FOULK



Welcoming New and Existing Customers!

Call: 814-638-0040

- RxLocal mobile app for refill requests
- Convenient drive-thru
- Delivery options available



180 North Franklin Street
Cochran, PA 16314
mmchs.org/pharmacy

From the Director's Desk September 2026

September is here, which means fall is just around the corner—and so is the wedding we've been preparing for!

Last month, I talked about dress shopping and how I had found two dresses I liked but was still waiting for one of them to arrive. Well, I learned a lesson: don't order a dress from China. I was already prepared for possible sizing issues because I've encountered that before. Thinking I was being smart, I carefully checked the measurements listed for each size on the website before ordering. The measurements looked fine, so I felt pretty confident.

Then the dress arrived. Everything else I buy in that size fits, but this dress wouldn't even zip up. Disappointing, to say the least.

I had also checked the return policy before buying it and knew there would be a small restocking fee if I sent it back. That wasn't a huge deal to me—until I went to the Post Office to find out what it would cost to return it. According to the very helpful woman at the counter, it was going to cost me at least another \$40 just to ship it back to China. By the time I added the shipping cost to the restocking fee, returning it simply wasn't worth it.

Fortunately, one of the two dresses fits, and I do have something to wear to the wedding. So, I'm going to be happy about that and file the rest under "lessons learned." And maybe someday I'll find someone who can actually fit into the other dress!

Of course, September brings more than weddings and wardrobe lessons. It also means flu shot season. Our Active Aging Centers will be scheduling flu shot clinics, so be sure to check their calendars for dates and times.

The Active Aging Foundation is also currently selling tickets for our October 17 Bags, Bullets, and Bucks Gun Raffle Bingo. Get your tickets while they last and plan to join us for a fun event!

And finally, mark your calendars for our annual Veterans Day event. This year's speaker, Art Williams, will share his extensive research on Camp Reynolds, a World War II prisoner-of-war camp located in Mercer County. We're looking forward to what promises to be a very interesting program. As always, you can find more information about these activities and upcoming events throughout the pages of this issue of the Echo or by following Active Aging on Facebook.

Enjoy September, and I'll let you know next month if we all survived the wedding!

Krista Geer

Services and Programs we offer are:

Senior Center Services

- Nutritious Noon-Time Meals
- Educational Programs
- Socialization & Recreation
- PrimeTime Health/ Wellness
- Activities
- Volunteer Opportunities
- Life-Long Learning
- Outreach/Information Lunches
- Transportation
- County-wide Picnics, Dances, and Parties
- Large-Print Library
- Travel Opportunities

In-Home Services

- Care Management / Assessments
 - Family Caregiver Support Program
 - Home Delivered Meals
 - In-Home Care
 - Nursing Home Pre-Admission Assessments
 - Personal Assistance
 - Personal Care / Home Support
- *These are examples of services available, and is not an all inclusive listing. Contact us for more information.

Special Services

- "Echo" Newsletter
- Information & Referral
 - PA MEDI Insurance Counseling
 - PACE (Pharmaceutical Assistance Contract for the Elderly)
 - Pennsylvania Property Tax/Rent Rebate Program
- Older Adult Protective Services
- Ombudsman
- Voter Registration

The Community Center of Crawford County



The Lew Davies Community Bldg.
1034 Park Ave. Meadville, PA
www.activeaging.org

- Basic hall rental to complete rental packages including customized catering services available
- Convenient location
- Plenty of FREE parking
- Wooden dance floor
- Air Conditioned



For more information or to reserve your date call us at
Active Aging Foundation 814-336-1792

ACTIVE AGING, INC.
CENTERS

1034 Park Ave, Meadville, Pa
16335
(814) 336-1792

Meadville Center

1034 Park Avenue, Meadville 16335
(814) 336-1792
Ext. 106
Patty Flaherty
Ashley McLallen, Center Manager
meadscarts@activeaging.org

Bair Family Center

237 S. Pymatuning St.-Linesville, PA
16424
(814) 683-4959
Ginger Thomas
lakevalleyinfo@activeaging.org

Cambridge Springs
Center

156 Venango Ave.-Cambridge Springs,
PA 16403
(814) 398-8616
Tami Boylan
cambsc@activeaging.org

Canadohta Center

Bloomfield Twp Building Lincolnvile
(Fridays only)
22978 Shreve Ridge Road- Union City,
PA 16438
(814) 336-1792
Patty Flaherty

Titusville Senior
Center

714 East Main Street-Titusville, PA 16354
(814) 827-9134
Ashley Thompson
goseniors@zoominternet.net

Programs funded in part by the Pa.
Department of Aging and supported by the
Active Aging Foundation. For information on
Long Term Care Services and Choices:
**(814) 336-1792 • 1-800-321-7705 • Fax (814)
336-1705 • E-mail aainc@activeaging.org**

The ECHO is published by The Area
Shopper. Questions concerning
Advertising please contact
(814) 425-7272

CAMBRIDGE SPRINGS CENTER

156 Venango Ave., Cambridge Springs
Center Manager: Tami Boylan 398-8616

Follow us on Facebook at The Active Aging Center of Cambridge Springs

September

- | | |
|------|--|
| 9/1 | 10:30AM JR's Locally Grown Popcorn Program |
| 9/3 | 10:30AM Elk Creek Access Hike w/ Hayleigh. Reservations Required |
| 9/7 | Center Closed for Labor Day |
| 9/8 | 10:30AM Special BINGO w/ Erin |
| 9/9 | 9:20AM Presque Isle Biking-Meet at Beach 1 w/ Tami |
| 9/10 | 10:30AM Tourist Theme Day |
| 9/15 | 10:10AM 1st Grade Pen Pal Program Day |
| 9/17 | 12:00PM-2:30PM Flu & COVID Shots Available w/ LECOM |
| 9/18 | 8:00AM-1:00PM Rummage Sale Drop Off Day |
| 9/22 | 8:00AM-2:30PM 1st Day of the Rummage Sale |
| 9/25 | 8:00AM-Noon Last Day of Rummage Sale |
| 9/28 | 10:00AM Apple Dumpling Orders Due |
| 9/29 | 10:30AM Project Linus Presentation w/ JoAnn |

Tuesday: 10:00AM Chair Yoga
9:00 AM HSIM Exercise Class
10:00AM Games/ Dominos

Wednesday: 9:30AM Euchre Cards - reservations needed

Thursday: 9:00AM HSIM Exercise Class
10:00AM Games/ Dominos
10:00AM-3PM Woodcarving

Friday: 9:30AM Euchre Cards- reservations needed
1:30PM Gentle Yoga

Exercise Equipment/ Gym Available Monday – Friday 8:00AM-3:00PM
Ukuleles Available to play daily 8:00AM- 3:00PM. Meal Reservations needed two days in advance 814-398-8616. Lunch served at 11:45 daily

CANADOHTA CENTER

Center Manager: Patty Flaherty 814-336-1792

Follow us on Facebook at The Active Aging Center of Meadville

September

**EACH FRIDAY 9:00-9:30AM WILL DO LIGHT CHAIR EXERCISES
(HEALTHY STEPS)**

- 9/4 10AM Erin with Life Program will facilitate ‘Axe’ throwing Game**
9/11 Internal Auction: Slightly used or brand-new items to be auctioned off as benefit to the Canadohta Center.
9/18 10AM Chris with Active Aging will present on PA Medi Open Enrollment & what our reps can do for you.
9/25 Interesting facts, Holiday’s, Celebrity births and deaths all occurring on 9/25.

Please Contact Patty Flaherty, Manager, Canadohta Center at 814-336-1792x106 on Tuesday prior to pre-register for a Friday lunch with us.

THE BAIR FAMILY CENTER

237 South Pymatuning Street, Linesville 683-4959

Center Manager: Ginger Thomas

September HAPPENINGS

- 9/1 Sub Sale \$5 each, call or stop in to order**
9/7 Center Closed (Labor Day)
9/9 10AM patriotic themed painting day: Marty with Aging w/ Comfort (suggested donation \$2) w/ lunch \$5
9/17 National Apple Dumping Day (price TBD)
9/17 11:45AM Pymatuning State Park presentation on Beavers
9/18 RSVP for Changing on Seasons Party \$10 per person (special music guest Ken Williams)
9/21 Center closed @ 1PM
9/22 9:30AM Pinch pot making (Pirce TBD)
9/24 11AM-3PM Sub Sale Pick up
9/24 11:45AM Open enrollment PA-MEDI care Presentation W/ Active Aging
9/25 10:30AM-1PM CHANGING SEASONS PARTY - Good Music Featuring Ken Williams. \$10/person, bring a snack to share!
9/25 RSVP and Payment for Applefest 2026
9/29 9:30AM Pinch pot Making (Price TBD)
9/30 10:30AM Nicole Ludwig w/Pa state Police presentation on scam Alert: What seniors need to know

Volunteers Needed

Do You like helping others?
Do You have extra Time?
Do You like to volunteer?

If you answered yes to any of these questions then you should call today to become a Volunteer at Active Aging!

Active Aging, Inc. offers a program run by staff and volunteers to help individuals navigate through Medicare and other assistant programs.

Medicare Counselor Volunteers receive free training to help individuals complete:



- Property Tax/Rent Rebate
- Counseling New Members to Medicare & Inform of Different Parts of Medicare
- LIHEAP Applications
- Medicare Savings Program & Low Income Subsidy

A background in insurance is helpful but not necessary.

Active Aging, Inc.

1034 Park Avenue, Meadville, PA 16335

Contact: Krista Wiltout at 814-336-1792 ext. 174



Medicare Annual Open Enrollment

To enroll or change your Part D or Medicare Advantage Plan

October 15 - December 7

Join, Switch or Drop Coverage

Call (814)336-1792
to schedule your free appointment!

ACTIVE AGING Presents
Through A Veteran's Eye
Wednesday, November 11, 2026

Active Aging, Inc.
1034 Park Avenue, Meadville, PA 16335
814-336-1792

- 8:00AM Opening Ceremonies Begin with Flag Raising
- 8:30AM Missing Man Ceremony
- 8:45AM Continental Breakfast
- 9:00AM Camp Reynolds - POW's Presented by Art Williams
- 10:45AM Quilts of Valor Presented by PA Stitches
- 12:00PM Buffet Lunch, Recognize All Veterans, Displays
- 1:00PM Closing Ceremony



Only 1,000
Calendars
available!

2027 ACTIVE AGING CASH CALENDAR

\$15,000 in Cash Prizes

Raffle is From January 1, 2027 to December 31, 2027

1 Winner Every Day, Win Anywhere Between \$25 and \$500 in Cash

Each Calendar has its own 3 digit number and the winner will be determined each day based off of the PA Lottery Pick-3 Evening Number

Donation \$25

Your Donation will Help Support the Active Aging Centers & Active Aging Foundation.

Calendars are Available Starting September 1, 2026 at the Following Locations:

Active Aging Bair Family Center

237 S. Pymatuning Street, Linesville, PA 16424
814-683-4959 Open Monday through Friday 8 AM - 3 PM

Active Aging Foundation

1034 Park Avenue, Meadville, PA 16335
814-336-1792 Open Monday - Friday 8 AM - 4 PM

Active Aging Center of Canadohta Lake

22978 Shreve Ridge Road, Union City, PA 16438
814-336-1792 ext. 106 Open Fridays Only 9 AM - 1 PM

Active Aging Center of Cambridge Springs

156 Venango Avenue, Cambridge Springs, PA 16403
814-398-8616 Open Monday through Friday 8 AM - 3 PM

Active Aging Center of Meadville

1034 Park Avenue, Meadville, PA 16335
814-336-1792 ext. 106 Open Monday through Friday 8 AM - 3 PM

All winners will be mailed a check within 2 weeks of the end of the month.

Must be 18 or Older to Purchase
SGOC License No. SGOC25111

SCAM ALERT

Watch out! Scammers
target everyone.



Recognize scammers. They may:

- **PRETEND** to be from an agency or organization you know.
- Say there's a **PROBLEM** or promise a prize.
- **PRESSURE** you to act immediately.
- Tell you to **PAY** in a specific way.



Do not give scammers money or personal information – Ignore them!

How to avoid a scam:

- **Remain calm.** Talk to someone you trust.
- **Hang up or ignore** the message. **DO NOT** click on links or attachments.
- **Protect your money.** Criminals will insist that you pay in a hard-to-trace manner, such as with a gift card, prepaid debit card, cryptocurrency, wire transfer, money transfer, or by mailing cash.
- **Protect your personal information.** Be skeptical of a contact you didn't initiate.
- **Spread the word.** Share your knowledge of Social Security-related scams. Post on social media using the hashtag #SlamtheScam to share your experience and warn others. Visit ssa.gov/scam for more information. Please also share with your friends and family.

Social Security Administration
Publication No. 05-10597 | January 2024 (February 2023 edition may be used) | Produced at U.S. taxpayer expense



This month, we celebrate our senior centers and the important role they play in supporting connection, wellness, learning, and independence for older adults. Senior centers are more than just places to gather, they are welcoming spaces that build friendships, encourage healthy aging, and strengthen our community.



JR'S POPCORN PRESENTATION

Join us at 10:30AM to hear the ins and outs about growing popcorn in Waterford, PA.
Popcorn samples will be available to taste!

SEPTEMBER 1ST
CAMBRIDGE SPRINGS ACTIVE AGING

Questions? Or to reserve lunch call: 814-398-8616

Meadville Center

LIGHTHOUSE TOUR



DATE CHANGE

Join us on a 45 minute guided tour of Presque Isle Lighthouse on Wednesday, **September 30th** at 10am.
(78 staired tower climb is optional following tour).
Stopping at Sara's for lunch.
*Purchases at Sara's are not included in ticket price.

Reservations and payment due Monday, 9/21

\$20 with CATA
*Must be 65+ to ride CATA
\$10 without CATA

☎ Patty/Ashley 814-336-1792 ext. 106

Rummage Sale

Cambridge Active Aging: 156 Venango Ave

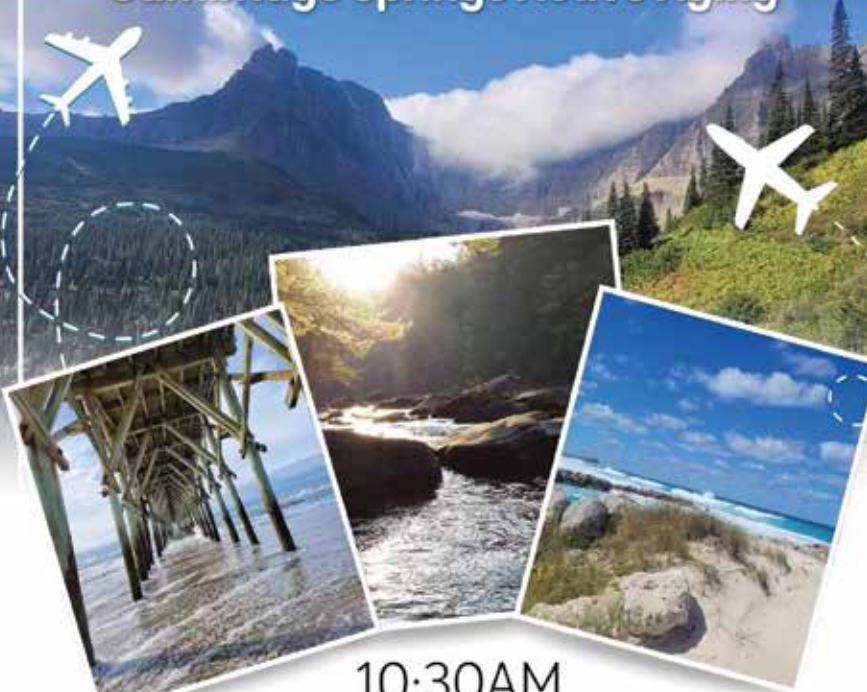
Friday September 18th: Drop off day 8AM-1PM
Tuesday September 22nd - 24th Sale: 8AM-2:30PM
Friday September 25th - Last day: 8AM-Noon

Knickknacks,
clothes, dishes,
shoes, toys,
and much more!



Questions: 814-398-8616

Cambridge Springs Active Aging



10:30AM
September 10th

Tourist Theme Day

WEAR SOUVENIR ATTIRE FROM SOMEWHERE YOU HAVE BEEN!
BRING IN A FEW PHOTOS TO SHARE OF YOUR ADVENTURE!

Questions? Call: 814-398-8616

SEPTEMBER 2026

Crawford County
Active Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 3oz Chipped BBQ Ham Sandwich 1/2c Seasoned Green Beans 1/2c Warm Spiced Apples 1/2c Homestyle Coleslaw 1 Hamburger Bun	2 3oz Chicken Cutlet with 2oz Pan Gravy 1/2c Mashed Potatoes 1/2c Oven Roasted Brussel Sprouts 1 Wheat Bread 1/2c Fruit Medley	3 Creamy Tuna Salad Sandwich (3oz Tuna, 1oz Mayo) 1/2c Crispy Broccoli Salad 1/2c Pickled Beet Salad 2 White Bread Seasonal Fresh Fruit	4 3oz Pepper Steak w/ 1oz Tomato Sauce, 1oz Peppers, 1oz Onions 1 Baked Potato 1/2c Carrots 1 Wheat Bread 1/2c Gelatin
HAPPY LABOR DAY! 7 	8 Meatball Hoagie (3) w/ .5oz Mozzarella Cheese 1c Pasta Fagioli Soup 1c Garden Salad w/ Dressing Seasonal Fresh Fruit 1 Hot Dog Bun	9 Cheeseburger 1/2c Golden Roasted Potatoes 1/2c Mixed Vegetables 1 Hamburger Bun 1/2c Mandarin Oranges	10 3oz Fire Grilled Chicken Breast 1/2c Cheesy Broccoli & Rice 1/2c Carrots 1/2c Diced Pears 1 Dinner Roll	11 Liver & Onions w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
14 4oz Chicken Salad Sandwich, 1/2c Marinated Tomato Cucumber Salad 1/2c Macaroni Salad Seasonal Fresh Fruit 1 Hamburger Bun	15 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Seasoned Green Peas 1 Hot Dog Roll 1/2c Sweet Pineapple Tidbits	16 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Broccoli 1 Dinner Roll 1/2c Warmed Spiced Peaches	17 SEPTEMBER BIRTHDAYS! 3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Mixed Vegetables 1 Wheat Bread Birthday Cake	18 Turkey Chef Salad (2oz Turkey, HB Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Wheat Bread 1/2c Fruited Gelatin
21 Crab Cake w/ Tartar Sauce 1 Tbsp. Corn & Red Pepper Relish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	22 Penne Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1/2c Warmed Spiced Apples 1 Garlic Herb Breadstick 1/2c Mixed Fruit Salad	23 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Seasoned Carrots 1 White Bread 1/2c Peach Crisp	24 Chicken Philly Sandwich 1c Cream of Potato Soup 1/2c Homestyle Coleslaw Hot Dog Bun 1 Cookie	25 Southwest Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips (10pc) 1/2c Seasoned Sweet Corn 1/2c Sweet Pineapple Tidbits
28  1c Tortellini with Creamy Meat Sauce 1/2c Garlic Green Beans 1 Garlic Herb Breadstick 1/2c Warm Spiced Peaches	29 Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Seasoned Carrots 1 White Bread 1/2c Fruited Gelatin	30 4oz Sweet & Sour Chicken 1/2c Steamed Brown Rice 1/2c Broccoli 1 Wheat Bread Seasonal Fresh Fruit	 Milk and margarine served with all meals. Menu subject to change.	Fiber promotes digestion and heart health. Aim for whole grains and vegetables in the amount of 30g for men and 21g for women daily!



APPLE FEST 2026!

Cost: \$10 per person (includes CATA transportation for 65 or older)

Meals are on your own and are not included in the trip cost.

Please RSVP and money in by September 25th

Seats are limited, so sign up early! We look forward to spending a fun-filled fall day with you!

Don't miss this fun-filled autumn tradition. We hope you'll join us for a wonderful day of food, shopping, entertainment, and great company!

Enjoy:

- Delicious apple treats and festival food
- Hundreds of arts, crafts, and food vendors
- Live entertainment
- Classic car show
- Beautiful fall scenery and so much more!

Date: October 2nd, 2026

Location: Downtown Franklin, PA

Time: 9a-2pm (CATA will pick at 9a and leave apple fest at 2p

Come spend the day with us at Applefest in Franklin, PA, one of western Pennsylvania's favorite fall festivals!

TO RESERVE YOUR SPOT, PLEASE CALL GINGER AT THE BAIR FAMILY CENTER AT (814) 683-4959 OR STOP BY THE CENTER TO SIGN UP.

MEDICARE QUESTIONS?

Come learn the basics of Medicare!

We are holding a 1-hour informational seminar where we will discuss Medicare Parts A,B,C, and D as well as Medicare Supplements, Advantage Plans and Prescription Drug Plans.

Tuesday, September 15th
6:30-7:30 PM
Active Aging Center
Meadville, PA



Presented by
Mary Shaffer



Call today to reserve your space
814-382-8686

*Not a sales meeting, no obligation for attending.

We do not offer every plan available in your area. Currently we represent 8 organizations which offer 92 products in your area. Please contact Medicare.gov, 1-800-MEDICARE, or your local State Health Insurance Program (SHIP) to get information on all of your options.



SENIOR SOLUTIONS
BY ANGIE NIEDERMEYER

"MEDICARE & RETIREMENT PLANNING...WITH A LITTLE TLC"



MEDICARE MADE EASY

Our Services

Medicare Supplement Insurance
Medicare Advantage Plans
Prescription Drug Plans
Cancer, Heart Attack & Stroke Insurance

Pennie Insurance
Dental Insurance
Life Insurance
Retirement Planning



scan to
shop plans



TLC Senior Solutions is not connected with the Federal Medicare Program. By contacting this number, you will be connected with a licensed insurance agent. This is an advertisement for insurance.

 **(814) 807-1090**

 meadville@tlcinsurancegroup.com

 105 Mead Ave. Meadville, PA 16335

MEDICARE Questions? I Have Answers!

Turning 65? New to PA? Unhappy with your plan? Ask me about Special Enrollment Periods!

MEDICARE ADVANTAGE PLANS
MEDICARE SUPPLEMENTS • PRESCRIPTION DRUG PLANS



**BRIDGETTE
YODER**

Call Bridgette today
for your **FREE** consultation.

She will find the right
Medicare Plan for you!

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INSURANCE SERVICES, INC.

1098 PARK AVE.
MEADVILLE
www.byhamins.com
(814) 724-1680



We do not offer every plan available in your area. Any information we provide is limited to those plans we do offer in your area. Please contact Medicare.gov or 1-800-MEDICARE to get information on all of your options.



\$6.00

APPLE DUMPLINGS FOR SALE

**Orders Due
By 10AM
ON
September 28th**

**Call:
814-398-8616
TO Order**



**Pick Up at The Cambridge Springs Center
on October 7th 10:30AM-3:00PM
156 Venango Ave Cambridge Springs PA 16403
Made possible by Ice House Pizzeria & Grille**



Changing of SEASONS PARTY

SEPTEMBER 25TH @ 10AM
\$10 PER PERSON

Speical musical performance by Ken

RSVP and Money due Sept. 18th

Bair Family Center
237 S. Pymatuning St.
Linesville pa 16424
814-683-4959





All Pink Party

In Support of Breast Cancer Awareness

Join us for a fun-filled morning as we celebrate, support, and honor those affected by breast cancer.

Friday, October 9
10:00 AM – 1:00 PM
\$10 person
RSVP By October 6th

Wear your favorite pink outfit and help us spread awareness while enjoying a day of friendship, fun, and support.

Together, we can make a difference—one splash of pink at a time!

A donation will be made to a local breast cancer foundation in honor of all the brave warriors who have fought, are currently fighting, and those we lovingly remember.

The Active Aging Bair Family Center
237 S. Pymatuning St. Linesville, Pa 16424
(814) 683-4959



Meadville Center's

HALLOWEEN DANCE

FRIDAY, OCTOBER 30TH
7-9PM

DJ Brian Silvis playing hits from the 60s-80s.
Costumes Encouraged. BYOB & Snacks.

**\$5 admission at the door
ages 21+**

1034 Park Ave, Meadville
Patty/Ashley
814-336-1792 ext. 106

RUMMAGE SALE

OCTOBER 6TH - 8TH

Drop off - Tuesday, 10/6 from 9-11am
Sale - Wednesday, 10/7 from 9am-2pm
Bag Day - Thursday, 10/8 from 9-11am
Bring your own bag



DONATION DRIVE

OCTOBER 8TH



Drop off - Thursday, 10/8 from 2-6pm

Support the Center by filling bins for the Goodwill!
Drive through our front parking lot and volunteers will unload your boxes.

*All items must be in good, clean, sellable condition and packed in boxes/bags. Call the Center for a list of items not accepted.

All proceeds benefit the Meadville Center
1034 Park Ave. - Patty/Ashley - 814-336-1792 ext. 106



MEADVILLE CENTER

WALK WITH US!

START A HEALTHY ROUTINE IN TIME FOR THE HOLIDAYS!

WALK WITH EASE PROGRAM

Walk with Ease is a group exercise program that improves flexibility, strength & stamina. Record improvements & reduce pain during this 6 week program.

If you can be on your feet for 10 minutes, without increased pain you will see success with the Walk with Ease Program.

STARTS MONDAY, OCTOBER 5, 2026

- 3 a week - M, W, Th
- 9 - 10am
- Meet at Downtown Mall

QUESTIONS OR TO SIGN-UP CALL PATTY/ASHLEY
814-336-1792 EXT. 106

A PROGRAM FROM THE ARTHRITIS FOUNDATION

PACE / PACENET

Started in 1984, the Pharmaceutical Assistance Contract for the Elderly (PACE) Program helps older persons living in Pennsylvania to pay their prescription expenses. PACENET is the Pharmaceutical Assistance Contract for the Elderly Needs Enhancement Tier. This program has been created to assist older Pennsylvanians, whose incomes are slightly higher than the PACE income limits, with the cost of their prescription drugs.

- Eligibility Information:**

PACE requirements:

 - 65 years of age or older.
 - A resident of Pennsylvania for at least 90 days prior to the date of application.
 - Ineligible for pharmaceutical benefits under medical assistance.
 - Total income for last year for a single person must be less than \$14,500.
 - Total income for last year for a married couple must be less than \$17,700.

Once an application is approved, an enrollee is responsible for \$6 copayment for generic drugs or a \$9 copayment for brand name drugs for each prescription reimbursed by PACE.

PACENET requirements:

 - 65 years of age or older.
 - A resident of Pennsylvania for at least 90 days prior to the date of application.
 - Ineligible for pharmaceutical benefits under medical assistance.
 - Total income for a single person from last year must be between \$14,500 to \$33,500.
 - Total income for a married couple last year must be between \$17,701 to \$41,500.

PACENET May have a monthly drug plan premium to pay at the pharmacy, which will be cumulative if not met each month. Once that monthly drug premium has been met, PACENET has an \$8 copayment for generic drugs and a \$15 copayment for brand name drugs. Your out-of-pocket costs to you are computed by the PACE program.

To use your PACE/PACENET card: Take your card and prescription to any drugstore that accepts PACE. Always keep your card with you. Do not leave your card at the drugstore. Do not mail your card to a mail-order pharmacy.

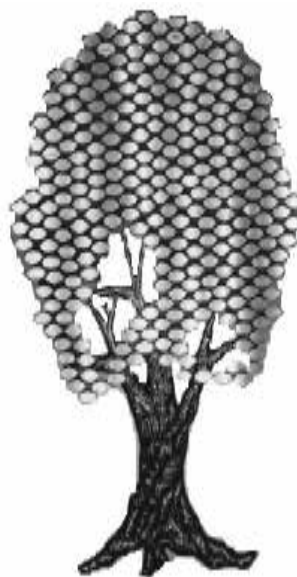
You May not use your card to purchase drugs out of the state or to mail drugs out of the state. You can use your card ONLY while you are in Pennsylvania.

Can I have other medical insurance or prescription coverage and still apply for PACE/PACENET?

Yes, However, PACE is the payor of last resort and will only cover prescription costs not covered by other medical insurance. You will be asked to provide information about your insurance coverage when you apply for PACE/PACENET, and you should inform your pharmacist of all your medical and prescription plans.

Is it possible to get help with completing the PACE/PACENET application?

Yes! Please call Active Aging, Inc. at (814) 336-1792 or 1-800-321-7705. An appointment can be scheduled for you



We invite you to participate in our “Tree of Giving” gift program. This is an on-going and permanent gift program that gives you, as a donor, the discretion to honor someone’s hard work or achievement; remember a special/personal event or anniversary; or as an everlasting memorial for a loved one, friend or community leader. The “Tree of Giving” includes brass leaves and three different size brass stones that can be engraved to your desire. For additional information or to make an appointment with our Foundation Staff, please call (814) 336-1792 or 800-321-7705.

The BEST time to plant a tree is 20 years ago. The next best time is NOW. ~African Proverb

DO YOU HAVE MEDICARE?

Do you have questions about your coverage or current plan? Do you want to know if you are eligible to save money on your prescription drug costs and/or your Part B premium? The PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program can help!

What is PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free health insurance counseling program designed to help all Pennsylvanians with Medicare. PENNSYLVANIA MEDICARE EDUCATION AND DECISION

You may qualify for financial assistance programs!

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

How can the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program help you?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparisons
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care

Call today to get connected to the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program in your area.

1-800-783-7067

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free service provided by the PA Department of Aging, and is funded in whole or part by grant number 2001PAMIAA-00



pennsylvania
Medicare Education and Decision Insight



Updated February 2025

Extra Help

Can help lower your prescription drug co-payments and premium, and gives you extra times to switch your plan!

You may qualify if:

- If you are single and have total monthly income of less than \$1,976; and less than \$17,600 in resources
- If you are married and have a total monthly income of less than \$2,664; and less than \$35,130 in resources

*There are certain deductions taken for Extra Help. You may qualify even if you are above these limits.

Medicare Savings Programs

Can help you with the payment of your Part B premium!

You may qualify if:

- If you are single and have a total monthly income of less than \$1,781; and less than \$9,660 in resources
- If you are married and have a total monthly income of less than \$2,399; and less than \$14,470 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing.

*There are certain deductions taken for Medicare Savings Programs. You may qualify even if you are above these limits.



pennsylvania
Medicare Education and Decision Insight

Updated information on 2025 eligibility for Programs available to help you with Medicare costs

Do you have Medicare and limited income and assets? You may qualify for one of the following programs to help you with Medicare costs.

Low Income Subsidy (Extra Help):

INCOME: less than \$23,715 single (\$1,976/month)
less than \$31,965 married (\$2,664/month)

ASSETS: less than \$17,600 single
less than \$35,130 couple

BENEFITS: low or no premium for Part D plan
low copays for generic and brand-name drugs

Medicare Saving Program:

ELIGIBILITY: Monthly income \$1,781 individual
Monthly income \$2,399 couple

ASSETS: \$9,660 individual or \$14,470 couple

BENEFIT: Pays your Medicare Part B premium

PACE/PACENET (resources not counted):

Must be 65 years of age, or older
Must be a Pennsylvania resident for at least 90 days prior to application
Cannot be enrolled in benefits under Pennsylvania’s Medicaid Program

PACE income: Single \$14,500 Married \$17,700 based on prior year income
PACENET income: Single \$33,500 Married \$41,500 based on prior year income

For more information, or for an appointment to receive assistance in completing an application, contact the PA MEDI Program at Active Aging, Inc., (814)336-1792 or 1-800-321-7705.

The PA MEDI Program provides assistance to Medicare beneficiaries of any age.



PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Update

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT (PA MEDI), the State Health Insurance Assistance Program for all Medicare beneficiaries residing in Pennsylvania. During Medicare's Annual Open Enrollment, beneficiaries have the opportunity to compare their current Medicare Advantage Plan or Part D prescription drug plans and make any necessary changes to their coverage for the upcoming year. At Active Aging, Inc., the PA MEDI Program remains very busy all year. PA MEDI counselors are available, by appointment, to give information to individuals who are new to Medicare, assist with problems or questions about current coverage, and to screen and assist those eligible for Medicare cost-savings programs.

Outside of Annual Open Enrollment, there are Special Enrollment Periods (SEP) for individuals who may be eligible to make a change to their current coverage. Below is a list of examples for when a person may qualify for a SEP:

You change where you live

- I moved to a new address that isn't in my plan's service area.
- I moved to a new address that's still in my plan's service area, but I have new plan options in my new location.
- I moved back to the U.S. after living outside the country.
- I just moved into, currently live in, or just moved out of an institution (like a skilled

nursing facility or long-term care hospital).

• I'm released from jail.

You lose your current coverage

- I'm no longer eligible for Medicaid.
- I left coverage from my employer or union (including COBRA coverage).
- I involuntarily lose other drug coverage that's as good as Medicare drug coverage (creditable coverage), or my other coverage changes and is no longer creditable.
- I had drug coverage through a Medicare Cost Plan and I left the plan.
- I dropped my coverage in a Program of All-inclusive Care for the Elderly (PACE) plan.

You have a chance to get other coverage

- I have a chance to enroll in other coverage offered by my employer or union.
- I have or am enrolling in other drug coverage as good as Medicare prescription drug coverage (like TRICARE or VA coverage).
- I enrolled in a Program of All-inclusive Care for the Elderly (PACE) plan.

Your plan changes its contract with Medicare

- Medicare takes an official action (called a "sanction") because of a problem with the plan that affects me.
- Medicare ends (terminates) my plan's contract.

• My Medicare Advantage Plan, Medicare Prescription Drug Plan, or Medicare Cost Plan's contract with Medicare isn't renewed.

Other special situations

- I'm eligible for both Medicare and Medic-

aid.

- I qualify for Extra Help paying for Medicare prescription drug coverage.
- I'm enrolled in a State Pharmaceutical Assistance Program (SPAP) or lose SPAP eligibility. (This is PACE/PACENET in PA)
- I dropped a Medigap policy the first time I joined a Medicare Advantage Plan.
- I have a severe or disabling condition, and there's a Medicare Chronic Care Special Needs Plan (SNP) available that serves people with my condition.
- I'm enrolled in a Special Needs Plan (SNP) and no longer have a condition that qualifies as a special need that the plan serves.
- I joined a plan, or chose not to join a plan, due to an error by a federal employee.
- I wasn't properly told that my other private drug coverage wasn't as good as Medicare drug coverage (creditable coverage).
- I wasn't properly told that I was losing private drug coverage that was as good as Medicare drug coverage (creditable coverage).

These Special Enrollment Period situations have been adapted from www.medicare.gov; if you would like to learn more about special enrollment period situations, please visit www.medicare.gov or contact PA MEDI. For more information on PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT, or to schedule an appointment for assistance, please call Active Aging, Inc. at 814-336-1792 or 1-800-321-7705. Active Aging, Inc. is located at 1034 Park Ave., Meadville, Pa.

Active Aging is accepting donations of unopened incontinent supplies, including pads, pull-ups or underpads. Active Aging will also accept donations of nutritional supplements unless out of date.

Donations can be dropped off Monday to Friday, 8AM - 4PM
at 1034 Park Ave. in Meadville.

We are also able to pick up if needed, call to schedule.

If you or anyone you know over the age of 60 requires supplies and are unable to afford them, please call for assistance.

814-336-1792

Did you pay PA Property Tax or Rent in 2025?

You may qualify for the 2025 PA Property Tax/Rent Rebate. Active Aging, Inc. has trained staff volunteers who can help you file if you meet the qualifications. For more information on the program details or to schedule an appointment for this free service, please call Active Aging, Inc. at 814-336-1792. New: File Your Property Tax/Rent Rebate Program Applications Online

Property Tax/Rent Rebate Program claimants now have the option to submit program applications online with the Department of Revenue's myPATH system. Filing online leads to fast processing, easy direct deposit options and automatic calculators that will help you apply for your rebate. Visit mypath.pa.gov to file your application.

I don't want to leave my home... but maybe it's time.

If you are:

- Relying on family friends or neighbors
- No longer driving
- Not eating right, tired of cooking and dining alone
- Getting forgetful
- Falling or feeling unstable
- Unable to manage home maintenance and household chores
- Feeling lonely, missing friends and social opportunities
- Having difficulty getting to appointments and church
- Struggling with daily tasks or taking medications

Maybe it's time for a change, call us today at 814-332-9009 to schedule a tour of Cribbs Residential Center. Where we provide all the comforts of home and the service you need. We even offer trial stays!



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814-332-9009 · www.wesbury.com



Limited Number of
Tickets Available

(Tickets available at the door only if not sold out in advance by October 16th at 3PM)



No Guns awarded on site. All Gun Prizes must be picked up in accordance with state & federal laws at Tamarack Armory

All proceeds benefit the senior citizens of Crawford County through Active Aging.

814-336-1792

**Reserved Seats Are Available for Advance Ticket Holders Only!*

Please Indicate Reservations on the Ticket Stub When Purchasing and Make Reservations no later than October 9, 2026

Bingo License No. BNG26030 Small Games of Chance License No. SGC26105

Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase

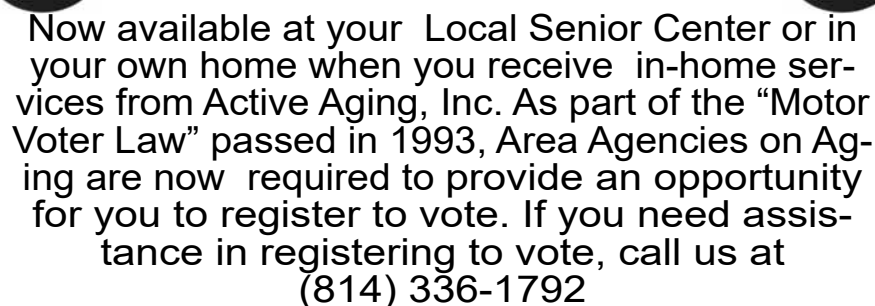
Seat Reservation Requests must be made no later than November 13, 2026

No gift certificates, coupons or other specials or discounts may be used for this special bingo.

Bingo License No. BNG26030 Small Games of Chance License No. SGC26105

GET YOUR TICKET STARTING MONDAY, SEPTEMBER 21, 2026

September 30, 1889- Wyoming legislators write the first state constitution to grant women the vote.



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REMINDER:
Elder Pennsylvanians
deserve honor and respect ...
not abuse. Stop Elder Abuse
in Crawford County.
Call Active Aging, Inc.
336-1792 or 1-800-321-7705

DON'T PROCRASTINATE ON DEVELOPING A CAREGIVER BACKUP PLAN

Providing in-home care for someone who needs daily assistance is a major commitment. It's not something people enter into lightly— & for that reason, it's important for a caregiver to have a backup plan ready before it's needed.

I recently spoke to a fellow social worker who saw the importance of a backup plan firsthand. He was working with a caregiver who believed that a family friend would step in to provide care if needed. However, the caregiver never discussed this plan with that friend. When the caregiver unexpectedly landed in the hospital, the friend was not in a position to help.

This created a short-term crisis that sent the person receiving care to a nursing home. Fortunately, the caregiver returned home in only a few days. However, this story underscores the importance of a backup plan.

Is your caregiver backup plan in order? Here's a few quick tips that can help ensure that you're ready for the unexpected:

Plan Together: A backup plan is only helpful if everyone involved is on the same page. Granted, discussing worst-case scenarios can be difficult. Caregivers may feel more comfortable just hop-

ing that one or more family members will step in if there is a crisis. However, this assumption can cause confusion or resentment, or worse, inadequate care for the dependent person.

To ensure the well-being of this person, a backup plan requires a commitment from the prospective backup care providers. The only way that the caregiver can receive this commitment is to begin the discussion.

Think Short & Long Term: At a bare minimum, caregivers should have a short-term backup plan for emergencies. Since life is unpredictable, it is also important to consider longer term care as well.

A longer term plan may be particularly relevant for parents who are caregivers of disabled, adult children. Will the parent be able to provide the necessary care as they themselves age? The adult child may want to live more independently in a residential setting with peers or direct their own care, relying on paid care attendants. Again, starting a discussion about the future care needs of a dependent child can be difficult. But beginning this conversation brings the reward of knowing that your loved one's future care needs will be met.

Investigate Caregiving Resources: Caregivers often depend on their family members & social networks for backup when the going gets tough. There are many other resources available to support them as well. For example, one MassHealth funded program, Adult Foster Care, provides training, financial compensation & paid time off for caregivers. Local elder service agencies are an excellent place to start to learn about connecting with this program, as well as other kinds of in-home support & caregiving resources.

Hopefully that's enough to help you get started. Developing a caregiver backup plan can be challenging, & sometimes there is no perfect answer. But it's always better to know your options ahead of time, instead of waiting for a crisis.

Lissa Marcucci is a Licensed Clinical Social Worker who works for Adult Family Care (AFC), a non-profit Adult Foster Care program at Somerville-Cambridge Elder Services that provides compensation, training, & other supports for in-home caregivers across the Greater Boston Area. For more information, visit adultfamilycare.org or call 617-628-2601.

Credit Don't Procrastinate on Developing a Caregiver Backup Plan - Somerville-Cambridge Elder Services (SCES) (eldercare.org)



Juniper Village at Meadville
455 Chestnut St.
Meadville, PA 16335

*Reach out to me
to get you Your
Personal Tour
Scheduled!*

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PAWS
Pets Assistance & Wellness for Seniors



PAWS (Pet Assistance and Wellness for Seniors) was established to help area seniors feed and care for their pets. Seniors on a fixed income often go without to care for their pets - even sharing their meals with them. PAWS provides pet food, flea & tick control, vaccine subsidies and assistance with veterinary care for area seniors who are enrolled in specific programs through Active Aging, Inc.

Your generosity will allow PAWS to provide more food and needed veterinary care to the pets of area seniors in need. If you'd like to help keep a senior's pet healthy, there are two ways in which you can donate.

To make a monetary donation for pet food, vaccines, flea & tick control and veterinary care

visit activeaging.org or mail checks to Active Aging Foundation,
1034 Park Avenue, Meadville, PA 16335





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