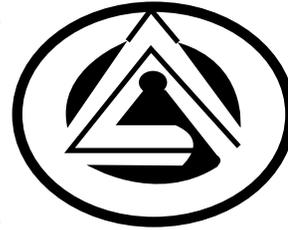


ACTIVE AGING, INC.

ECHO



February 2026
complimentary copy

Published by
The Area Shopper

Funded in part by the Pennsylvania Department of Aging

Read the ECHO online at www.theareashopper.com/readonline.php

MEADVILLE CENTER



SPRING DANCE

PAJAMA PARTY
DJ BRIAN SILVIS



HITS FROM 60S-80S

3/20/26 • FRIDAY • 7-9PM
\$5
BYOB & SNACKS
PATTY/ASHLEY - 1034 PARK AVE.
814-336-1792 EXT. 106



Sub Sale
February 19th

Subs will include Ham, Turkey, and Roast Beef
American Cheese, Lettuce, Tomato, Onion

Orders needed by February 6th
To Order 398-8616
\$5.00

Benefits the Cambridge Senior Center
We will deliver for orders of 5 or more
depending on location & available volunteers

Crawford County's Designated Area Agency on Aging PURPOSE



ACTIVE AGING
1034 Park Avenue, Meadville, Pennsylvania 16335
(814) 336-1792 or 1-800-321-7705
Fax (814) 336-1705

The purpose of Active Aging Inc. is to develop, implement and maintain a comprehensive, coordinated, and supportive human services system for older persons aged 60 years and older in Crawford County. Please call 814-336-1792 or 1-800-321-7705 or email aainc@activeaging.org for more information.



Certainty Starts Here

For your Estate Planning, Elder Law and Asset Protection needs.

300 Arch Street, Meadville, PA 16335 • (814) 807-1071 • Fax (814) 336-6510 • www.ffc-law.com



NOAH A. ERDE



KIMBERLY S. FOULK



Welcoming New and Existing Customers!

Call: 814-638-0040

- RxLocal mobile app for refill requests
- Convenient drive-thru
- Delivery options available



180 North Franklin Street
Cochran, PA 16314
mmchs.org/pharmacy

From the Director's Desk, February 2026

Happy Valentine's Day! The big holidays are behind us, the darkest and coldest days of winter have settled in, and spring is (thankfully) just around the corner. The evenings are already staying light a little longer, and next month we'll turn our clocks forward—effectively throwing everyone's internal clock into chaos. I've never been a fan of the time change and don't think it's especially healthy to mess with your sleep schedule, but since no one asked my opinion, here we are.

I had a very nice Christmas. The boys and their fiancées came over for brunch, which made the day feel special even without a mountain of gifts under the tree. Both couples are knee-deep in home projects right now, so instead of wrapping paper and bows, I went with gift cards to help offset those costs. Luke has a bathroom project planned, and Tucker is tackling a kitchen, so they were both appreciative. Of course, just a few days later, my washing machine decided to act up and required a repair visit—an added holiday expense I could have done without. It's always something, isn't it?

We rang in the New Year quietly at home. I don't make much effort to stay up until midnight anymore; I've never really seen the appeal. When I'm tired, I go to bed—and honestly, that feels like a perfectly good way to start the year.

Our Foundation is gearing up for our 36th annual "Winnin' of the Green" Reverse Raffle, scheduled for March 14, 2026. Tickets are on sale now. \$3,000 on the main board and multiple side boards provide even more "winnin'" opportunities! It is a good reason to get out of the house for an evening and support services for older adults in Crawford County. I hope to see you there!

Krista Geer

Services and Programs we offer are:

Senior Center Services

- Nutritious Noon-Time Meals
- Educational Programs
- Socialization & Recreation
- PrimeTime Health/ Wellness
- Activities
- Volunteer Opportunities
- Life-Long Learning
- Outreach/Information Lunches
- Transportation
- County-wide Picnics, Dances, and Parties
- Large-Print Library
- Travel Opportunities

In-Home Services

- Care Management / Assessments
 - Family Caregiver Support Program
 - Home Delivered Meals
 - In-Home Care
 - Nursing Home Pre-Admission Assessments
 - Personal Assistance
 - Personal Care / Home Support
- *These are examples of services available, and is not an all inclusive listing. Contact us for more information.

Special Services

- "Echo" Newsletter
- Information & Referral
 - PA MEDI Insurance Counseling
 - PACE (Pharmaceutical Assistance Contract for the Elderly)
 - Pennsylvania Property Tax/Rent Rebate Program
- Older Adult Protective Services
- Ombudsman
- Voter Registration
- SHARE Housing

The Community Center of Crawford County



The Lew Davies Community Bldg.
1034 Park Ave. Meadville, PA
www.activeaging.org

- Basic hall rental to complete rental packages including customized catering services available
- Convenient location
- Plenty of FREE parking
- Wooden dance floor
- Air Conditioned



For more information or to reserve your date call us at

Active Aging Foundation 814-336-1792



ACTIVE AGING, INC. CENTERS

1034 Park Ave, Meadville, Pa
16335
(814) 336-1792

Meadville Center

1034 Park Avenue, Meadville 16335
(814) 336-1792
Ext. 106
Patty Flaherty
Ashley McLallen, Center Manager
meadscarts@activeaging.org

Bair Family Center

237 S. Pymatuning St.-Linesville, PA
16424
(814) 683-4959
Ginger Thomas
lakevalleyinfo@activeaging.org

Cambridge Springs Center

156 Venango Ave.-Cambridge Springs,
PA 16403
(814) 398-8616
Tami Boylan
cambsc@activeaging.org

Canadohta Center

Bloomfield Twp Building Lincolnton
(Fridays only)
22978 Shreve Ridge Road- Union City,
PA 16438
(814) 336-1792
Patty Flaherty

Titusville Senior Center

714 East Main Street-Titusville, PA 16354
(814) 827-9134
Ashley Thompson
goseniors@zoominternet.net

Programs funded in part by the Pa. Department of Aging and supported by the Active Aging Foundation. For information on Long Term Care Services and Choices: **(814) 336-1792** - 1-800-321-7705 - Fax **(814) 336-1705** - E-mail aaainc@activeaging.org

The ECHO is published by The Area Shopper. Questions concerning Advertising please contact **(814) 425-7272**

MEADVILLE CENTER ACTIVE AGING, INC.

(814)336-1792 or 1-800-321-7705 - Fax (814)336-1705

The Lew Davies Community Building 1034 Park Ave., Meadville •
Center Manager: Patty Flaherty and Ashley McLallen**Follow us on Facebook at The Active Aging Center of Meadville
February****Note: Walk With Ease:** continues with its 6-week, 3 days a week program at the Mall. Concluding on Thursday, 2/19.**NEW: Movies at the Meadville Center every 2nd and 4th Thursday in the Studio from 12:30-2:30PM.** Suggested donation, \$1— Please sign up.

- 2/2 **Valentines Day Celebration Reservations/monies (\$10) due** for event on 2/12. Menu: Shrimp Cocktail, Stuffed Chicken Breast, Baked Potato with Butter & Sour Cream, Country Green Beans, Dinner Roll, & Cherry Cheesecake for dessert.
- 2/4 **2:30PM Snowshoeing/Cross Country Skiing with Ashley at Stainbrook Park, Saegertown.** Call to sign-up. Back up weather date 2/25.
- 2/10 **11AM Erin with the Life Program will host the TetrisTumble game**
- 2/12 **Movie Title: Secondhand Lions:** Overview: A shy boy, Walter, sent to spend the summer with his eccentric, reclusive great-uncles, Hub and Garth, on their dusty Texas farm in the 1960s, where he's captivated by their incredible, exaggerated stories of adventure, hidden treasure, and romance, leading him to discover themes of belief, family, courage, and finding meaning in life.
- 2/12 **Valentines Day Celebration with Word Search, Trivia & a delicious meal.** Reservation/Payment was due on 2/2.
- 2/17 **7:30PM The Music Man Musical at the Warner Theatre in Erie.** Reservation/Payment was due on 1/23.
- 2/26 **Movie Title: Snow Falling on Cedars:** Overview: A murder trial has upset the quiet community of San Piedro, and now this tranquil village has become the center of controversy. The trial strikes a deep emotional chord when a local reporter finds his ex-lover is linked to the case. As he investigates the killing, he uncovers some startling clues that lead him to a shocking discovery.

MARCH 2026 SAVE THE DATE(S):

- **Tuesday, March 3rd** - Thursday, March 5th Book & Puzzles Sale
- **Friday, March 13th** Center Closes at 2PM
- **Friday, March 20th** 'Happy 1st Day of Spring, Pajama Party' Dance with DJ Brian Silvis from 7-9PM. Pay at the door, \$5 per person; BYOB and BYOSnacks.

The Meadville Center is open weekdays from 8AM until 3PM. – unless otherwise indicated - All monies shown are a suggested donation. Call to schedule your card groups/table games; \$1/person. - Call Patty/Ashley with any questions at 814-336-1792 ext. 106.

EVERY DAY: Library; Exercise Machines (treadmills, recumbent bike, stationary bikes, elliptical, weight-machine); \$1; No machine use during Yoga. Pool Table/ Ping-Pong Table; no fee (call to reserve).

MONDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Bingo; .50/card for 10 games & .25/card for coverall**
- 10:00AM **Yoga; \$3**
- 11:00AM **Tai Chi; \$1**
- 1:00PM **Veteran's Committee Meeting: (1st Monday of March-November)**

TUESDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Watercolor Painting Class; \$1**
- 10:00AM **Cardio Exercise Program; \$1**
- 11:00AM **Yoga; \$3**
- 12:30PM **BUNCO- dice game – 2nd & 4th Tuesday of each month; \$1**
- 1:30PM **Chi Kung; \$1**
- 2:00PM **Diabetes Support Group - 2nd Tuesday each month; no fee**
- 5:00PM **Classic Cardio; \$3**

WEDNESDAY

- 9:00AM **Pickle Ball Court; (closed until Spring)**
- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Yoga; \$3**
- 11:00AM **Tai Chi; \$1**
- 1:00PM **Quilting Group; no fee**
- 4:00PM **Yoga; \$3**

THURSDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Line Dancing; \$1**
- 10:00AM **Cardio Exercise Program; \$1**
- 10:00AM **Book Club, last Thursday of the month; \$1**
- 11:00AM **Chair Fitness; \$1**
- 12:30PM **Movie; 2nd & 4th Thursday of the month; \$1**
- 1:00PM **Knitting Group; no fee**
- 4:45PM **Cardio Yoga Combo Class; \$3**

FRIDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Bingo; .50/card for 10 games & .25/card for coverall**
- 10:30AM **Yoga; \$3**

*Please call to verify date change; if activity falls on 'Center Closed' date. On Tuesdays, tune in to COOL 101.7 to hear the Centers' updates from Centers Director, Tami Boylan. Check out our Facebook page, Active Aging Center Meadville (Includes Canadohta Center).

CAMBRIDGE SPRINGS CENTER

156 Venango Ave., Cambridge Springs

Center Manager: Tami Boylan 398-8616

Follow us on Facebook at The Active Aging Center of Cambridge Springs

February

- 2/3 **10:15AM Book Club Discussion w/ Tami**
- 2/5 **10:30AM Sports Theme Day**
- 2/6 **10:00AM Sub Sale Orders Due**
- 2/12 **11:45AM Valentines Day Lunch. Reservations Required.**
- 2/17 **10:10AM CS 1st grade class comes to meet with their pen pals**
- 2/19 **10:00AM-3:00PM Sub Sale Pick Up Day**
- Tuesday:** **10:00AM Chair Yoga**
9:00 AM HSIM Exercise Class
10:00AM Games/ Dominos
- Wednesday:** **9:30AM Euchre Cards - reservations needed**
- Thursday:** **9:00AM HSIM Exercise Class**
10:00AM Games/ Dominos
10:00AM-3PM Woodcarving
- Friday:** **9:30AM Euchre Cards- reservations needed**
1:30PM Gentle Yoga

Exercise Equipment/ Gym Available Monday – Friday 8:00AM-3:00PM**Ukuleles Available to play daily 8:00AM- 3:00PM****Meal Reservations needed two days in advance 814-398-8616****Lunch served at 11:45 daily****CANADOHTA CENTER**

Center Manager: Patty Flaherty 814-336-1792

Follow us on Facebook at The Active Aging Center of Meadville

February**EACH FRIDAY 9:00-9:30A WILL DO LIGHT CHAIR EXERCISES (HEALTHY STEPS)**

- 2/6 **10AM Erin with the Life Program will host the TetrisTumble game**
- 2/13 **Valentines Day Celebration with Word Search, Trivia & a delicious meal.** Reservation/Payment was due on 2/2.
- 2/20 **10AM Internal Auction;** donations of new or slightly used items (knick-knacks, food, clothing, books, puzzles etc.) - All proceeds benefit the Canadohta Center.
- 2/27 **Jaime Hughes will present.**

Please Contact Patty Flaherty, Manager, Canadohta Center @ 814-336-1792x106 on Tuesday prior to pre-register for a Friday lunch with us.

THE BAIR FAMILY CENTER

237 South Pymatuning Street, Linesville 683-4959

Center Manager: Ginger Thomas

February HAPPENINGS

- 2/6 **Chocolate Covered Strawberries orders due**
- 2/6 **Wear your Favorite NFL shirt**
- 2/7 **Sportsman's Annual Chili Cook off**
- 2/11 **Bingo (no Thursday)**
- 2/12 **Valentine's Luncheon \$10 per person**
- 2/13 **Chocolate Covered Strawberries pick up**
- 2/19 **LUNCH 'N LEARN—NOON: NWPA Tetris**
- 2/26 **Nails with Kathy (suggested Donation \$2)**

WEEKLY ACTIVITIES AT THE BAIR FAMILY CENTER

- Monday: 8:30-9:30AM** Exercise Video (\$1.00) Cardio Workout
9:00-2:30PM Quilting/Sewing/Needlework (\$1.00) Fee waived if working on items for the Bair Family Center)
- Tuesday: 8:30-9:30AM** Exercise Video (\$1.00) Cardio Workout
9:30-10:30AM Tai Chi (\$1.00) - strength, balance, coordination
9:30-10:30AM Living the Journey-open discussion for those who have experienced loss
10:30-11:30AM Healthy Steps in Motion (\$1.00)-falls prevention, strength, balance
12:00-2:30PM Adult Art Adventure (\$2.00)
12:15-2:30PM 500 Card Party (\$2.00)
- Wednesday: 8:30-9:30AM** Exercise Video (\$1.00) Cardio Workout
9:00-2:30PM Quilting/Sewing/Needlework (\$1.00) Fee waived if working on items for the Bair Family Center)
- Thursday: 9:30-11:30AM** BINGO (\$1.25 to play plus \$.05 per card per game)
- Friday: 8:30-9:30AM** Exercise Video (\$1.00) Cardio Workout
10:30-11:30AM Healthy Steps in Motion (\$1.00) - falls prevention/strength& balance
12:15-2:30PM Euchre Card Party (\$2.00)
12:30-1:30PM Sign Language Class (3rd Friday of every month)

Every Monday-Friday:

Coffee/Tea/Socialization - Books/Reading/Games/Puzzles - Walking Track (\$1.00) - Gym-exercise machines (\$1.00) - Lunch (\$3.00 donation/order 2 days in advance)

Volunteers Needed

Do You like helping others?
Do You have extra Time?
Do You like to volunteer?

If you answered yes to any of these questions then you should call today to become a Volunteer at Active Aging!

Active Aging, Inc. offers a program run by staff and volunteers to help individuals navigate through Medicare and other assistant programs.

Medicare Counselor Volunteers receive free training to help individuals complete:



- Property Tax/Rent Rebate
- Counseling New Members to Medicare & Inform of Different Parts of Medicare
- LIHEAP Applications
- Medicare Savings Program & Low Income Subsidy

A background in insurance is helpful but not necessary.

Active Aging, Inc.

1034 Park Avenue, Meadville, PA 16335

Contact: Krista Wiltrout at 814-336-1792 ext. 174



SHARE is a program through the Department of Aging in Crawford County that matches potential Home Seekers with Home Hosts!

- Non-medical model to aid older adults in "aging in place"
- Those over 18 may apply but 1 participant must be over 60
- Housing Counselor will work towards successful matches
- Matches meet face-to-face before the trial period
- Background checks required
- Financial benefits for both the Host and the Home Seeker

More information?

**Contact Housing Coordinator
for Crawford County**

Shelby Christian at 814-336-1792 ext 165

Resources available to Pennsylvanians in need of support:

National Suicide Prevention Lifeline:

1-800-273-TALK (8255)

Nacional de Prevención del Suicidio:

1-888-628-9454

Crisis Text Line: Text "PA" to 741-741

Veteran Crisis Line: 1-800-273-TALK (8255)

Disaster Distress Helpline: 1-800-985-5990

Get Help Now Hotline (for substance use disorders):

1-800-662-4357

Pennsylvania Sexual Assault Helpline:

1-888-772-7227

National Domestic Violence Helpline:

1-800-799-7233

Reminder

All Active Aging Centers are available every weekday as a warm place and a hot meal for any individual over the age of 60 years.

Please call your local center to find out about center closure or any activity cancellations.

Bair Family Center (814) 683-4959

Cambridge Springs Center (814) 398-8616

Meadville Center (814) 336-1792 ext. 106

Open Fridays Only Canadohta Lake Center (814) 336-1792 ext. 106

Please use your best judgement in traveling during inclement weather.

Active Aging is accepting donations of unopened incontinent supplies, including pads, pull-ups or underpads. Active Aging will also accept donations of nutritional supplements unless out of date.

Donations can be dropped off Monday to Friday, 8AM - 4:30PM at 1034 Park Ave. in Meadville.

We are also able to pick up if needed, call to schedule.

If you or anyone you know over the age of 60 requires supplies and are unable to afford them, please call for assistance.

814-336-1792

5 Tips for Creating a Caregiver Backup Plan and Why It Can't Wait

Being a caregiver for a loved one is a busy role filled with daily tasks and responsibilities. Whether you're providing support to an aging parent, a spouse with a chronic condition, or a family member with disabilities, your presence is essential. But what happens if you're suddenly unable to fulfill your caregiving duties due to illness or another emergency?

That's where a caregiver backup plan becomes crucial. Just like any other important responsibility, caregiving requires developing a contingency strategy to ensure your loved one's well-being if you're not available. Having a clear, actionable backup plan in place isn't just smart, it's a vital part of responsible caregiving. Here's why it can't wait and 5 practical tips for getting started.

WHY YOU NEED TO CREATE A CAREGIVER BACKUP PLAN NOW

Emergencies don't wait for a convenient time. Whether it's a personal health crisis, natural disaster, or unexpected life event, there may come a day when you can't provide care. Without a plan in place, your loved one could be left vulnerable, even for a short period of time.

A caregiver backup plan gives you—and your loved one—peace of mind. It ensures continuity of care, avoids crisis-based decision-making, and helps others step in confidently when needed. Planning ahead reduces confusion, prevents stress, and protects your loved one's safety and dignity.

Developing a Solid Caregiver Backup Plan

1. Identify trusted backup caregivers. Start by sitting down and putting together a list of people who could serve as temporary or emergency caregivers. This might include family members, close friends, neighbors, or even professional in-home care providers. Choose individuals you trust and who are capable and willing to help. Talk to them directly and be honest about what caregiving involves. Ask for their consent and ensure they understand the level of care required. Even if they can only provide support for a short period, having multiple options is valuable.

2. Create a detailed care plan.

A written care plan is the heart of your backup strategy. It should include:

- A daily schedule (medications, meals, hygiene, exercise)
- Medical information (conditions, allergies, prescriptions, doctors)
- Emergency contacts and physician contact information
- List of pharmacies, preferred hospitals, and transportation services
- Insurance information
- Legal documents (POA, living will, DNR orders)
- Routines and preferences (likes/dislikes, favorite foods, calming techniques)

Keep the plan clear, up to date, and easy to access. Share copies with your backup caregivers and store one in a visible place in the home.

3. Prepare the home for others to step in. Make the caregiving environment user-friendly for someone unfamiliar with it. Label medications clearly, keep medical supplies organized, and write down instructions for any equipment (e.g., oxygen machines, mobility aids). Ensure there's adequate food, hygiene products, and other essentials. Walk your backup caregiver through the home and show them where everything is. A quick orientation can make a big difference in how smoothly care is provided.

4. Communicate with medical providers and services. Notify your loved one's healthcare providers and any in-home services (such as home health nurses or physical therapists) about your backup caregivers. Provide consent for them to speak with alternate caregivers, if needed. This step ensures medical professionals can still coordinate care or provide support if you're unavailable.

5. Revisit and update the plan regularly. A backup plan isn't something you "set and forget." As your loved one's needs change, your caregiving routine will likely change, too. Schedule time every few months—or sooner if your loved one has major changes in health—to review and update the care plan. Also look through the contact list and emergency procedures to see if anything has changed. Stay in touch with your backup caregivers to make sure they're still available and informed. This keeps the plan fresh and functional when you need it most.

Respite Care Can Be a Solution

As you are creating your plan, remember that many senior living communities offer respite care. These short-term services give caregivers an option if they need support around the clock. Contact a Heritage location near you to learn more today!

<https://www.heritageseniorcommunities.com/5-tips-for-creating-a-caregiver-backup-plan-and-why-it-cant-wait/>

Active Aging, Inc. sponsor's a special event, Through A Veteran's Eye held every November to honor our Veteran's.

If you are a Veteran and are interested in being on the planning committee, please contact Tami Boylan by email at tboylan@activeaging.org or by phone at 814-398-8616.

A PA MEDI COUNSELOR

CAN HELP YOU TO:

- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans *and more!*



pennsylvania

Medicare Education and Decision Insight

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and help find problems early, when treatment is most effective. Ask your doctor which of these services is right for you.



✓	Preventive service	Date	Notes
	One time "Welcome to Medicare" Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance)		
	Yearly "Wellness" Visit—get this visit 12 months after your "Welcome to Medicare" preventive visit or 12 months after your Part B effective date		
	Abdominal Aortic Aneurysm Screening		
	Alcohol Misuse Screening and Counseling		
	Bone Mass Measurement (Bone Density Test)		
	Cardiovascular Disease (Behavioral Therapy)		
	Cardiovascular Screenings (cholesterol, lipids, triglycerides)		
	Colorectal Cancer Screenings		
	Depression Screening		
	Diabetes Screening		

Valentine's Celebration

Thursday, February 12th
Dine-In Only | 11:45 AM

Celebrate Valentine's Day with us and enjoy a delicious meal and great company!

Menu Includes:

- Shrimp Cocktail
- Stuffed Chicken Breast
- Baked Potatoes with Butter & Sour Cream
- Country Green Beans
- Dinner Roll
- Cheesecake with Cherry Topping

Cost: \$10 per person
Reservations & Payment Due: January 30th
Please sign up early to reserve your spot!

Chocolate Covered Strawberries

Enjoy delicious chocolate-covered strawberries just in time for Valentine's Day!

- Order Deadline: February 6th
- Pick-Up Date & Time: February 13th (9-2 pm)

Quantity & Price
1/2 Dozen (6 strawberries) – \$10.00
Dozen (12 strawberries) – \$16.00

Fresh strawberries dipped in rich, delicious chocolate – perfect for Valentine's Day, gifts, or a sweet treat!



To Order: Call 814-683-4959 or stop in to place your order.
Active Aging Bair Family Center
237 South Pymatuning Street
Linesville, PA 16424

All proceeds benefit programs and activities at the Center.

French Creek Mennonite School



February 24th, 2026
10:30AM

Join us to enjoy songs performed by 1st through 4th grade children!

Where: The Cambridge Active Aging Center

For more info call: 814-398-8616

Join us for lunch following the program

Lunch reservations are required

156 Venango Ave Cambridge Springs PA 16403

Winnin' of the Green Reverse Raffle

BIG \$3,000 Main Board

Additional Merchandise & Cash Raffles
Limited Seating - Buy Your Ticket Early
BYOB for Age 21 or Older

Saturday, March 14, 2026
Community Center of Crawford County

Doors & Sideboards Open at 4:00PM
Roast Beef Dinner by 7:00PM
Raffle To Follow

\$60/ Ticket for a Couple (\$50 for a Single)- Includes: Chance on \$3,000 Board,
Free \$2.00 Sideboard, Dinner, Mixers & Munchies



Community Center of Crawford County
Lew Davies Community Building
1034 Park Avenue - Meadville, PA

Proceeds Benefit Active Aging Foundation

(814) 336-1792

Small Games of Chance License #SGC25112

FEBRUARY 2026

Crawford County
Active Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit</p> 	<p>3</p> <p>3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin</p>	<p>4</p> <p>Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Cinnamon Applesauce Whole Wheat Bread</p>	<p>5</p> <p>Cheeseburger 1/2c Tator Tots 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun</p>	<p>6</p> <p>General Tso's Chicken 1/2c White Rice 1/2c Garlic Broccoli 1/2c Mandarin Oranges Cookie</p>
<p>9</p> <p>3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie</p>	<p>10</p> <p>Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Pudding</p>	<p>11</p> <p>3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Pineapple & Mandarin Oranges</p>	<p>VALENTINES MEAL 12</p> <p>Stuffed Chicken Breast Baked Potato w/ sc,butter Country Green Beans Dinner Roll Cherry Cheesecake Shrimp Cocktail</p> 	<p>13</p> <p>3oz Roasted Pork w/ 2oz Gravy 1/2c Parsley Potatoes 1/2c Carrots Dinner Roll Fresh Fruit</p>
<p>PRESIDENTS DAY! 16</p> <p>3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Brussel Sprouts Wheat Bread Blushed Fruit</p> 	<p>17</p> <p>Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit</p>	<p>ASH WEDNESDAY 18</p> <p>Potato Fish 1/2c Mac N Cheese 1/2c Stewed Tomatoes Fresh Fruit Dinner Roll</p>	<p>19</p> <p>4oz Sweet & Sour Pork 1/2c White Rice 1/2c Broccoli and Cauliflower Wheat Bread Fresh Fruit</p>	<p>20</p> <p>Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Garlic Breadstick 1/2c Fruit Cocktail</p>
<p>23</p> <p>French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges Hoagie Bun</p>	<p>24</p> <p>3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Apple Crisp</p>	<p>25</p> <p>3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn White Bread Fresh Fruit</p>	<p>26</p> <p>Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Breadstick 1/2c Fruited Gelatin</p>	<p>27</p> <p>Tuna Salad Sandwich (4oz) 1c Bean Soup 1/2c Coleslaw 2 White Bread Fresh Fruit</p>
				 <p>*menu subject to change based on availability</p>



cata

CATA is operating a TITUSVILLE—OIL CITY LIFE LINE ROUTE




Public Transportation between Crawford and Venango Counties!!

On Thursdays
8:00am – 4:00pm

USE THE CATA PAY APP OR SMART CARD
CASH STILL ACCEPTED – \$2.50 ONE WAY

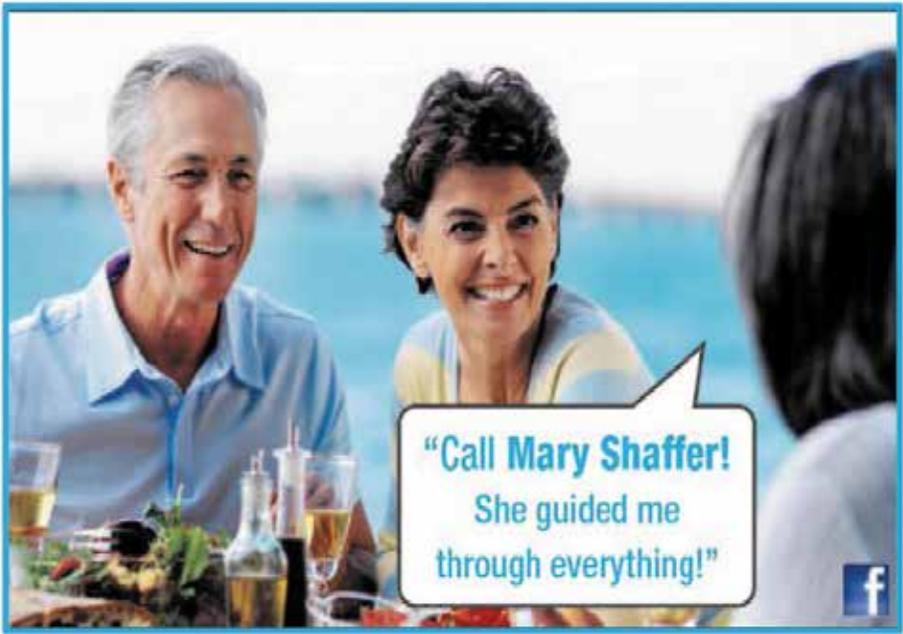
Seniors 65+ ride FREE with a PA Transit Card

If you have any questions or concerns please visit www.catabus.org or call 814-336-5600.

You can also visit our office at 214 Pine St. in Meadville OR 285 Elm Street in Oil City.

NEW SCHEDULES ARE AVAILABLE

“Soon I’ll be turning **65**, what should I do about **Medicare?**”



“Call **Mary Shaffer!** She guided me through everything!”





Mary T. Shaffer Medicare Specialist
Shaffer Financial Services
10744 State Hwy 18 Conneaut Lake, PA
www.shafferfinancial.com 814-382-8686

MEADVILLE CENTER HOSTS

Tuesday, March, 24th 1PM

SECHLER LAW FIRM, LLC
Cranberry Township Estate Planning Lawyer

Educational presentation by Attorney Tim Sechler at 1PM

Topics covered include:

- Estate Planning
- Wills
- Power of Attorney
- Trusts
- Advanced Directives
- Medicaid Planning
 - Entering into Nursing Home-Protection of Assets
 - Enrolling in Medicaid Sooner

Join us for lunch (Salisbury Steak w/ Gravy, Whipped Potatoes) at noon before the presentation.

Must preregister for lunch by Wednesday, 3/18. Lunch is a \$3 suggested donation

Contact Patty/Ashley for more information

814-336-1792 ext. 106
1034 Park Ave., Meadville

SPORTS THEME DAY 😊

Join us for a fun day of sports! Wear your favorite sports team jersey and come test your skill at some of our very own sport games!

February 5th at 10:30AM

Where: The Cambridge Active Aging Center

Join us for lunch following the program

Lunch reservations are required

Please call: 398-8616

156 Venango Ave Cambridge Springs PA 16403

INSURANCE MADE EASY

Under 65 • Veterans • Medicaid • Turning 65

WORK WITH LOCAL, TRUSTED COMMUNITY ADVOCATES

SPECIALIZED IN:

- Pennie Marketplace • Vision/Dental
- Wealth & Retirement Planning
- Medicare Supplement & Advantage Plans
- Prescription Drug Plans

TLC SENIOR SOLUTIONS BY ANGIE NIEDERMEYER

Call today for a **no cost** consultation!
814-807-1090

Scan to check out our website

105 Mead Ave. Meadville, PA
meadville@tlcinsurancegroup.com

TLC Senior Solutions is not connected to the Federal Medicare program. By contacting this number, you will be connected with a licensed insurance agent. This is an advertisement for insurance.

PALMIERO TOYOTA **PALMIERO MOBILITY** **BraunAbility**

- WHEELCHAIR ACCESSIBLE VEHICLES
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- SALES & SERVICE
- WHEELCHAIR ACCESSIBLE VAN RENTALS

THE FREEDOM TO DRIVE & TRAVEL PLUS INDEPENDENCE!

16165 CONNEAUT LAKE RD, MEADVILLE, PA 16335 (814) 336-1061



BOOK & PUZZLE SALE

MARCH 3TH-5TH



Donations of Books & Jig Saw Puzzles only

Drop off - Tuesday, 3/3 from 9-11am

Sale - Wednesday, 3/4 from 9am-2pm

Dollar Bag Day - Thursday, 3/5 from 9-11am

Bring your own bag



RUMMAGE SALE

APRIL 21ST-23RD

Drop off - Tuesday, 4/21 from 9-11am

Sale - Wednesday, 4/22 from 9am-2pm

Dollar Bag Day - Thursday, 4/23 from 9-11am

Bring your own bag

All proceeds benefit the Meadville Center

1034 Park Ave. - Patty/Ashley - 814-336-1792 ext. 106

PACE / PACENET

Started in 1984, the Pharmaceutical Assistance Contract for the Elderly (PACE) Program helps older persons living in Pennsylvania to pay their prescription expenses. PACENET is the Pharmaceutical Assistance Contract for the Elderly Needs Enhancement Tier. This program has been created to assist older Pennsylvanians, whose incomes are slightly higher than the PACE income limits, with the cost of their prescription drugs.

Eligibility Information:

PACE requirements:

- 65 years of age or older.
 - A resident of Pennsylvania for at least 90 days prior to the date of application.
 - Ineligible for pharmaceutical benefits under medical assistance.
 - Total income for last year for a single person must be less than \$14,500.
 - Total income for last year for a married couple must be less than \$17,700.
- Once an application is approved, an enrollee is responsible for \$6 copayment for generic drugs or a \$9 copayment for brand name drugs for each prescription reimbursed by PACE.

PACENET requirements:

- 65 years of age or older.
- A resident of Pennsylvania for at least 90 days prior to the date of application.
- Ineligible for pharmaceutical benefits under medical assistance.
- Total income for a single person from last year must be between \$14,500 to \$33,500.
- Total income for a married couple last year must be between \$17,701 to \$41,500.

PACENET February have a monthly drug plan premium to pay at the pharmacy, which will be cumulative if not met each month. Once that monthly drug premium has been met, PACENET has an \$8 copayment for generic drugs and a \$15 copayment for brand name drugs. Your out-of-pocket costs to you are computed by the PACE program.

To use your PACE/PACENET card: Take your card and prescription to any drugstore that accepts PACE. Always keep your card with you. Do not leave your card at the drugstore. Do not mail your card to a mail-order pharmacy.

You February not use your card to purchase drugs out of the state or to mail drugs out of the state. You can use your card ONLY while you are in Pennsylvania.

Can I have other medical insurance or prescription coverage and still apply for PACE/PACENET?

Yes, However, PACE is the payor of last resort and will only cover prescription costs not covered by other medical insurance. You will be asked to provide information about your insurance coverage when you apply for PACE/PACENET, and you should inform your pharmacist of all your medical and prescription plans.

Is it possible to get help with completing the PACE/PACENET application?

Yes! Please call Active Aging, Inc. at (814) 336-1792 or 1-800-321-7705. An appointment can be scheduled for you

DO YOU HAVE MEDICARE?

Do you have questions about your coverage or current plan? Do you want to know if you are eligible to save money on your prescription drug costs and/or your Part B premium? The PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program can help!

What is PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free health insurance counseling program designed to help all Pennsylvanians with Medicare. PENNSYLVANIA MEDICARE EDUCATION AND DECISION

You may qualify for financial assistance programs! PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help

Can help lower your prescription drug co-payments and premium, and gives you extra times to switch your plan!

You may qualify if:

- If you are single and have total monthly income of less than \$1,976; and less than \$17,600 in resources
- If you are married and have a total monthly income of less than \$2,664; and less than \$35,130 in resources

*There are certain deductions taken for Extra Help. You may qualify even if you are above these limits.

Medicare Savings Programs

Can help you with the payment of your Part B premium!

You may qualify if:

- If you are single and have a total monthly income of less than \$1,781; and less than \$9,660 in resources
- If you are married and have a total monthly income of less than \$2,399; and less than \$14,470 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing.

*There are certain deductions taken for Medicare Savings Programs. You may qualify even if you are above these limits.

How can the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program help you?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparisons
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care

Call today to get connected to the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program in your area.

1-800-783-7067

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free service provided by the PA Department of Aging, and is funded in whole or part by grant number 2001PAMIAA-00



pennsylvania
Medicare Education and Decision Insight



Updated February 2025



pennsylvania

Medicare Education and Decision Insight

Updated information on 2025 eligibility for Programs available to help you with Medicare costs

Do you have Medicare and limited income and assets? You may qualify for one of the following programs to help you with Medicare costs.

Low Income Subsidy (Extra Help):

INCOME: less than \$23,715 single (\$1,976/month)
less than \$31,965 married (\$2,664/month)

ASSETS: less than \$17,600 single
less than \$35,130 couple

BENEFITS: low or no premium for Part D plan
low copays for generic and brand-name drugs

Medicare Saving Program:

ELIGIBILITY: Monthly income \$1,781 individual
Monthly income \$2,399 couple

ASSETS: \$9,660 individual or \$14,470 couple

BENEFIT: Pays your Medicare Part B premium

PACE/PACENET (resources not counted):

Must be 65 years of age, or older
Must be a Pennsylvania resident for at least 90 days prior to application
Cannot be enrolled in benefits under Pennsylvania's Medicaid Program

PACE income: Single \$14,500 Married \$17,700 based on prior year income
PACENET income: Single \$33,500 Married \$41,500 based on prior year income

For more information, or for an appointment to receive assistance in completing an application, contact the PA MEDI Program at Active Aging, Inc., (814)336-1792 or 1-800-321-7705.

The PA MEDI Program provides assistance to Medicare beneficiaries of any age.



pennsylvania
DEPARTMENT OF AGING

We invite you to participate in our "Tree of Giving" gift program. This is an on-going and permanent gift program that gives you, as a donor, the discretion to honor someone's hard work or achievement; remember a special/personal event or anniversary; or as an everlasting memorial for a loved one, friend or community leader. The "Tree of Giving" includes brass leaves and three different size brass stones that can be engraved to your desire. For additional information or to make an appointment with our Foundation Staff, please call (814) 336-1792 or 800-321-7705.

JUNIPERSM

Juniper Village at Meadville
455 Chestnut St.
Meadville, PA 16335

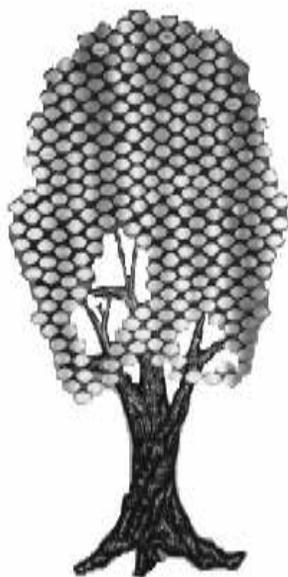
*Reach out to me
to get you Your
Personal Tour
Scheduled!*

DIANA HILL

Diana.Hill@junipercommunities.com

Phone: 814-333-4400

Fax: 814-333-2607



The BEST time to plant a tree is 20 years ago. The next best time is NOW. ~African Proverb

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Update

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT (PA MEDI), the State Health Insurance Assistance Program for all Medicare beneficiaries residing in Pennsylvania. During Medicare's Annual Open Enrollment, beneficiaries have the opportunity to compare their current Medicare Advantage Plan or Part D prescription drug plans and make any necessary changes to their coverage for the upcoming year. At Active Aging, Inc., the PA MEDI Program remains very busy all year. PA MEDI counselors are available, by appointment, to give information to individuals who are new to Medicare, assist with problems or questions about current coverage, and to screen and assist those eligible for Medicare cost-savings programs.

Outside of Annual Open Enrollment, there are Special Enrollment Periods (SEP) for individuals who February be eligible to make a change to their current coverage. Below is a list of examples for when a person February qualify for a SEP:

You change where you live

- I moved to a new address that isn't in my plan's service area.
- I moved to a new address that's still in my plan's service area, but I have new plan options in my new location.
- I moved back to the U.S. after living outside the country.
- I just moved into, currently live in, or just moved out of an institution (like a skilled

nursing facility or long-term care hospital).

- I'm released from jail.
- You lose your current coverage
- I'm no longer eligible for Medicaid.
- I left coverage from my employer or union (including COBRA coverage).
- I involuntarily lose other drug coverage that's as good as Medicare drug coverage (creditable coverage), or my other coverage changes and is no longer creditable.
- I had drug coverage through a Medicare Cost Plan and I left the plan.
- I dropped my coverage in a Program of All-inclusive Care for the Elderly (PACE) plan.
- You have a chance to get other coverage
- I have a chance to enroll in other coverage offered by my employer or union.
- I have or am enrolling in other drug coverage as good as Medicare prescription drug coverage (like TRICARE or VA coverage).
- I enrolled in a Program of All-inclusive Care for the Elderly (PACE) plan.
- Your plan changes its contract with Medicare
- Medicare takes an official action (called a "sanction") because of a problem with the plan that affects me.
- Medicare ends (terminates) my plan's contract.
- My Medicare Advantage Plan, Medicare Prescription Drug Plan, or Medicare Cost Plan's contract with Medicare isn't renewed.
- Other special situations
- I'm eligible for both Medicare and Medic-

aid.

- I qualify for Extra Help paying for Medicare prescription drug coverage.
- I'm enrolled in a State Pharmaceutical Assistance Program (SPAP) or lose SPAP eligibility. (This is PACE/PACENET in PA)
- I dropped a Medigap policy the first time I joined a Medicare Advantage Plan.
- I have a severe or disabling condition, and there's a Medicare Chronic Care Special Needs Plan (SNP) available that serves people with my condition.
- I'm enrolled in a Special Needs Plan (SNP) and no longer have a condition that qualifies as a special need that the plan serves.
- I joined a plan, or chose not to join a plan, due to an error by a federal employee.
- I wasn't properly told that my other private drug coverage wasn't as good as Medicare drug coverage (creditable coverage).
- I wasn't properly told that I was losing private drug coverage that was as good as Medicare drug coverage (creditable coverage).

These Special Enrollment Period situations have been adapted from www.medicare.gov; if you would like to learn more about special enrollment period situations, please visit www.medicare.gov or contact PA MEDI. For more information on PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT, or to schedule an appointment for assistance, please call Active Aging, Inc. at 814-336-1792 or 1-800-321-7705. Active Aging, Inc. is located at 1034 Park Ave., Meadville, Pa.

Special Friday Night \$ BIG MONEY BINGO \$

Friday, April 10, 2026
Doors Open at 4:00 PM Games Begin at 6:30 PM

\$8,000 in BINGO PAYOUTS!

\$50 on Singles
Big Money Games:
5 - \$1,000 and 5 - \$500

Tickets in Advanced are \$50/Person Must Be Purchased by 4 PM on April 9th
If the Game is not Sold Out Tickets will be \$60 at the Door

Admission Includes Up to 18 Card Faces

Tickets On Sale January 2nd!
Available anytime online at activeaging.org
or Monday through Friday 9:00AM - 4:00PM at the Office

Extra Books will be Available at \$5 Per Book

Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase
Reservation Requests must be made no later than April 3, 2026
No gift certificates, coupons or other specials or discounts may be used for this special bingo.

Community Center of Crawford County
1034 Park Ave. Meadville, PA 814-336-1792

Bingo Proceeds Benefit the Programs and Services Offered through Active Aging, Inc.
Bingo License No. BNG25026 Small Games of Chance License No. SGC25112

Take the Worry out of Winter

Spend Winter at Wesbury

Winter brings on loneliness, challenges with getting out and household tasks.

Consider a stay at Cribbs Residential Center. Enjoy a warm environment, friendly neighbors and meaningful activities. Meals, housekeeping, laundry and transportation to shopping are included. Gone are the worries about trudging through the snow to get the mail or take out the garbage.

Simply bring your suitcase; we will even furnish the apartment.

Come for the winter or come to stay. For more information, call 814-332-9009 or visit our web site at www.wesbury.com.

WESBURY Experience MORE

Cribbs Residential Center · 31 Park Avenue · Meadville, PA 16335
814-332-9009 · www.wesbury.com

Be the reason someone smiles!

This winter season, Active Aging, asks you to check on your actively aging family, friends and neighbors. We also ask you to help clear walkways and handrails of snow and ice and be sure to lend a helping hand to seniors during inclement weather. Wintertime certainly poses challenges for seniors, but with a bit of planning and awareness, we all will stay healthy and experience the joys of springtime soon enough!



If you or anyone you know needs assistance, please contact us. For more information about all of the services Active Aging provides, contact us at (814)336-1792 or toll free at 1-800-321-7705.

BINGO

Every Wednesday

Doors Open at 4:30 PM
Games Begin at 6:30 PM

\$50 on Singles & \$100 on Doubles
With Over \$2,000 in Jackpots!

4 Guaranteed Jackpot Games: 1 - \$1,100, 1 - \$400, 1 - \$300 and 1 - \$250
2 Additional Extra Games Sold On the Floor Only:
The "Red, White & Blue" Triple Progress Early Bird Jackpot Game and the Count Down Game that will pay anywhere from a "Winner-Take-All" or can "countdown" to a 50/50 payout game.

Admission Prices

9 Card Admission Packets Start at \$25*

Extra Books Available at \$5 per Book
*5 for 5 Jugs are Included in Your Admission Packet Price.

Reserve Your Seat

The Bingo Seat Reservation Voicemail Box System is available from noon the day before bingo until noon the day of bingo and can be reached at 814-336-1792 Ext. 158. Reserved seats are on a "first called-first saved" basis and particular seat requests are honored when possible, but not guaranteed. Reserved seats are only held until 6 PM and are not required in order to play bingo - **Walk-Ins are always welcome!**

1st Friday of the Month

Doors Open at 4:30 PM Games Begin at 6:30 PM

Admission Packets \$30
Play as Many Cards as You Want, includes 5 for \$5 Jugs
4 Guaranteed Jackpots: 1 - \$1,000, 1 - \$200 and 2 - \$150

Community Center of Crawford County
1034 Park Ave. Meadville, PA 814-336-1792

Bingo Proceeds Benefit the Programs and Services Offered through Active Aging, Inc.



Bingo License No. BNG25026 Small Games of Chance License No. SGC25112

This Month in History February

- February 1, 1884** – The first portion of the Oxford English Dictionary is published.
- February 2, 1887** – Groundhog Day is celebrated for the first time at Gobbler's Knob in Punxsutawney.
- February 4, 1922** – The Ford Motor Company acquires the failing luxury automaker Lincoln Motor Company for \$8 million.
- February 5, 1918** – The U.S. steamship Tuscania, traveling as part of a British convoy and transporting over 2,000 American soldiers bound for Europe is torpedoed and sinks off the coast of Ireland by the German submarine U-77.
- February 11, 1990** – Nelson Mandela is released from prison after 27 years.
- February 12, 2008** – General Motors offers buyouts to all 74,000 of its hourly employees in the U.S.
- February 16, 1997** – 25 year old Jeff Gordon claims his first Daytona 500 victory, becoming the youngest winner in the history of the NASCAR event.
- February 18, 1885** – Mark Twain publishes The Adventures of Huckleberry Finn.
- February 21, 1965** – Malcolm X nationalist and religious leader is assassinated by rival black Muslims while addressing his organization of Afro-American Unity at the Audubon Ballroom in Washington Heights.
- February 23, 1954** – Children from Arsenal Elementary School in Pittsburgh, PA receive the first injections of the new polio vaccine developed by Dr. Jonas Salk.
- February 27, 1827** – A group of masked and costumed students dance through the streets of New Orleans, Louisiana, marking the beginning of the city's famous Mardi Gras celebrations.
- February 28, 1953** – Cambridge University scientists James D. Watson and Francis H.C. Crick announce that they have determined the double-helix structure of DNA, the molecule containing human genes.



VOTER REGISTRATION



Now available at your Local Senior Center or in your own home when you receive in-home services from Active Aging, Inc. As part of the "Motor Voter Law" passed in 1993, Area Agencies on Aging are now required to provide an opportunity for you to register to vote. If you need assistance in registering to vote, call us at (814) 336-1792



1-800-273-8255 PRESS 1

IT'S YOUR CALL

Confidential help for Veterans and their families

The confidential Veterans Crisis Line, online chat, and text are available, and we are here for you.

• • • Confidential chat at VeteransCrisisLine.net or text to 838255 • • •

Did you pay PA Property Tax or Rent in 2024?

You February qualify for the 2024 PA Property Tax/Rent Rebate. Active Aging, Inc. has trained staff volunteers who can help you file if you meet the qualifications. For more information on the program details or to schedule an appointment for this free service, please call Active Aging, Inc. at 814-336-1792. New: File Your Property Tax/Rent Rebate Program Applications Online

Property Tax/Rent Rebate Program claimants now have the option to submit program applications online with the Department of Revenue's myPATH system. Filing online leads to fast processing, easy direct deposit options and automatic calculators that will help you apply for your rebate. Visit mypath.pa.gov to file your application.

REMINDER:

Elder Pennsylvanians deserve honor and respect ... not abuse. Stop Elder Abuse in Crawford County.

Call Active Aging, Inc.
336-1792 or 1-800-321-7705

What is PA Link?

Aging and Disability Resource Centers (ADRC) exist nationwide. In Pennsylvania, ADRC is known as the Pennsylvania Link to Aging and Disability Resources, commonly known as the PA Link. It is designed to be a cross-age, cross-system network of local, regional, and state partner agencies that collaborate to help individuals who need home and community based services and supports. This coordinated network of partners allows a consumer to initiate contact with any PA Link partner and access information, assistance, and resources through a “no wrong door” approach, thereby minimizing consumer and provider duplication, reducing confusion, streamlining access, and creating much needed “safety nets”.

PA Link partners represent a wide range of local human service and healthcare providers as well as community leaders, civic organizations, state agencies, and other groups such as consumer, advocacy, and faith organizations. PA Link partners strive to help the following populations, regardless of income: adults age 60+, individuals living with any type of disability, persons living with behavioral health or substance abuse issues, Veterans, and the caregivers and family members of these populations. The mission of the PA Link to Aging and Disability Resources is to assemble and strengthen an organized alliance of private and public community agencies to better support consumer wishes and empower them to understand, determine and effectively navigate their long term care service options, regardless of age, ability or income.

A toll-free statewide ADRC helpline is operated by trained staff who assist Pennsylvanians looking for information on long-term living services and supports. Hours of operation are Monday through Friday - 8:30am to 5pm (excluding holidays). #1-800-753-8827.

If you are interested in becoming a partner to the PA Link, or if you know of an agency that should be approached about becoming a PA Link partner, please contact Kathy Freeman, Lead Link Coordinator for Service Area 1, at information@activeaging.org.

Pennsylvania Link to Aging and Disability Resources



The Pennsylvania Link to Aging and Disability Resources is a program of the Pennsylvania Department of Aging. Commonly referred to as the PA Link, this network of local, state and federal partners works together to provide information on, and improved access to, long-term care services and supports to all Pennsylvanians regardless of age, ability or income.

PA Link partners in Crawford County can provide information and support in the following areas:

- Assistive Technology
- Caregiver Support
- Care Transitions
- Disability Services
- Drug and Alcohol Services
- Emergency Contacts
- Employment Services
- Financial Assistance
- Health and Nutrition
- Health Insurance
- Home Modification
- Housing Assistance
- In-Home Services
- Legal Aid
- Lifespan Respite
- Medical Services
- Mental Health Services
- Nursing Home Transition
- Options Counseling
- Protective Services
- Support Groups
- Transportation
- Utilities and Fuel
- Veterans Services

The Pennsylvania Link to Aging and Disability Resources Helpline: 1-800-753-8827



PAWS (Pet Assistance and Wellness for Seniors) was established to help area seniors feed and care for their pets. Seniors on a fixed income often go without to care for their pets - even sharing their meals with them. PAWS provides pet food, flea & tick control, vaccine subsidies and assistance with veterinary care for area seniors who are enrolled in specific programs through Active Aging, Inc.

Your generosity will allow PAWS to provide more food and needed veterinary care to the pets of area seniors in need. If you'd like to help keep a senior's pet healthy, there are two ways in which you can donate.

To make a monetary donation for pet food, vaccines, flea & tick control and veterinary care

visit activeaging.org or mail checks to Active Aging Foundation, 1034 Park Avenue, Meadville, PA 16335



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Real Estate
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We're Ready to Help Every Step of the Way!



MEADVILLE CENTER

EASTER CELEBRATION

Thursday, April 2nd

Dine - In at 12PM

Baked Ham

Au Gratin Potatoes

Candied Carrots

Coleslaw

Dinner Roll with Butter

Peach Pie

**Payment (\$10) & Reservation due
Monday, March 23rd by 10AM**





Free Prescription Deliveries Next Day Within 15 Miles.

- Monday through Saturday next day delivery *
- RxLocal mobile app or website for refill requests
- Welcoming new & existing customers

* Some restrictions may apply.



404 North Street, Meadville, PA 16335 | 814-337-6600 | mmchs.org/pharmacy