

ECHO

Funded in part by the Pennsylvania Department of Aging

Read the ECHO online at www.theareashopper.com/readonline.php

CELEBRATING OLDER AMERICANS MONTH: CHAMPION YOUR HEALTH

Celebrated every May, Older Americans Month (OAM) is led by the Administration for Community Living (ACL). Established in 1963, OAM is a time to recognize older Americans' contributions, highlight aging trends, and reaffirm commitments to serving older adults in our communities.

This year's theme, "Champion Your Health," focuses on prevention, wellness, and personal responsibility as cornerstones of healthy aging. It encourages older adults to take an active role in their health — advocating for themselves, accessing preventive care, and making informed decisions that support independence. This Older Americans Month, communities and individuals alike can take steps to champion health and advance healthy aging.

HOW CAN COMMUNITY GROUPS, BUSINESSES, & ORGANIZATIONS MARK OAM?

- Promote OAM through newsletters, meetings, & social media channels.

- Invite community members to share stories and reflections using #ChampionYourHealth.
- Highlight practical tips and trusted resources that support prevention and healthy aging.
- Elevate local programs & events that help older adults stay healthy, active, & engaged.

HOW CAN INDIVIDUALS TAKE CHARGE OF THEIR HEALTH AT EVERY AGE?

- Stay up to date on preventive care & screenings.
- Build & maintain social connections that support emotional well-being.
- Choose nutritious, minimally processed foods.
- Incorporate regular physical activity to maintain strength and mobility.
- Practice daily habits that support mental health and resilience.

For more information and downloadable materials, visit acl.gov/oam or activeaging.org and join the conversation using #OlderAmericansMonth.

Bair's Annual Corvette Cruise-in Pasta Dinner and Vendor Event SATURDAY MAY 16TH, 2026



Vendor event will open from 10a-2p, come check out all the vendors
Pasta Dinner open from 11a-2p (or sold out!) Eat in or take out.

Dinner Includes Spaghetti with Homemade Meatballs, Tossed Salad, and Italian Bread
\$10.00 Adults.....\$5.00 children under 12

Soft Drinks, water, coffee available for \$1.00
other food and snacks prices vary

The Active Aging Bair Family Center
237 Sotuh Pymatuning St. Linesville ,pa 16424
814-683-4959

Crawford County's Designated Area Agency on Aging PURPOSE



The purpose of Active Aging Inc. is to develop, implement and maintain a comprehensive, coordinated, and supportive human services system for older persons aged 60 years and older in Crawford County. Please call 814-336-1792 or 1-800-321-7705 or email aainc@activeaging.org for more information.



Certainty Starts Here

For your Estate Planning, Elder Law and Asset Protection needs.

300 Arch Street, Meadville, PA 16335 • (814) 807-1071 • Fax (814) 336-6510 • www.ffc-law.com



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KIMBERLY S. FOULK



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Call: 814-638-0040

- RxLocal mobile app for refill requests
- Convenient drive-thru
- Delivery options available



180 North Franklin Street
Cochran, PA 16314
mmchs.org/pharmacy

From the Director's Desk, May 2026

Happy Mother's Day to all the moms out there! I hope you get to spend some time enjoying your family.

Mother's Day is always a two-for-one celebration for me—my birthday falls right around the same time, so I usually end up with one grand day. At this point, I have no idea what's planned. We haven't even managed to celebrate Easter yet! It's on the calendar... it just hasn't happened.

This year, we're heading to Tucker's house. He and Emily recently installed a new kitchen countertop and are eager to show it off, so I suggested we hold Easter there. It's a great solution for a couple of reasons—chief among them being fewer dogs underfoot.

Luke always brings his two dogs, which is a given. At Christmas, Tucker brought his as well, and when you add my two, that makes five dogs running around my not-so-large house. Five dogs are total chaos—especially when only one of them is female! This time, I'll leave my dogs at home, which should automatically reduce the commotion. And in case you're wondering, I'm not a big fan of chaos.

On a more serious note, this past month marked an important milestone for us at Active Aging. We've officially moved from the planning phase to the execution phase of our new Cambridge Springs Active Aging Center project.

For those who may not know, we've been working toward building a new center in Cambridge Springs for several years. We've simply outgrown our current space, and we're excited to take this next step. The new center will provide a modern, welcoming environment with enough room for multiple activities at once—and parking to accommodate everyone who wants to join us.

It's an exciting time for our organization, and we look forward to sharing more updates with you soon. Stay tuned!

Krista Geer

Services and Programs we offer are:

Senior Center Services

- Nutritious Noon-Time Meals
- Educational Programs
- Socialization & Recreation
- PrimeTime Health/ Wellness
- Activities
- Volunteer Opportunities
- Life-Long Learning
- Outreach/Information Lunches
- Transportation
- County-wide Picnics, Dances, and Parties
- Large-Print Library
- Travel Opportunities

In-Home Services

- Care Management / Assessments
 - Family Caregiver Support Program
 - Home Delivered Meals
 - In-Home Care
 - Nursing Home Pre-Admission Assessments
 - Personal Assistance
 - Personal Care / Home Support
- *These are examples of services available, and is not an all inclusive listing. Contact us for more information.

Special Services

- "Echo" Newsletter
- Information & Referral
 - PA MEDI Insurance Counseling
 - PACE (Pharmaceutical Assistance Contract for the Elderly)
 - Pennsylvania Property Tax/Rent Rebate Program
- Older Adult Protective Services
- Ombudsman
- Voter Registration
- SHARE Housing

The Community Center of Crawford County



The Lew Davies Community Bldg.
1034 Park Ave. Meadville, PA
www.activeaging.org

- Basic hall rental to complete rental packages including customized catering services available
- Convenient location
- Plenty of FREE parking
- Wooden dance floor
- Air Conditioned



For more information or to reserve your date call us at

Active Aging Foundation 814-336-1792



ACTIVE AGING, INC. CENTERS

1034 Park Ave, Meadville, Pa
16335
(814) 336-1792

Meadville Center

1034 Park Avenue, Meadville 16335
(814) 336-1792
Ext. 106
Patty Flaherty
Ashley McLallen, Center Manager
meadscarts@activeaging.org

Bair Family Center

237 S. Pymatuning St.-Linesville, PA
16424
(814) 683-4959
Ginger Thomas
lakevalleyinfo@activeaging.org

Cambridge Springs Center

156 Venango Ave.-Cambridge Springs,
PA 16403
(814) 398-8616
Tami Boylan
cambsc@activeaging.org

Canadohta Center

Bloomfield Twp Building Lincolnton
(Fridays only)
22978 Shreve Ridge Road- Union City,
PA 16438
(814) 336-1792
Patty Flaherty

Titusville Senior Center

714 East Main Street-Titusville, PA 16354
(814) 827-9134
Ashley Thompson
goseniors@zoominternet.net

Programs funded in part by the Pa. Department of Aging and supported by the Active Aging Foundation. For information on Long Term Care Services and Choices: (814) 336-1792 - 1-800-321-7705 - Fax (814) 336-1705 - E-mail aainc@activeaging.org

The ECHO is published by The Area Shopper. Questions concerning Advertising please contact (814) 425-7272

MEADVILLE CENTER ACTIVE AGING, INC.

(814)336-1792 or 1-800-321-7705 - Fax (814)336-1705

The Lew Davies Community Building 1034 Park Ave., Meadville •
Center Manager: Patty Flaherty and Ashley McLallen

Follow us on Facebook at The Active Aging Center of Meadville

May

5/1 – 5/7 Spring Basket Raffle, \$5 for 25 tickets – Drawn on our Mother's Day Celebration on Thursday, 5/7.

5/7 Mother's Day Celebration: Reservation and money was due Monday, 4/27.

5/12 Phipps Conservatory, Pittsburgh Trip – Reservation and money was due on Thursday, 4/9.

5/13 2PM Bike with Ashley: New trail in Meadville – Call to sign up.

5/14 12:30PM Erin with the LIFE Program runs SINGO

5/25 Center Closed for Memorial Day

JUNE 2026 SAVE THE DATE(S):

- All Center Picnic at Common Grounds on 6/17 – RSVP & payment due 6/8
- Father's Day Celebration on 6/18 - RSVP & payment due 6/8
- Meadville's own Watercolor Class displays their work 6/24-7/6.
- Kayaking at Woodcock on 6/25

The Meadville Center is open weekdays from 8AM until 3PM. – unless otherwise indicated. Call to schedule your card groups/table games; \$1/ person. Call Patty/Ashley with any questions at 814-336-1792 ext. 106.

EVERY DAY: Library; Exercise Machines (treadmills, recumbent bike, stationary bikes, elliptical, weight-machine); \$1; No machine use during Yoga. Pool Table/Ping-Pong Table; no fee (call to reserve).

MONDAY

9:00AM Healthy Steps in Motion; \$1*
10:00AM Bingo; .50/card for 10 games & .25/card for coverall
10:00AM Yoga; \$3
11:00AM Tai Chi; \$1
1:00PM Veteran's Committee Meeting: (1st Monday of March-November)

TUESDAY

9:00AM Healthy Steps in Motion; \$1*
10:00AM Watercolor Painting Class; \$1
11:00AM Yoga; \$3
12:30PM BUNCO- dice game – 2nd & 4th Tuesday of each month; \$1
1:30PM Chi Kung; \$1
2:00PM Diabetes Support Group - 2nd Tuesday each month; no fee
5:00PM Classic Cardio; \$3

WEDNESDAY

Pickle Ball Court; by reservation. Call the day ahead to reserve. \$1

9:00AM Healthy Steps in Motion; \$1*
10:00AM Yoga; \$3
11:00AM Tai Chi; \$1
1:00PM Quilting Group; no fee
4:00PM Yoga; \$3

THURSDAY

9:00AM Healthy Steps in Motion; \$1*
10:00AM Line Dancing; \$1
10:00AM Book Club, last Thursday of the month; \$1
11:00AM Chair Fitness; \$1
12:30PM Movie; 2nd & 4th Thursday of the month; \$1
1:00PM Knitting Group; no fee
4:45PM Cardio Yoga Combo Class; \$3

FRIDAY

9:00AM Healthy Steps in Motion; \$1*
10:00AM Bingo; .50/card for 10 games & .25/card for coverall
10:30AM Yoga; \$3

*Indicates the fee is a suggested donation. On Tuesdays, tune in to COOL 101.7 to hear the Centers' updates from Centers Director, Tami Boylan. Check out our Facebook page, Active Aging Center Meadville (Includes Canadohta Center).

CAMBRIDGE SPRINGS CENTER

156 Venango Ave., Cambridge Springs

Center Manager: Tami Boylan 398-8616

Follow us on Facebook at The Active Aging Center of Cambridge Springs

May

5/7 11:45AM Mother's Day Lunch. Reservations Required
5/12 10:10AM CS 1st grade class meets with their pen pals
5/14 10:30AM-1:30PM Card & Game Day Party. Please RSVP
5/21 10:30AM Wildfires in PA w/ Zach from the DCNR
5/26 10:30AM Hiking w/ Hayleigh-Frontier Park. Reservations Requested
5/28 10:30AM BINGO w/ Jamie-Crawford & Venango County Ombudsman

Tuesday: 10:00AM Chair Yoga
9:00 AM HSIM Exercise Class
10:00AM Games/ Dominos

Wednesday: 9:30AM Euchre Cards - reservations needed

Thursday: 9:00AM HSIM Exercise Class
10:00AM Games/ Dominos
10:00AM-3PM Woodcarving

Friday: 9:30AM Euchre Cards- reservations needed
1:30PM Gentle Yoga

Exercise Equipment/ Gym Available Monday – Friday 8:00AM-3:00PM Ukuleles Available to play daily 8:00AM- 3:00PM. Meal Reservations needed two days in advance 814-398-8616. Lunch served at 11:45 daily

CANADOHTA CENTER

Center Manager: Patty Flaherty 814-336-1792

Follow us on Facebook at The Active Aging Center of Meadville

May

EACH FRIDAY 9:00-9:30AM WILL DO LIGHT CHAIR EXERCISES (HEALTHY STEPS)

5/1 10AM Sue DeArment with Wildlife In Need presents
5/8 10AM Erin with the Life Program hosts a memory game
5/15 10AM Internal Auction; donations of new or slightly used items (knick-knacks, food, clothing, books, puzzles etc.)
All proceeds benefit the Canadohta Center.
5/22 11:30AM-1PM Sub day: Pre-ordered Italian Subs picked up – Ham, Pepperoni, Salami, Provolone Cheese, with bagged separately, Onion, Lettuce, Tomato & Italian dressing. Only \$5 each.
5/29 Game Day
Please Contact Patty Flaherty, Manager, Canadohta Center @ 814-336-1792x106 on Tuesday prior to pre-register for a Friday lunch with us.

THE BAIR FAMILY CENTER

237 South Pymatuning Street, Linesville 683-4959

Center Manager: Ginger Thomas

May HAPPENINGS

5/1 Sub sale Starts (Italian or Roast Beef) \$5.00 per sub
5/2 Kentucky Derby Tea Party 1pm (reservations required)
5/6 Bingo Wednesday (No Thursday)
5/7 11AM Mother's Day Luncheon (Live Music: CASH Music Department)
5/15 Paint & sip (Sparkling Cider) -Aging w/ comfort (\$5.00 per person) lunch included
5/15 Sub Orders Due with Money
5/16 Car Cruise In/Pasta Dinner
5/18 CENTER CLOSED (No Activities)
5/19 Primary Election Day (Center will be Opened)
5/20 10AM-2PM Rummage sale Drop off
5/22-5/23 Linesville Community Yard Sales (center will be opened Only Friday May 22nd)
5/25 Memorial Day (Center Closed)
5/27 11AM-3PM Sub Pick up
5/28 Nails w/ Kathy (suggested donation \$2)
5/29 Tissue Paper Flower Making & Flower Pot Paining Aging w/ comfort (Lunch \$3.00 per person)

Volunteers Needed

Do You like helping others?
Do You have extra Time?
Do You like to volunteer?

If you answered yes to any of these questions then you should call today to become a Volunteer at Active Aging!

Active Aging, Inc. offers a program run by staff and volunteers to help individuals navigate through Medicare and other assistant programs.

Medicare Counselor Volunteers receive free training to help individuals complete:



- Property Tax/Rent Rebate
- Counseling New Members to Medicare & Inform of Different Parts of Medicare
- LIHEAP Applications
- Medicare Savings Program & Low Income Subsidy

A background in insurance is helpful but not necessary.

Active Aging, Inc.

1034 Park Avenue, Meadville, PA 16335

Contact: Krista Wiltout at 814-336-1792 ext. 174



SHARE
SHARED HOUSING AND
RESOURCE EXCHANGE

**Do you have extra space in your home?
Would you like some companionship or
assistance with living expenses?**

**The SHARE program may be just
what you need!**

Shared Housing and Resource Exchange (SHARE) is an affordable housing choice that brings together homeowners who want to share their home with home seekers who have an option to assist with living expenses, help around the house, or a combination of both.

SHARE is available here, in Crawford County!

Reach out to the Professional Housing Counselor today. They work to screen and match people who have extra space in their homes with people seeking an affordable living situation.

**Contact Housing Coordinator for Crawford County
Shelby Christian at 814-336-1792 ext 165**

Resources available to Pennsylvanians in need of support:

National Suicide Prevention Lifeline:
1-800-273-TALK (8255)

Nacional de Prevención del Suicidio:
1-888-628-9454

Crisis Text Line: Text "PA" to 741-741

Veteran Crisis Line: 1-800-273-TALK (8255)

Disaster Distress Helpline: 1-800-985-5990

Get Help Now Hotline (for substance use disorders):
1-800-662-4357

Pennsylvania Sexual Assault Helpline:
1-888-772-7227

National Domestic Violence Helpline:
1-800-799-7233



*Happy Mother's Day
to moms everywhere.*

**We appreciate you for
all that you do!**

From all of us at
Active Aging, Inc.



**Active Aging is accepting donations of unopened
incontinent supplies, including pads, pull-ups or
underpads. Active Aging will also accept donations
of nutritional supplements unless out of date.**

Donations can be dropped off Monday to Friday, 8AM - 4PM
at 1034 Park Ave. in Meadville.

We are also able to pick up if needed, call to schedule.

**If you or anyone you know over the age of
60 requires supplies and are unable to afford them,
please call for assistance.**

814-336-1792



Card & Game Party

Thurs. May 14th

10:00– 1:30pm

\$10.00

Includes breakfast, games, prizes, lunch & 50/50 drawing

Grab your friends and call 398-8616 to reserve your spot.

Cambridge Springs Center



A PA MEDI COUNSELOR

CAN HELP YOU TO:

- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans *and more!*



pennsylvania

Medicare Education and Decision Insight



Did you know that each of the Centers and the Foundation have their own Facebook page?

Be sure to like all the Active Aging pages to find out about the latest events & information!

The Active Aging Center of Cambridge Springs

The Active Aging Bair Family Center (Linesville)

The Active Aging Center of Meadville

The Active Aging Foundation

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and help find problems early, when treatment is most effective. Ask your doctor which of these services is right for you.



✓	Preventive service	Date	Notes
	One time "Welcome to Medicare" Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance)		
	Yearly "Wellness" Visit—get this visit 12 months after your "Welcome to Medicare" preventive visit or 12 months after your Part B effective date		
	Abdominal Aortic Aneurysm Screening		
	Alcohol Misuse Screening and Counseling		
	Bone Mass Measurement (Bone Density Test)		
	Cardiovascular Disease (Behavioral Therapy)		
	Cardiovascular Screenings (cholesterol, lipids, triglycerides)		
	Colorectal Cancer Screenings		
	Depression Screening		
	Diabetes Screening		

ACTIVE AGING

CLOSED
Monday, May 25, 2026
For Memorial Day



SAVE-THE-DATE 

ALL CENTER PICNIC

Wednesday, June 17th from 9:30AM-1:30PM
Common Grounds, Saegertown
RSVPs due 6/8 by 10AM



\$12 

(CATA Available for additional \$2)
KFC lunch with dessert parfaits from Ice House Bakery

More details coming soon.
Sign-up with your local Center
Meadville/Canadohta Lake - 814-336-1792 ext. 106
Bair Family Center- 814-683-4959 Cambridge Springs- 814-398-8616

Hope to see you there!



Rummage Sale

Bair Family Center
237 S. Pymatuning Street
May 22nd 10am-2pm
Drop off day Wednesday May 20th 10p-2p

We will be accepting donations of gently used items for our upcoming rummage sale.

Items we are accepting include:
Gently used clothing
Kitchen items
Furniture
Exercise equipment
Kids' toys
Household items and more



Thank you for helping support our rummage sale! We appreciate your donations.

ACTIVE AGING CENTERS

KAYAK DAY



Thursday, June 25th
Woodcock Lake, Saegertown
12:30 PM

\$5 WITH KAYAK BOX LUNCH INCLUDED

RESERVATIONS & MONEY DUE
Monday, June 22nd




CALL YOUR CENTER TO SIGN UP
MEADVILLE CENTER -814-336-1792 EXT 106

Meadville Center

Art Display

BE SURE TO STOP IN TO VIEW THE BEAUTIFUL PIECES FROM OUR OWN WATERCOLOR CLASS
INSTRUCTED BY SUSAN HACKWORTH

ART WILL BE DISPLAYED WEEKDAYS, 8AM-2:30PM, JUNE 24TH- JULY 6TH



Patty/Ashley 814-336-1792 ext. 106
1034 Park Ave Meadville

MAY 2026

**Crawford County
Active Aging**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>*menu subject to change based on availability</p>				<p>GOOD FRIDAY ¹</p> <p>3 oz Roast Beef w/ 2 oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp</p>
<p>4</p> <p>1c Tortellini w/ Sausage Meat Sauce 1/2c Garlic Green Beans 1/2c Warm Peaches Breadstick Cookie</p>	<p>5</p> <p>4oz Sweet & Sour Chicken 1/2c Brown Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread Fresh Fruit</p> 	<p>6</p> <p>Stuffed Pepper Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Gelatin</p>	<p>MOTHER'S DAY MEAL ⁷</p> <p>Stuffed Chicken Breast w/ gravy Roasted Red Skin Potatoes Candied Carrots Broccoli Salad Dinner Roll w/ butter Coconut Cream Pie</p>	<p>8</p> <p>BBQ Pork Ribette 1/2c Buttered Pasta 1/2c Brussel Sprouts 1 Sandwich Roll 1/2c Pineapple Delight</p>
<p>11</p> <p>1c Chili with .5oz Cheese 1 Baked Potato 1c Tossed Salad w/ Dressing Cornbread</p>	<p>12</p> <p>3oz Swiss Steak w/ 2oz Onion Gravy 1/2c Cabbage & Noodles 1/2c Green Beans Wheat Bread 1/2c Pineapple Delight</p>	<p>13</p> <p>Breaded Dill Chicken Sandwich w/ Lettuce & Tomato 1/2c Roasted Potatoes 1/2c Coleslaw 1/2c Warm Apple Crisp Hamburger Bun Ranch Dressing</p>	<p>14</p> <p>3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Broccoli 1/2c Blushed Fruit</p>	<p>15</p> <p>3oz Baked Meatloaf w/ 2oz Gravy 1/2c Garlic Whipped Potatoes 1/2c Sliced Carrots Wheat Bread Fresh Fruit</p>
<p>18</p> <p>1c Cabbage Roll Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit</p>	<p>19</p> <p>Pasta & Meatballs (4) 1/2c Pasta w/ 2oz Alfredo Sauce 1/2c Green Peas & Pearl Onions Breadstick Fresh Fruit</p> <p>MEADVILLE CENTER ONLY ALL OTHER CENTERS ARE CLOSED</p>	<p>20</p> <p>Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin</p>	<p>MAY BIRTHDAYS! ²¹</p> <p>3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables White Bread Birthday Cake</p>	<p>22</p> <p>4oz Sweet General Tso's Chicken 1/2c White Rice 1/2c Garlic Broccoli 1/2c Pineapple Tidbits</p>
 <p>25</p>	<p>26</p> <p>3oz Chipped Ham BBQ Sandwich 1 Slice Provolone Cheese 1/2c Green Beans 1/2c Coleslaw 1/2c Warm Spiced Apples Hamburger Bun</p> 	<p>27</p> <p>3oz Chicken Cutlet w/ 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Brussel Sprouts Wheat Bread 1/2c Blushed Fruit</p>	<p>28</p> <p>3oz Pepper Steak w/ 1oz Tomato Sauce, 1oz Peppers, 1oz Onion 1 Baked Potato 1/2c Carrots Wheat Bread 1/2c Gelatin</p>	<p>29</p> <p>1/2c Creamy Tuna Salad Sandwich Lettuce & Tomato 1/2c Broccoli Salad 1/2c Diced Beets 2 White Bread</p>

SPRING IS IN THE AIR



RIDE WITH CATA TODAY!

Time to swap winter blues for brighter views - ride the bus, soak in the sunshine, and enjoy the journey! Our fixed Route Services can take you to all the places you like to go! Seniors 65+ ride for FREE with a PA Senior Citizen Transit Card!

For more information call CATA 814-336-5600 or visit www.catabus.org for details.

"Two Time National Award Recipient for Outstanding Public Service"

**214 PINE ST.
MEADVILLE, PA**

CATA services are supported by grants from the PA Lottery, Crawford County Commissioners, and Active Aging.



Benefits Older Pennsylvanians. Every Day.

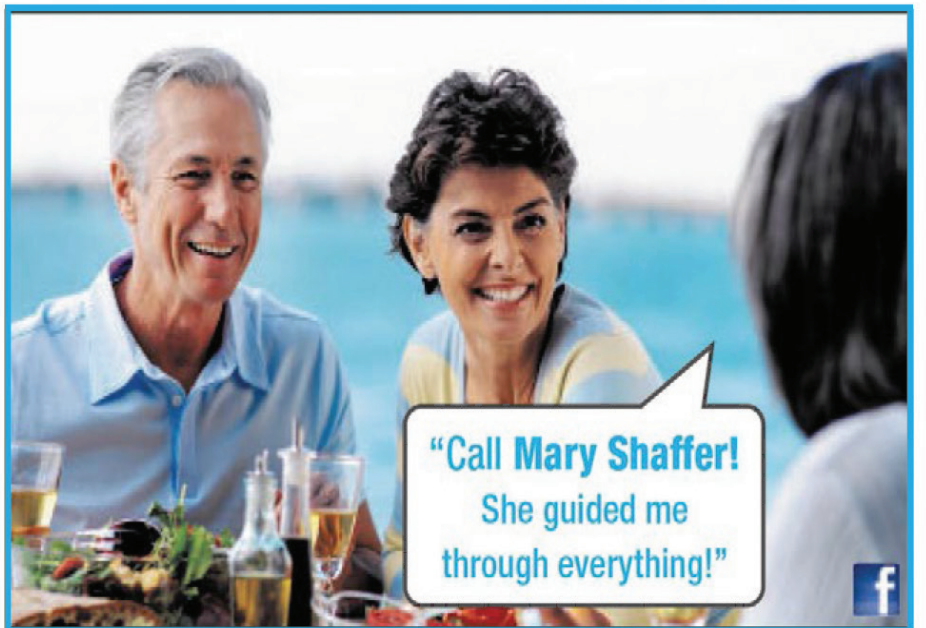


cata

814-336-5600
TOLL FREE:
855-338-5600
www.catabus.org



"Soon I'll be turning **65**, what should I do about **Medicare?**"



SHAFFER
FINANCIAL SERVICES

Mary T. Shaffer Medicare Specialist
Shaffer Financial Services
10744 State Hwy 18 Conneaut Lake, PA
www.shafferfinancial.com **814-382-8686**

2026 HIKING WITH HAYLEIGH

CAMBRIDGE SPRINGS ACTIVE AGING CENTER

CALL 814-398-8616 TO RSVP COST: \$10.00

May 26th @ 10:30AM



Frontier Park, LEAF Center

- Paved paths offer flowering trees & stone bridges
- Picnic tables located throughout the park
- Metal slides sure to bring you back to your childhood
- Cost includes CATA transportation & a sack lunch
- Reservations required by: Friday May 15th at 10AM

June 30th @ 10:00AM



Presque Isle, Beach 11

- Paved path offers views of the lake, beaches, & lagoon
- Pavilion with picnic tables and a bathroom
- Enjoy the sunshine while relaxing on the beach
- Cost includes CATA transportation & a sack lunch
- Reservations required by: Friday June 19th at 10AM

July 16th @ 10:00AM



Pymatuning State Park, Shelter 9

- Program by Environmental Edu. Specialist: Stacey M.
- Take a nature stroll along Ackerman Trail w/ Stacey
- Pavilion with picnic tables and a bathroom
- Cost includes CATA transportation & a sack lunch
- Reservations required by: Friday July 3rd at 10AM

September 3rd @ 10:30AM



Erie Bluff State Park, Elk Creek Boat Ramp

- Scenic views of Elk Creek
- Access to Wildflower Way gravel trail to see bluffs
- Pavilion with picnic tables and bathrooms
- Cost includes CATA transportation & a sack lunch
- Reservations required by: Friday August 21st at 10AM

MEADVILLE CENTER

Spring Basket Rabble

Gift cards, home goods, baskets & more!

WEEKDAYS
THURSDAY 4/30 - THURSDAY 5/7
FROM 9AM-2PM

25 tickets for \$5

❁ ❁

*Drawing Thursday 5/7 after our
Mother's Day Celebration Luncheon*

*Winners will be notified by phone.
Need not be present to win.*

Patty/Ashley
814-336-1792 ext. 106

INSURANCE

MADE EASY

Under 65 • Veterans • Medicaid • Turning 65

WORK WITH LOCAL, TRUSTED COMMUNITY ADVOCATES

SPECIALIZED IN:

- Pennie Marketplace • Vision/Dental
- Wealth & Retirement Planning
- Medicare Supplement & Advantage Plans
- Prescription Drug Plans



SENIOR SOLUTIONS
BY ANGIE NIEDERMEYER

Call today for a **no cost** consultation!
814-807-1090



Scan to check out our website

105 Mead Ave. Meadville, PA
meadville@tlcinsurancegroup.com



TLC Senior Solutions is not connected to the Federal Medicare program. By contacting this number, you will be connected with a licensed insurance agent. This is an advertisement for insurance.

MEADVILLE CENTER

CASH CALENDAR


It's not too late to purchase a Cash Calendar from Patty/Ashley to support the Meadville Center! You still have 270+ chances to win. Each Active Aging Center & Foundation is selling Calendars for their benefit. Don't wait as there are only 200 left!

Calendars are \$25 each with \$15,000 in cash prizes ranging from \$25-\$500!
A winner each day starting the day of purchase - December 31st 2026.

Each Calendar has its own 3 digit number. The winner will be determined each day in 2026 based on the PA Lottery Pick 3 Evening Number. Winners will be mailed a check within 2 weeks of the end of each month.

Cash, Check or Card (\$2 convenience fee). Name, address & phone number needed for each calendar purchased.

Patty/Ashley - 1034 Park Ave. Meadville - 814-336-1792 ext. 106
Or Contact your local Center/Foundation.



SGOC LICENSE NO: SGOC2511

31st Annual
Active Aging Foundation
CHARITY GOLF SCRAMBLE

Tuesday, July 21, 2026
VENANGO VALLEY INN & GOLF COURSE
ROUTE 19, VENANGO PA

Reserve your spot by calling (814)336-1792

TEAM PRIZE MONEY	PAYMENT INCLUDES:	COMPETITIONS
\$500 - 1ST PLACE (LOW NET)	Lunch, Beverages, Dinner,	SHOOTOUT
\$400 - 5TH PLACE (LOW NET)	Greens' Fee, Cart, 1 Mulligan	PUTT
\$350 - 10TH PLACE (LOW NET)	Per Player, Team Skins, prizes	HOLE-IN-ONE PRIZES ON
\$300 - 15TH PLACE (LOW NET)	and participation in the Putt &	ALL PAR 3 HOLES
\$250 - 20TH PLACE (LOW NET)	Shootout Competition.	AVAILABLE TO BE WON.
\$200 - 25TH PLACE (LOW NET)		

4 Person - \$125 per Golfer
Teams

Last Year's Major Sponsors

FALL 2026
CASINO BUS TRIPS

Sunday, August 16, 2026
Seneca Buffalo Creek Casino in Buffalo, NY
At Seneca Buffalo Creek from 11:00AM to 5:00PM
Depart from Meadville at 9:00AM & Return to Meadville at 7:00PM
\$25 Back in Free Slot Play & \$10 Food Voucher!

Sunday, September 13, 2026
Seneca Allegany Resort & Casino in Salamanca, NY
At Seneca Allegany from 11:00AM to 5:00PM
Depart from Meadville at 9:00AM & Return to Meadville at 7:00PM
\$25 Back in Free Slot Play & \$10 Food Voucher!

Sunday, October 4, 2026
Seneca Niagara Resort & Casino in Niagara Falls, NY
At Seneca Niagara from 11:00AM to 5:00PM
Depart from Meadville at 8:30 AM & Return to Meadville at 7:30PM
\$25 Back in Free Slot Play & \$10 Food Voucher!

Full Payment due at the time of Reservation

\$50 per Person per Trip
or **SAVE \$15 By Booking All 3 Fall Casino Bus Trips for \$135* Per Person**

**Must reserve seats & pay for all 3 fall trips at the same time for the same individual. (\$15 Savings ONLY available while seats are available on all 3 fall trips.)*

Trips Include Deluxe Motorcoach Transportation & Trip Escort on Motorcoach

For more information and reservations:
Active Aging Foundation
Monday through Friday 8:00AM - 4:00PM
Lew Davies Community Building
1034 Park Avenue, Meadville, PA (814) 336-1792

*Casino Bonuses Subject to Change by Casino Without Prior Notice.
*Must carry a Government issued Photo ID
*Must be 21 or older on All Casino Trips.

Special Friday Night
Lucky 7s BINGO
Friday, July 10, 2026
Doors Open at 4:07 PM Games Begin at 6:27 PM

\$77 on Singles & \$177 on Doubles
4 Guaranteed Jackpot Games at \$777 Each

1 Additional Extra Games Sold On the Floor Only:
The Count Down Game that will pay anywhere from a "Winner-Take-All" or can "countdown" to a 50/50 payout game.

Tickets On Sale Tuesday, April 7th
\$27* Includes Up to 18 Card Faces
**5 for 5 Jugs are Included in Your Admission Packet Price*

Additional Books Available at the Door for \$5 Each
Tickets \$37 the Day Of if Not Sold Out in Advance
Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase
Seat Reservation Requests must be made no later than July 2, 2026

Community Center of Crawford County
Tickets Available
Monday through Friday 8AM to 4PM
in person at 1034 Park Ave in Meadville or by phone at 814-336-1792

Bingo Proceeds Benefit the Programs and Services Offered through Active Aging, Inc.
Bingo License No. BNG25026 Small Games of Chance License No. SGC25112

BINGO
Every Wednesday
Doors Open at 4:30 PM
Games Begin at 6:30 PM

\$50 on Singles & \$100 on Doubles
With Over \$2,000 in Jackpots!

4 Guaranteed Jackpot Games: 1 - \$1,100, 1 - \$400, 1 - \$300 and 1 - \$250
2 Additional Extra Games Sold On the Floor Only:
The "Red, White & Blue" Triple Progress Early Bird Jackpot Game and the Count Down Game that will pay anywhere from a "Winner-Take-All" or can "countdown" to a 50/50 payout game.

Admission Prices
9 Card Admission Packets Start at \$25*
Extra Books Available at \$5 per Book
**5 for 5 Jugs are Included in Your Admission Packet Price.*

Reserve Your Seat
The Bingo Seat Reservation Voicemail Box System is available from noon the day before bingo until noon the day of bingo and can be reached at 814-336-1792 Ext. 158. Reserved seats are on a "first called-first saved" basis and particular seat requests are honored when possible, but not guaranteed. Reserved seats are only held until 6 PM and are not required in order to play bingo - **Walk-Ins are always welcome!**

1st Friday of the Month
Doors Open at 4:30 PM Games Begin at 6:30 PM

Admission Packets \$30
Play as Many Cards as You Want, includes 5 for \$5 Jugs
4 Guaranteed Jackpots: 1 - \$1,000, 1 - \$200 and 2 - \$150

Community Center of Crawford County
1034 Park Ave. Meadville, PA 814-336-1792
Bingo Proceeds Benefit the Programs and Services Offered through Active Aging, Inc.
Bingo License No. BNG25026 Small Games of Chance License No. SGC25112

PACE / PACENET

Started in 1984, the Pharmaceutical Assistance Contract for the Elderly (PACE) Program helps older persons living in Pennsylvania to pay their prescription expenses. PACENET is the Pharmaceutical Assistance Contract for the Elderly Needs Enhancement Tier. This program has been created to assist older Pennsylvanians, whose incomes are slightly higher than the PACE income limits, with the cost of their prescription drugs.

Eligibility Information:

PACE requirements:

- 65 years of age or older.
 - A resident of Pennsylvania for at least 90 days prior to the date of application.
 - Ineligible for pharmaceutical benefits under medical assistance.
 - Total income for last year for a single person must be less than \$14,500.
 - Total income for last year for a married couple must be less than \$17,700.
- Once an application is approved, an enrollee is responsible for \$6 copayment for generic drugs or a \$9 copayment for brand name drugs for each prescription reimbursed by PACE.

PACENET requirements:

- 65 years of age or older.
- A resident of Pennsylvania for at least 90 days prior to the date of application.
- Ineligible for pharmaceutical benefits under medical assistance.
- Total income for a single person from last year must be between \$14,500 to \$33,500.
- Total income for a married couple last year must be between \$17,701 to \$41,500.

PACENET May have a monthly drug plan premium to pay at the pharmacy, which will be cumulative if not met each month. Once that monthly drug premium has been met, PACENET has an \$8 copayment for generic drugs and a \$15 copayment for brand name drugs. Your out-of-pocket costs to you are computed by the PACE program.

To use your PACE/PACENET card: Take your card and prescription to any drugstore that accepts PACE. Always keep your card with you. Do not leave your card at the drugstore. Do not mail your card to a mail-order pharmacy.

You May not use your card to purchase drugs out of the state or to mail drugs out of the state. You can use your card ONLY while you are in Pennsylvania.

Can I have other medical insurance or prescription coverage and still apply for PACE/PACENET?

Yes, However, PACE is the payor of last resort and will only cover prescription costs not covered by other medical insurance. You will be asked to provide information about your insurance coverage when you apply for PACE/PACENET, and you should inform your pharmacist of all your medical and prescription plans.

Is it possible to get help with completing the PACE/PACENET application?

Yes! Please call Active Aging, Inc. at (814) 336-1792 or 1-800-321-7705. An appointment can be scheduled for you

DO YOU HAVE MEDICARE?

Do you have questions about your coverage or current plan? Do you want to know if you are eligible to save money on your prescription drug costs and/or your Part B premium? The PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program can help!

What is PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free health insurance counseling program designed to help all Pennsylvanians with Medicare. PENNSYLVANIA MEDICARE EDUCATION AND DECISION

You may qualify for financial assistance programs! PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help

Can help lower your prescription drug co-payments and premium, and gives you extra times to switch your plan!

You may qualify if:

- If you are single and have total monthly income of less than \$1,976; and less than \$17,600 in resources
- If you are married and have a total monthly income of less than \$2,664; and less than \$35,130 in resources

*There are certain deductions taken for Extra Help. You may qualify even if you are above these limits.

Medicare Savings Programs

Can help you with the payment of your Part B premium!

You may qualify if:

- If you are single and have a total monthly income of less than \$1,781; and less than \$9,660 in resources
- If you are married and have a total monthly income of less than \$2,399; and less than \$14,470 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing.

*There are certain deductions taken for Medicare Savings Programs. You may qualify even if you are above these limits.

How can the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program help you?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparisons
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care

Call today to get connected to the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program in your area.

1-800-783-7067

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free service provided by the PA Department of Aging, and is funded in whole or part by grant number 2001PAMIAA-00



pennsylvania

Medicare Education and Decision Insight



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DEPARTMENT OF AGING

Updated February 2025



pennsylvania

Medicare Education and Decision Insight

Updated information on 2025 eligibility for Programs available to help you with Medicare costs

Do you have Medicare and limited income and assets? You may qualify for one of the following programs to help you with Medicare costs.

Low Income Subsidy (Extra Help):

INCOME: less than \$23,715 single (\$1,976/month)
less than \$31,965 married (\$2,664/month)

ASSETS: less than \$17,600 single
less than \$35,130 couple

BENEFITS: low or no premium for Part D plan
low copays for generic and brand-name drugs

Medicare Saving Program:

ELIGIBILITY: Monthly income \$1,781 individual
Monthly income \$2,399 couple

ASSETS: \$9,660 individual or \$14,470 couple

BENEFIT: Pays your Medicare Part B premium

PACE/PACENET (resources not counted):

Must be 65 years of age, or older
Must be a Pennsylvania resident for at least 90 days prior to application
Cannot be enrolled in benefits under Pennsylvania's Medicaid Program

PACE income: Single \$14,500 Married \$17,700 based on prior year income
PACENET income: Single \$33,500 Married \$41,500 based on prior year income

For more information, or for an appointment to receive assistance in completing an application, contact the PA MEDI Program at Active Aging, Inc., (814)336-1792 or 1-800-321-7705.

The PA MEDI Program provides assistance to Medicare beneficiaries of any age.



pennsylvania
DEPARTMENT OF AGING

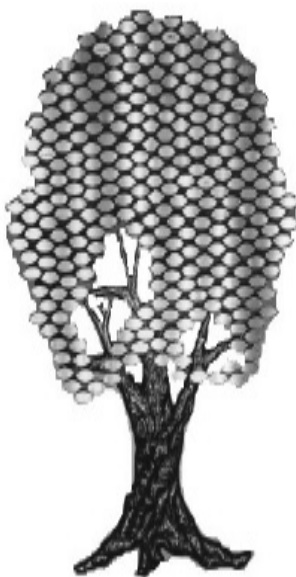
We invite you to participate in our "Tree of Giving" gift program. This is an on-going and permanent gift program that gives you, as a donor, the discretion to honor someone's hard work or achievement; remember a special/personal event or anniversary; or as an everlasting memorial for a loved one, friend or community leader. The "Tree of Giving" includes brass leaves and three different size brass stones that can be engraved to your desire. For additional information or to make an appointment with our Foundation Staff, please call (814) 336-1792 or 800-321-7705.



Juniper Village at Meadville
455 Chestnut St.
Meadville, PA 16335

*Reach out to me
to get you Your
Personal Tour
Scheduled!*

DIANA HILL
Diana.Hill@junipercommunities.com
Phone: 814-333-4400
Fax: 814-333-2607



The BEST time to plant a tree is 20 years ago. The next best time is NOW. ~African Proverb

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Update

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT (PA MEDI), the State Health Insurance Assistance Program for all Medicare beneficiaries residing in Pennsylvania. During Medicare's Annual Open Enrollment, beneficiaries have the opportunity to compare their current Medicare Advantage Plan or Part D prescription drug plans and make any necessary changes to their coverage for the upcoming year. At Active Aging, Inc., the PA MEDI Program remains very busy all year. PA MEDI counselors are available, by appointment, to give information to individuals who are new to Medicare, assist with problems or questions about current coverage, and to screen and assist those eligible for Medicare cost-savings programs.

Outside of Annual Open Enrollment, there are Special Enrollment Periods (SEP) for individuals who may be eligible to make a change to their current coverage. Below is a list of examples for when a person may qualify for a SEP:

You change where you live

- I moved to a new address that isn't in my plan's service area.
- I moved to a new address that's still in my plan's service area, but I have new plan options in my new location.
- I moved back to the U.S. after living outside the country.
- I just moved into, currently live in, or just moved out of an institution (like a skilled

nursing facility or long-term care hospital).

- I'm released from jail.
- You lose your current coverage
- I'm no longer eligible for Medicaid.
- I left coverage from my employer or union (including COBRA coverage).
- I involuntarily lose other drug coverage that's as good as Medicare drug coverage (creditable coverage), or my other coverage changes and is no longer creditable.
- I had drug coverage through a Medicare Cost Plan and I left the plan.
- I dropped my coverage in a Program of All-inclusive Care for the Elderly (PACE) plan.

Your plan changes its contract with Medicare

- Medicare takes an official action (called a "sanction") because of a problem with the plan that affects me.
- Medicare ends (terminates) my plan's contract.
- My Medicare Advantage Plan, Medicare Prescription Drug Plan, or Medicare Cost Plan's contract with Medicare isn't renewed.

Other special situations

- I'm eligible for both Medicare and Medic-

aid.

- I qualify for Extra Help paying for Medicare prescription drug coverage.
- I'm enrolled in a State Pharmaceutical Assistance Program (SPAP) or lose SPAP eligibility. (This is PACE/PACENET in PA)
- I dropped a Medigap policy the first time I joined a Medicare Advantage Plan.
- I have a severe or disabling condition, and there's a Medicare Chronic Care Special Needs Plan (SNP) available that serves people with my condition.
- I'm enrolled in a Special Needs Plan (SNP) and no longer have a condition that qualifies as a special need that the plan serves.
- I joined a plan, or chose not to join a plan, due to an error by a federal employee.
- I wasn't properly told that my other private drug coverage wasn't as good as Medicare drug coverage (creditable coverage).
- I wasn't properly told that I was losing private drug coverage that was as good as Medicare drug coverage (creditable coverage).

These Special Enrollment Period situations have been adapted from www.medicare.gov; if you would like to learn more about special enrollment period situations, please visit www.medicare.gov or contact PA MEDI. For more information on PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT, or to schedule an appointment for assistance, please call Active Aging, Inc. at 814-336-1792 or 1-800-321-7705. Active Aging, Inc. is located at 1034 Park Ave., Meadville, Pa.

4 HOUR REFRESHER COURSE

AARP SAFE DRIVING COURSE

MONDAY, JUNE 8TH

8:30AM-12:30PM

Cost: \$20 AARP members. (Member ID # required)

\$25 non-members

(Cash or check due first day of class)

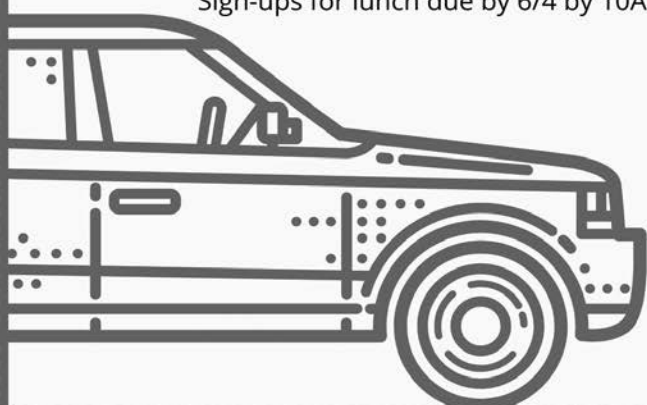
Instructor Tom Montgomery & Randy Taylor.

Space is limited.

*Drivers are advised to check with insurance agent to verify discount before completing course

Held at Meadville Center of Active Aging 1034 Park Ave.

Call Patty/Ashley at 814-336-1792 ext. 106 to sign-up.
Lunch available (suggested \$3 donation) following class.
Sign-ups for lunch due by 6/4 by 10AM.



I Found Community, Comfort, and Support - All In One Place.



Find Friendship.
Find Purpose.
Call
814-332-9009
Today!

"At Cribbs Residential Center, I've reconnected with old friends and made even more new ones. I think it's wonderful that we have a group of people here who share so many similar life experiences. Many of the guys are veterans like me, and that connection has meant a lot. After meals we gather in the library to talk about the day's news, last night's game, or swap stories from our lives. We stay active, go on outings, and enjoy each other's company. After losing my wife, I lived in a condo community where people were nearby, but I still felt mostly alone. At Cribbs, I'm surrounded by friends. It's made all the difference in my life." - Alan Bailey

Choosing Wesbury's Cribbs Residential Center makes life a little easier, a little safer, but never compromises your independence and choices.

Call Melissa today at 814-332-9009 and schedule a tour.



Sub Sale

wraps by request

\$5.00

Orders and Money due by May 13th

Roast Beef

8 in. Sub with Roast Beef and American cheese

Lettuce, Tomato, Onion, mayo packet

Italian

8 in. sub with, Salami, Ham, Pepperoni American cheese

Lettuce, Tomato, Onion, Mayo and Italian dressing packets

Pick up May 27th 11am-3pm

Call 814-683-4959 or stop in to order

The Active Aging Bair Family Center

237 South Pymatuning Street

Linesville, Pa 16424

May is Older Americans Month!

This May 2026, we proudly recognize and celebrate older adults and the many ways they strengthen our families, communities, and workplaces. Older Americans Month is a time to honor their contributions, share resources, and promote opportunities for connection, wellness, and lifelong engagement.

Join us throughout the month as we celebrate aging with purpose, dignity, and community.

Did you pay PA Property Tax or Rent in 2025?

You may qualify for the 2025 PA Property Tax/Rent Rebate. Active Aging, Inc. has trained staff volunteers who can help you file if you meet the qualifications. For more information on the program details or to schedule an appointment for this free service, please call Active Aging, Inc. at 814-336-1792. New: File Your Property Tax/Rent Rebate Program Applications Online

Property Tax/Rent Rebate Program claimants now have the option to submit program applications online with the Department of Revenue's myPATH system. Filing online leads to fast processing, easy direct deposit options and automatic calculators that will help you apply for your rebate. Visit mypath.pa.gov to file your application.

This Month in History May

- May 2, 1878** - The US stops minting the 20 cent coin.
- May 3, 1845** - The 1st African American lawyer, Macon B Allen, was admitted to the bar in Massachusetts.
- May 5, 1809** - Mary Kies is the 1st woman who was issued a US patent for weaving straw.
- May 7, 1914** - US Congress establishes mother's day.
- May 8, 1945** - V-E Day; WWII ends in Europe after Germany signs an unconditional surrender.
- May 9, 1960** - US becomes the first country to legalize the birth control pill.
- May 10, 1503** - Christopher Columbus discovers the Cayman Islands.
- May 12, 1915** - Mary Kay Ash, American businesswoman, founded Mary Kay Cosmetics.
- May 13, 1942** - Helicopter makes its 1st cross-country flight.
- May 14, 1908** - 1st passenger flight in an airplane.
- May 15, 1940** - McDonald's opens its first restaurant in San Bernardino, California.
- May 16, 1927** - US Supreme Court rule bootleggers must pay an income tax.
- May 17, 1953** - Yanks & Browns use record 41 players in a game.
- May 20, 1970** - 100,000 march in NY supporting US policies in Vietnam.
- May 21, 1954** - Amendment to give 18-year-olds right to vote is defeated.
- May 22, 1942** - The Steel Workers Organizing Committee disbands, and a new trade union, the United Steelworkers, is formed.
- May 26, 1927** - Henry Ford and the Ford Motor Company produce the last (and 15th million) Model T Ford/ Tin Lizzie.
- May 27, 1937** - Golden Gate Bridge in San Francisco opens to pedestrians.
- May 29, 1790** - Rhode Island becomes the last of the original 13 colonies ratifying US Constitution.
- May 30, 1783** - Benjamin Tower of Philadelphia publishes 1st daily newspaper in the US.
- May 31, 1790** - US copyright law enacted.



VOTER REGISTRATION



Now available at your Local Senior Center or in your own home when you receive in-home services from Active Aging, Inc. As part of the "Motor Voter Law" passed in 1993, Area Agencies on Aging are now required to provide an opportunity for you to register to vote. If you need assistance in registering to vote, call us at (814) 336-1792



IT'S YOUR CALL

Confidential help for Veterans and their families

The confidential Veterans Crisis Line, online chat, and text are available, and we are here for you.

• • • Confidential chat at VeteransCrisisLine.net or text to 838255 • • •

REMINDER:

Elder Pennsylvanians deserve honor and respect ... not abuse. Stop Elder Abuse in Crawford County. Call Active Aging, Inc. 336-1792 or 1-800-321-7705

What is PA Link?

Aging and Disability Resource Centers (ADRC) exist nationwide. In Pennsylvania, ADRC is known as the Pennsylvania Link to Aging and Disability Resources, commonly known as the PA Link. It is designed to be a cross-age, cross-system network of local, regional, and state partner agencies that collaborate to help individuals who need home and community based services and supports. This coordinated network of partners allows a consumer to initiate contact with any PA Link partner and access information, assistance, and resources through a “no wrong door” approach, thereby minimizing consumer and provider duplication, reducing confusion, streamlining access, and creating much needed “safety nets”.

PA Link partners represent a wide range of local human service and healthcare providers as well as community leaders, civic organizations, state agencies, and other groups such as consumer, advocacy, and faith organizations. PA Link partners strive to help the following populations, regardless of income: adults age 60+, individuals living with any type of disability, persons living with behavioral health or substance abuse issues, Veterans, and the caregivers and family members of these populations. The mission of the PA Link to Aging and Disability Resources is to assemble and strengthen an organized alliance of private and public community agencies to better support consumer wishes and empower them to understand, determine and effectively navigate their long term care service options, regardless of age, ability or income.

A toll-free statewide ADRC helpline is operated by trained staff who assist Pennsylvanians looking for information on long-term living services and supports. Hours of operation are Monday through Friday - 8:30am to 5pm (excluding holidays). #1-800-753-8827.

If you are interested in becoming a partner to the PA Link, or if you know of an agency that should be approached about becoming a PA Link partner, please contact Kathy Freeman, Lead Link Coordinator for Service Area 1, at information@activeaging.org.

Pennsylvania Link to Aging and Disability Resources



The Pennsylvania Link to Aging and Disability Resources is a program of the Pennsylvania Department of Aging. Commonly referred to as the PA Link, this network of local, state and federal partners works together to provide information on, and improved access to, long-term care services and supports to all Pennsylvanians regardless of age, ability or income. PA Link partners in Crawford County can provide information and support in the following areas:

- Assistive Technology
- Caregiver Support
- Care Transitions
- Disability Services
- Drug and Alcohol Services
- Emergency Contacts
- Employment Services
- Financial Assistance
- Health and Nutrition
- Health Insurance
- Home Modification
- Housing Assistance
- In-Home Services
- Legal Aid
- Lifespan Respite
- Medical Services
- Mental Health Services
- Nursing Home Transition
- Options Counseling
- Protective Services
- Support Groups
- Transportation
- Utilities and Fuel
- Veterans Services

The Pennsylvania Link to Aging and Disability Resources Helpline: 1-800-753-8827



PAWS
Pets Assistance & Wellness for Seniors



PAWS (Pet Assistance and Wellness for Seniors) was established to help area seniors feed and care for their pets. Seniors on a fixed income often go without to care for their pets - even sharing their meals with them. PAWS provides pet food, flea & tick control, vaccine subsidies and assistance with veterinary care for area seniors who are enrolled in specific programs through Active Aging, Inc.

Your generosity will allow PAWS to provide more food and needed veterinary care to the pets of area seniors in need. If you'd like to help keep a senior's pet healthy, there are two ways in which you can donate.

To make a monetary donation for pet food, vaccines, flea & tick control and veterinary care

visit activeaging.org or mail checks to Active Aging Foundation, 1034 Park Avenue, Meadville, PA 16335



Bainbridge Kaufman
Real Estate
814-724-1100

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Jamestown
Greenville
Andover

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Second Homes
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Farms & Vacant Land**

Ready to Buy or Sell?

Licensed in Ohio & PA.

We're Ready to Help Every Step of the Way!

WILDFIRES IN PENNSYLVANIA

23 December, 2025

MAY 21ST AT 10:30AM

Zach from DCNR will be here to:

- Present on the history of wildfires across Pennsylvania
- Discuss statistics of wildfires specifically in Crawford County
- Dive deeper into the investigation of wildfires

Cambridge Active Aging Center
Lunch reservations are required by: 5/18/26

814-398-8616



Free Prescription Deliveries Next Day Within 15 Miles.

- Monday through Saturday next day delivery *
- RxLocal mobile app or website for refill requests
- Welcoming new & existing customers

* Some restrictions may apply.



404 North Street, Meadville, PA 16335 | 814-337-6600 | mmchs.org/pharmacy