

ACTIVE AGING, INC.

ECHO

October 2025
complimentary copy

Published by
The Area Shopper

Funded in part by the Pennsylvania Department of Aging
Read the ECHO online at www.theareashopper.com/readonline.php

\$10,000 Cash in Door Prizes with a Sold Out Game

Big Holiday Cash BINGO

TICKETS ON SALE SEPT. 22ND

Friday, November 21, 2025

COMMUNITY CENTER OF CRAWFORD COUNTY
1034 PARK AVE MEADVILLE, PA (814)336-1792

DOORS OPEN AT 4:00 PM
GAMES START AT 6:30PM
\$100 / PERSON ADMISSION

Limited Number of Tickets Will be Sold
Everyone will be a winner with over \$10,000 Cash to be given out as door prizes with a sold out game! Every player, with a pre-purchased admission ticket, will win a door prize of \$50 or \$100 cash - guaranteed!
All paper format admission ticket includes up to 18 cards

Additional Books available at the door for \$5 each
\$4,000 Total Payout for the Bingo Games
with Five Jackpots:
(1) \$1,000 Jackpot (1) \$500 Jackpot (3) \$250 Jackpot
Singles paying \$100 & Doubles paying \$150

Instant Tickets with Big Cash Payouts
Kitchen Will be Open

Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase
Seat Reservation Requests must be made no later than November 14, 2025
No gift certificates, coupons or other specials or discounts may be used for this special bingo.
Bingo License No. BNG25026 Small Games of Chance License No. SGC25112

GET YOUR TICKET STARTING MONDAY, SEPTEMBER 22, 2025

Only 1,000 Calendars available!

2026 ACTIVE AGING CASH CALENDAR

\$15,000 in Cash Prizes

Raffle is From January 1, 2026 to December 31, 2026
1 Winner Every Day win anywhere between \$25 and \$500 in cash

Each Calendar has its own 3 digit number and the winner will be determined each day based off of the PA Lottery Pick-3 Evening Number

Donation \$25
Your Donation will Help Support the Active Aging Centers & Active Aging Foundation.

Calendars are Available Starting in September 2025 at the Following Locations:

Active Aging Bair Family Center 237 S. Pymatuning Street, Linesville, PA 16424 814-683-4959 Open Monday through Friday 8 AM - 3 PM	Active Aging Center of Canadohta Lake 22978 Shreve Ridge Road, Union City, PA 16438 814-336-1792 ext. 106 Open Fridays Only 9 AM - 1 PM
Active Aging Foundation 1034 Park Avenue, Meadville, PA 16335 814-336-1792 Open Monday - Friday 8:30 AM - 4:30 PM	Active Aging Center of Cambridge Springs 156 Venango Avenue, Cambridge Springs, PA 16403 814-398-9616 Open Monday through Friday 8 AM - 3 PM
	Active Aging Center of Meadville 1034 Park Avenue, Meadville, PA 16335 814-336-1792 ext. 106 Open Monday through Friday 8 AM - 3 PM

All winners will be mailed a check within 2 weeks of the end of the month.

SGOC License No. SGOC25111

Crawford County's Designated Area Agency on Aging PURPOSE

ACTIVE AGING

1034 Park Avenue, Meadville, Pennsylvania 16335
(814) 336-1792 or 1-800-321-7705
Fax (814) 336-1705

The purpose of Active Aging Inc. is to develop, implement and maintain a comprehensive, coordinated, and supportive human services system for older persons aged 60 years and older in Crawford County. Please call 814-336-1792 or 1-800-321-7705 or email aainc@activeaging.org for more information.



Certainty Starts Here

For your Estate Planning, Elder Law and Asset Protection needs.

300 Arch Street, Meadville, PA 16335 • (814) 807-1071 • Fax (814) 336-6510 • www.effc-law.com



NOAH A. ERDE



KIMBERLY S. FOULK



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- RxLocal mobile app or website for refill requests
- Welcoming new & existing customers

* Some restrictions may apply.



From the Director's Desk, October 2025

Happy Halloween. It seems that Halloween decorations are beginning to rival Christmas in a pretty significant way. The number of houses with spooky decorations seems to increase every year. I have to admit, I don't get nearly as excited to see Halloween decorations as I do Christmas, but to each his own. You do you! My niece got married in September. She had a beautiful, outdoor wedding. It was overcast and a little chilly that day, but it did not rain. I learned a valuable lesson as we plan for Tucker's wedding, which is going to be an outdoor wedding at the same time next year. This time of year, it is difficult to predict the weather. My dress was not warm enough this past weekend, & I wore my coat the entire day. I may need to have more than one option as I plan for Tucker's wedding. I'm not a huge fan of shopping for clothing, so finding these options is going to feel like a chore. Maybe I'll get lucky! I'm sure as the day gets closer, shopping will feel like the least of the chores on my list.

As the days grow shorter & the air turns colder, many of us feel the effects of the season—not just physically, but emotionally too. Winter can bring unique challenges: less sunlight, reduced social activity, & more time indoors can all take a toll on mood & mental well-being.

It's important to remember that taking care of your mental health is just as vital as looking after your body. Feeling down, lonely, or anxious during the winter months is not something to ignore—it's something to acknowledge with kindness. Talking with friends, staying connected to family, joining community groups, or even just making time for a favorite hobby can help lift your spirits. And if feelings of sadness or worry persist, reaching out to a healthcare provider is a sign of strength, not weakness. You can talk to your doctor, or:

988 – if you are overwhelmed & need help NOW – they will get you in contact with someone immediately. (814) 724-2732 – this is Crawford County's mental health line. They can help 24/7. 1-800-951-2055 - Crawford County Warmline (7 days a week, 5 PM—8 PM) – for someone to talk to who can give you some resources to get connected to help.

Krista Geer

Services and Programs we offer are:

Senior Center Services

- Nutritious Noon-Time Meals
- Educational Programs
- Socialization & Recreation
- PrimeTime Health/ Wellness
- Activities
- Volunteer Opportunities
- Life-Long Learning
- Outreach/Information Lunches
- Transportation
- County-wide Picnics, Dances, and Parties
- Large-Print Library
- Travel Opportunities

In-Home Services

- Care Management / Assessments
 - Family Caregiver Support Program
 - Home Delivered Meals
 - In-Home Care
 - Nursing Home Pre-Admission Assessments
 - Personal Assistance
 - Personal Care / Home Support
- *These are examples of services available, and is not an all inclusive listing. Contact us for more information.

Special Services

- "Echo" Newsletter
- Information & Referral
 - PA MEDI Insurance Counseling
 - PACE (Pharmaceutical Assistance Contract for the Elderly)
 - Pennsylvania Property Tax/Rent Rebate Program
- Older Adult Protective Services
- Ombudsman
- Voter Registration
- SHARE Housing

The Community Center of Crawford County



The Lew Davies Community Bldg.
1034 Park Ave. Meadville, PA
www.activeaging.org

- Basic hall rental to complete rental packages including customized catering services available
- Convenient location
- Plenty of FREE parking
- Wooden dance floor
- Air Conditioned



For more information or to reserve your date call us at
Active Aging Foundation 814-336-1792

ACTIVE AGING, INC.
CENTERS

1034 Park Ave, Meadville, Pa
16335
(814) 336-1792

Meadville Center

1034 Park Avenue, Meadville 16335
(814) 336-1792
Ext. 106
Patty Flaherty
Ashley McLallen, Center Manager
meadscarts@activeaging.org

Bair Family Center

237 S. Pymatuning St.-Linesville, PA
16424
(814) 683-4959
Janet Wasserman
lakevalleyinfo@activeaging.org

Cambridge Springs
Center

156 Venango Ave.-Cambridge Springs,
PA 16403
(814) 398-8616
Tami Boylan
cambsc@activeaging.org

Canadohta Center

Bloomfield Twp Building Lincolnvile
(Fridays only)
22978 Shreve Ridge Road- Union City,
PA 16438
(814) 336-1792
Patty Flaherty

Titusville Senior
Center

714 East Main Street-Titusville, PA 16354
(814) 827-9134
Ashley Thompson
goseniors@zoominternet.net

Programs funded in part by the Pa.
Department of Aging and supported by the
Active Aging Foundation. For information on
Long Term Care Services and Choices:
**(814) 336-1792 • 1-800-321-7705 • Fax (814)
336-1705 • E-mail aaainc@activeaging.org**

The ECHO is published by The Area
Shopper. Questions concerning
Advertising please contact
(814) 425-7272

MEADVILLE CENTER ACTIVE AGING, INC.

(814)336-1792 or 1-800-321-7705 - Fax (814)336-1705

The Lew Davies Community Building 1034 Park Ave., Meadville •

Center Manager: Patty Flaherty and Ashley McLallen

Follow us on Facebook at The Active Aging Center of Meadville

October

NOTE: On sale now for \$5 --- an up to 25% off coupon for Boscov’s in-store or on-line purchase on Wednesday, October 22nd between 8AM-11PM. • See the back of the coupon to register for \$100 Boscov’s Gift Card and for departments with 10%, 15% or 25% discounts. Using the one 25% coupon. •This coupon is valid for 10/22 ONLY. See Patty/Ashley to purchase (\$5) the coupon.

CHRONIC DISEASE SELF-MANAGEMENT PROGRAM: Active Aging Centers’ are excited to offer this course. With the encouragement and individualized support of the certified trainers, Active Aging’s own Tami Boylan and Ashley McLallen, the participants are empowered. If you want to learn positive coping strategies, increase your physical activity and have accountability to achieve your goals, join us on Monday, October 13th to begin a 6 week Chronic Disease Self-Management Program (CDSMP). Each week new topics & goals will be discussed. There is no fee for this program. Sign up now - Space is limited.

- 10/112:15PM Terri Rae Anthony with AAA presents on ‘Keeping the Keys’
- 10/24-6PM RSVP and money (\$20) due for Market Street Food Tour on Wednesday, 10/8
- 4:30PM Meadville Market HouseLocal Charcuterie
- 5:00PM Blissful MeadsChicken Bacon Bayou Taco
- 5:30PM Save Room for DessertChocolate/Peanut Butter Brownies
- 10/79-11AM Rummage Drop-off Day
- 10/89AM-2:30PM Rummage Sale
- 10/99-11AM \$1 Bag Day (bring your own bag)
- 10/1310AM-12:30PM Chronic Disease Self-Management Program (CDSMP) begins today for 6 consecutive Mondays. Classes ending on Monday, November 17th
- 10/22\$5 will purchase a Boscov’s 25% off coupon to be used in-store or on-line between 8AM-11PM on this date only. See the NOTE at the top of this page for more details.
- 10/23Halloween Party! Reservations & payment (\$5) due Monday, 10/20– costumes, games, game of chance
- 10/247-9PM Halloween Dance with DJ Brian Silvis Pay at the event \$5 per person; BYOB and BYOSnacks. Costumes welcome!
- 10/2812:15PM 2025-26 Meadville fundraising presentation
- 10/2911AM Home Instead hosts SINGO a creative & musical way to play BINGO
- NOVEMBER SAVE THE DATE(S):
- 11/4Book & Puzzle Drop off 9-11AM
- 11/4Soup & Chili Cook Off at 11AM
- 11/5Book & Puzzle Sale 9AM-2PM
- 11/6Book & Puzzle \$1 bag day Sale 9-11AM
- 11/14Dinner & Show with Comedian Meg Maly – see flyer
- 11/20Thanksgiving Celebration – reservations with payment due 11/10 by 10AM

The Meadville Center is open weekdays from 8AM until 3PM. – unless otherwise indicated - All monies shown are a suggested donation. Call to schedule your card groups/table games; \$1/person. Call Patty/Ashley with any questions at 814-336-1792 ext. 106.

EVERY DAY: Library; Exercise Machines (treadmills, recumbent bike, stationary bikes, elliptical, weight-machine); \$1; No machine use during Yoga. Pool Table/Ping-Pong Table; no fee (call to reserve).

- MONDAY
- 9:00AMHealthy Steps in Motion; \$1
- 10:00AMBingo; .50/card for 10 games & .25/card for coverall
- 10:00AMYoga; \$3
- 11:00AMTai Chi; \$1
- 1:00PMVeteran’s Committee Meeting: (1st Monday of March-November)
- TUESDAY
- 9:00AM10/7 No Classes-Gym, Studio and Art Room
- 9:00AMHealthy Steps in Motion; \$1
- 10:00AMWatercolor Painting Class; \$1
- 10:00AMS.A.I.L. (Cardio) Exercise Program; \$1
- 11:00AMYoga; \$3
- 12:30PMBUNCO- dice game – 1st & 3rd Tuesday of each month; \$1
- 1:30PMChi Kung; \$1
- 2:00PMDiabetes Support Group - 2nd Tuesday each month; no fee
- 5:00PMClassic Cardio; \$3
- WEDNESDAY
- 10/8 No Classes-Gym, Studio and Art Room
- 9:00AMPickle Ball Court; \$1 Weather Permitting/Call to reserve. Court, available until 2p
- 9:00AMHealthy Steps in Motion; \$1
- 10:00AMYoga; \$3
- 11:00AMTai Chi; \$1
- 1:00PMQuilting Group; no fee
- 4:00PMYoga; \$3
- THURSDAY
- 10/9 No Classes-Gym, Studio and Art Room
- 9:00AMHealthy Steps in Motion; \$1
- 10:00AMLine Dancing; \$1
- 10:00AMS.A.I.L. (Cardio) Exercise Program; \$1
- 10:00AMBook Club, last Thursday of the month; \$1
- 11:00AMChair Fitness; \$1
- 1:00PMKnitting Group; no fee
- 4:45PMCardio Yoga Combo Class; \$3
- FRIDAY
- 9:00AMHealthy Steps in Motion; \$1
- 10:00AMBingo; .50/card for 10 games & .25/card for coverall
- 10:30AMYoga; \$3

*Please call to verify date change; if activity falls on ‘Center Closed’ date. Tune in to COOL 101.7 to hear the Centers’ updates from Center Director, Tami Boylan. Check out our Facebook page, Active Aging Center Meadville (Canadohta included with Meadville).

CAMBRIDGE SPRINGS CENTER

156 Venango Ave., Cambridge Springs

Center Manager: Tami Boylan 398-8616

Follow us on Facebook at The Active Aging Center of Cambridge Springs

October

10/210:30AM Fall Craft w/Michael & Jeremy

10/1410:10AM 1st Grade Pen Pals Visit

10/1610:30AM Lake Erie Shipwreck Presentation w/Ryan

10/2310:30AM Quilting Program w/Carole & Linda

10/248:00AM-1:00PM Rummage Sale Drop Off

10/2810:30AM Cards for Hospitalized Kids Activity w/Hayleigh

10/288:00AM-2:00PM First Day of Rummage Sale

10/3010:00AM-3:00PM Sub Sale Pick Up Day

10/318:00AM-12:00PM Last Day of Rummage Sale

- Tuesday:
- 10:00AM Chair Yoga
- 9:00 AM HSIM Exercise Class
- 10:00AM Games/ Dominos
- Wednesday:9:30AM Euchre Cards - reservations needed
- Thursday:9:00AM HSIM Exercise Class
- 10:00AM Games/ Dominos
- 10:00AM-3PM Woodcarving
- Friday:
- 9:30AM Euchre Cards- reservations needed
- 1:30PM Gentle Yoga

Exercise Equipment/ Gym Available Monday – Friday 8:00AM-3:00PM

Ukuleles Available to play daily 8:00AM- 3:00PM

Meal Reservations needed two days in advance 814-398-8616

Lunch served at 11:45 daily

CANADOHTA CENTER

Center Manager: Patty Flaherty 814-336-1792

Follow us on Facebook at The Active Aging Center of Meadville

October

- EACH FRIDAY 9-9:30 WILL DO LIGHT EXERCISES (HEALTHY STEPS)
- 10/310AM Abbey w/ Home Instead runs SINGO – a fun, musical twist to Bingo
- 10/109:30AM Painting with Gwen (SHARE Program)
- 10/1710AM Internal Auction; donations of new or slightly used items (knick-knacks, food, clothing, books, puzzles etc.) All proceeds benefit the Canadohta Center.
- 10/24Trip to Canadohta Lake Historical Society 36166 Lake Rd Union City PA 16438. Want to join us? Call For Details.
- 10/3010AM (Thursday), Halloween Party! Jaime Hughes Not open on Fri., 10/31.
- Please Contact Patty Flaherty, Manager, Canadohta Center @ 814-336-1792x106 to pre-register for lunch on the Tuesday before. (includes’ curbside pickup)

THE BAIR FAMILY CENTER

237 South Pymatuning Street, Linesville 683-4959

Center Manager: Janet Wasserman

October HAPPENINGS

- 10/ 19:30AM BINGO TODAY -NO BINGO ON THURSDAY THIS WEEK HOME INSTEAD LEADS SINGO AT NOON
- 1PM TEA PARTY SET-UP
- 10/2“JUST DESSERTS” TEA PARTY— BY PRIOR RESERVATION
- Tea Tasting begins at Noon, Tea Party at 1PM
- *** TAKE OUT LUNCHES ONLY—NO DINE IN TODAY!
- 10/8CENTER CLOSED FOR ALL ACTIVITIES
- FALL FOLIAGE TRAIN TRIP—BY PRIOR RESERVATION
- 10/9LUNCH ‘N LEARN—NOON-TOPIC: “HOSPICE 101”
- Presenter: Rachael Tasker, Asera Care Hospice
- Reserve lunch by October 7 (\$3 donation)
- 10/16AFFORDABLE CARE HEARING-call Center for appointment
- 10/1710AM NAILS WITH KATHY-get your nails painted! Cost: Donation
- Benefits the Bair Family Center
- 12:30PM SIGN LANGUAGE CLASS -preregister 814-683-4959 (free)
- 10/21-10/248AM-3PM NATIONAL BOOK MONTH BOOK EXTRAVAGANZA!
- Book Sale – by donation – pay what it’s worth to you!
- 10/24RESERVATIONS DUE FOR HALLOWEEN PARTY—\$6/PERSON
- 10/18ACTIVE AGING FOUNDATION-BAGS, BULLETS, and BUCKS BINGO in Meadville
- 10/30LUNCH ‘N LEARN – NOON TOPIC: MUSEUM IN A SUITCASE
- Presenter: Jacki Palmer, Court Appointed Special Advocates
- 10/3110AM Halloween Costume Party! All other activities canceled.
- (Reservations due by October 24 at 10AM)

COMING IN NOVEMBER: NOVEMBER 10 RESERVATIONS DUE FOR THANKSGIVING CELEBRATION \$10 PER PERSON

TITUSVILLE SENIOR CENTER

714 E. Main St., Titusville

Center Manager: Ashley Thompson 827-9134 • www.goseniors.org

October

- 9/2912:45PM Pinochle Party

9/3010:30AM Healthy Steps in Motion

10/112:45PM Bingo

10/210:30AM Healthy Steps in Motion

10/39:00AM Breakfast

10/310:00AM Fire Safety Day with Fire Dept

10/612:45PM Pinochle Party

10/710:30AM Healthy Steps in Motion

10/812:45PM Bingo

10/910:30AM Healthy Steps in Motion

10/1010:00AM Kinzua Fall Foliage Trip *

10/13CLOSED for Columbus Day

10/1410:30AM Healthy Steps in Motion

10/1412:45PM Therapy Dogs

10/1512:45PM Bingo

10/1610:30AM Healthy Steps in Motion

10/1612:30PM Tree Party Piggies

10/179:30AM Rise & Shine Pinochle

10/1711:00AM Blood Pressure Screenings

10/1712:00PM Birthday Luncheon

10/1712:45PM Senior Council

10/2012:45PM Pinochle Party

10/2110:30AM Healthy Steps in Motion

10/2112:45PM Nutrition & Cooking w/ Daphne

10/2212:45PM Speed Bingo – we go fast!

10/2310:30AM Healthy Steps in Motion

10/2412:30PM MONSTER MASH!

10/2712:45PM Pinochle Party

10/2810:30AM Healthy Steps in Motion

10/2912:45PM Bingo

10/3010:30AM Healthy Steps in Motion

10/3111:00AM Halloween Pet Parade

PARK WALKING - Mondays, Wednesdays & Fridays @ 10:00 AM - Meet at the Center to walk the loop around Burgess, weather permitting.

*Indicates pre-registration is required. **Calendar subject to change. To verify, check our website, www.goseniors.org, find us on Facebook, or pick up a newsletter at The Center.

COMING SOON... • SPEED BINGO WITH BIGGER JACKPOT • HOLIDAY TRIP TO KRAYNAK’S & DAFFIN’S • ANNUAL THANKSGIVING CELEBRATION - BRING A FRIEND! • THEMED DAYS WITH PRIZES • CHRISTMAS SINGO-BINGO • CENTER HOLIDAY CELEBRATION & PARTY

Titusville Senior Center is located at Burgess Park in Titusville, open weekdays 9 AM – 3 PM. Visit www.goseniors.org or stop in to view our newsletter, full calendar of events, and menu - or find us on Facebook! Our mission is to assure that older adults remain active, independent, healthy and involved in our community. We’ve been serving those aged 60 and older in the Titusville area since 1959.

Stop by to check out what’s happening here at the Center! In addition to scheduled activities – our game room, craft room, puzzle table, communication lab, lending library, TV room, massage chair, porch sitting area, coffee counter and snack bar are open during normal business hours. As always lunch is a \$3 donation, served at noon. Reservations required TWO business days in advance by calling (814) 827-9134 or sending an email to goseniors@zoominternet.net. Don’t forget to stop by for tickets for our Monthly 50/50 Raffle, which is open to the public. See you soon!

ACTIVE

AGING



pennsylvania

Medicare Education and Decision Insight

Medicare Annual Open Enrollment

To enroll or change your Part D or Medicare Advantage Plan

October 15 - December 7

Join, Switch or Drop Coverage

Call (814)336-1792

to schedule your free appointment!



Do you have extra space in your home?

Would you like some companionship or assistance with living expenses?

The SHARE program may be just what you need!

Shared Housing and Resource Exchange (SHARE) is an affordable housing choice that brings together homeowners who want to share their home with home seekers who have an option to assist with living expenses, help around the house, or a combination of both.

SHARE is available here, in Crawford County!

Reach out to the Professional Housing Counselor today. They work to screen and match people who have extra space in their homes with people seeking an affordable living situation.

Contact Housing Coordinator for Crawford County
Gwen Smith at 814-336-1792 ext 165

Resources available to

Pennsylvanians in need of support:

National Suicide Prevention Lifeline:
1-800-273-TALK (8255)

Nacional de Prevención del Suicidio:
1-888-628-9454

Crisis Text Line: Text “PA” to 741-741

Veteran Crisis Line: 1-800-273-TALK (8255)

Disaster Distress Helpline: 1-800-985-5990

Get Help Now Hotline (for substance use disorders):
1-800-662-4357

Pennsylvania Sexual Assault Helpline:
1-888-772-7227

National Domestic Violence Helpline:
1-800-799-7233

Active Aging accepts donations of unopened incontinent supplies, including pads, pull-ups or underpads. Active Aging will also accept donations of nutritional supplements unless out of date.

Donations can be dropped off Monday through Friday, 8 AM to 4:30 PM at 1034 Park Ave. in Meadville.
We are also able to pick up if needed, call to schedule.

If you or anyone you know over the age of 60 requires supplies and are unable to afford them, please call 814-336-1792 for assistance.

Active Aging would like to thank the following individuals, along with several anonymous individuals, for donating medical supplies and equipment for our consumers.
Sandra Cotherman, Bill Gebahart, Cheryl Hudson, Shayna Morrison, Jackie Palmer, Marjori Persichini, Julie Roth, Howard Schroder, Catherine Volk, Wesbury Help at Home,
Your donations are appreciated
Thank you for supporting the older adults of Crawford County!

MEADVILLE CENTER HOSTS

Thanksgiving Dinner Party

NOVEMBER 20TH AT 12:30 PM

Looking for a private Thanksgiving Dinner- with the traditional fixings without lifting a finger?
We're offering a special opportunity for a private group to enjoy a fully hosted Thanksgiving meal (BYOB). The room will be beautifully set, and guests will be served a classic, delicious Thanksgiving meal.

• Group Size: Minimum 12, Maximum 18 people

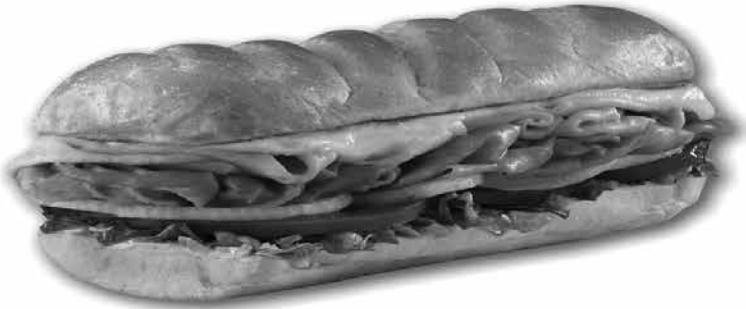
• Cost: \$13 per person

• Reservations: First come, first served

• Reservation Deadline: Monday, November 10th by 10AM

Call Patty/Ashley to reserve at
814-336-1792 ext. 106

1034 PARK AVE, MEADVILLE



Sub Sale

October 30th

Subs will include Ham, Turkey, and Roast Beef
American Cheese, Lettuce, Tomato, Onion

Orders needed by October 17th

To Order 398-8616

\$5.00

Benefits the Cambridge Senior Center

We will deliver for orders of 5 or more
depending on location & available transportation

A PA MEDI COUNSELOR
CAN HELP YOU TO:

• Understand Medicare eligibility & enrollment

• Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice

• Understand your Medicare Prescription Drug (Part D) benefit

• Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans

and more!



pennsylvania

Medicare Education and Decision Insight

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and help find problems early, when treatment is most effective. Ask your doctor which of these services is right for you.



✓	Preventive service	Date	Notes
	One time "Welcome to Medicare" Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance)		
	Yearly "Wellness" Visit—get this visit 12 months after your "Welcome to Medicare" preventive visit or 12 months after your Part B effective date		
	Abdominal Aortic Aneurysm Screening		
	Alcohol Misuse Screening and Counseling		
	Bone Mass Measurement (Bone Density Test)		
	Cardiovascular Disease (Behavioral Therapy)		
	Cardiovascular Screenings (cholesterol, lipids, triglycerides)		
	Colorectal Cancer Screenings		
	Depression Screening		
	Diabetes Screening		

 follow us on
facebook

Be sure to like all the Active Aging pages to
find out about the latest events &
information!

Active Aging, Inc.

The Active Aging Center of Cambridge Springs

The Active Aging Bair Family Center (Linesville)

The Active Aging Center of Meadville

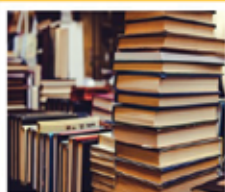
The Active Aging Foundation



The Active Aging Bair Family Center

237 South Pymatuning St., Linesville, PA 16424
814.683.4959

OCTOBER 2025 SPECIAL EVENTS



National Book Month

Book Extravaganza!

OCTOBER 21-24, 2025

9a-2:00p daily \$3/bag



WEDNESDAY, OCTOBER 22, 2025 - SHOP 8AM - 11PM

25% OFF*
LOWEST SALE PRICE
SHOPPING PASS

*This pass entitles you to 25% off your purchases in store or online and cannot be used in conjunction with other discounts and promotions. Present this pass at time of purchase to receive your 25% discount. Valid in-store and online Wednesday, October 22, 2025 only.

\$5 DONATION PER PASS

100% of our donation benefits the local nonprofit organization that will pay for the pass. See website for list of participating nonprofits. 25% and 100% limits and no cash back. For more details visit [boscoss.com/friendshelpingfriends](https://www.boscoss.com/friendshelpingfriends)

Make a donation of \$5 to The Bair Family Center and receive a Bosco's Shopping Pass, then go shopping in-store or online on October 22 and get 25% off the lowest sale price.

YOU WIN! WE WIN!

Shopping passes available now at the Bair Family Center.

Get your **2026 CASH CALENDAR** at The Bair Family Center for just \$25
You get: 365 chances to win CASH!!! Based on the PA LOTTERY Pick-3 Daily Evening Number. Proceeds benefit all Active Aging Centers and the Active Aging Foundation



Donations of Books & Jig Saw Puzzles only

Drop off - Tuesday, 11/4 from 9-11am

Sale - Wednesday, 11/5 from 9am-2pm

Dollar Bag Day - Thursday, 11/6 from 9-11am

Bring your own bag

CHILI & SOUP COOKOFF

Wednesday, 11/5 at 11am

Mark your calendar for this scrumptious event.

Come to taste and/or bring your own entry

All proceeds benefit the Meadville Center

1034 Park Ave.

814-336-1792 ext. 106



OCTOBER 2025

Crawford County
Active Aging

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 *menu subject to change based on availability		1 Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas 1 Breadstick 1/2c Fruited Gelatin	2 Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato 1c Corn Chowder Fresh Fruit Hamburger Bun	3 1c Winter Beef Stew 1/2c Green Beans 1 Cornbread 1/2c Apple Crisp
6 Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Orange Juice	7 Chicken Taco Salad 3oz Taco Meat, .5 oz Cheddar Cheese, Salad Mix, Salsa, Ranch 1/2c Elote Corn 1/2c Yellow Rice 1/2c Pineapple	8 Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1c Cauliflower Soup w/ Crackers Sandwich Roll Fresh Fruit	9 Chicken Paprikash w/ Creamy Tomato Sauce 1/2c White Rice 1/2c Roasted Brussel Sprouts Whole Wheat Bread Apple Cake	10 3oz Meatloaf with 2oz Gravy Baked Potato 1/2c Carrots Whole Wheat Bread Fresh Fruit
13 4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie	14 Roasted Honey Garlic Pork Loin 1/2c Steamed Broccoli 1/2c White Rice 1/2c Fruited Gelatin Dinner Roll	15 Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread 1 Piece Cake	16 OCTOBER BIRTHDAYS Stuffed Pepper w/ Sauce 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Birthday Cake	17 3oz Kielbasa with 1oz Kraut 1/2c Haluski 1/2c California Blend Vegetables Applesauce Hot Dog Bun
20 3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1c Tossed Salad w/ Tomato Garlic Breadstick Fresh Fruit	21 3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin	22 Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans 1/2c Spiced Fruit Whole Wheat Bread	23 Cheeseburger 1/2c Tator Tots 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun	24 General Tso's Chicken 1/2c White Rice 1/2c Garlic Broccoli 1/2c Mandarin Oranges Cookie
27 4oz Shrimp Scampi 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli Breadstick Pudding	28 Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin	29 3oz Roasted Pork w/ 2oz Gravy 1/2c Parsley Potatoes 1/2c Carrots Dinner Roll Fresh Fruit	30 3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie	31 HAPPY HALLOWEEN! 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun Pineapple & Mandarin Oranges

Social Security QUESTIONS?

Learn the answers to your questions:

• What are the basic rules & claiming strategies?

• When should I apply for Social Security?

• How much can I expect to receive?

• How do spousal/survivor benefits work?

• How can I maximize my benefits?

Tuesday, October 7th

6:00-7:00 PM

at Active Aging in Meadville, PA



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Randy Shaffer, CFP®, RICP®

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BAGS, BULLETS & BUCKS

7TH ANNUAL

BINGO

Over \$7,500 in Bingo Cash & Prizes!

Saturday, October 18, 2025

Doors Open at 4 PM

Games Begin at 6:45PM

Kitchen Open

Limited Number of Tickets Available

Tickets on Sale August 18, 2025!

\$50 / Person in Advance and \$60 / Person at the Door

(Tickets available at the door only if not sold out in advance by October 17th at 4PM)

11 Purses & 11 Guns & \$2,000 in Cash

Chinese Auction, 50/50, Side Raffles and Instant Tickets with Big Cash Winners!







This is a BYOB Event All Attendees Must be 21 or Older & Must be Present to Win

No Guns awarded on site. All Gun Prizes must be picked up in accordance with state & federal laws at Tamarack Armory.

Designer Purses From:

Guns From:

\$2,000 in Bingo Cash Prizes

Calvin Klein

Glock

- Extra Bingo Game

Coach

Mossberg

Packets will be Available at

Kate Spade

Henry

the Door for \$10

Michael Kors

Smith & Wesson

- Total of 22 Games

DKNY

Taurus

will be Played

and more!

Ruger & more!

All proceeds benefit the senior citizens of Crawford County through Active Aging.

Community Center of Crawford County

1034 Park Avenue Meadville, PA

814-336-1792

Active Aging Foundation

Active Aging Foundation

*Reserved Seats Are Available for Advance Ticket Holders Only!

Please Indicate Reservations on the Ticket Stub When Purchasing and Make Reservations no later than October 10, 2025

Bingo License No. BNG25026 Small Games of Chance License No. SGC25112




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- Prescription Drug Plans



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105 Mead Ave. Meadville, PA
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TLC Senior Solutions is not connected to the Federal Medicare program. By contacting this number, you will be connected with a licensed insurance agent.
This is an advertisement for insurance.

MEADVILLE CENTER HOSTS

FRIDAY 14TH NOVEMBER, 2025

**STAND-UP
COMEDY & DINNER**

**SPECIAL GUEST
COMEDIAN**

MEG MALY

A hilarious show entitled *Grandma, Is That You?* that journeys through the surprises, annoyances, and joys that show up in the second half of life.

DINNER: BYOB

SPAGHETTI & MEATBALL DINNER

DOORS OPEN AT 5:30PM
DINNER SERVED AT 6PM
SHOW STARTS AT 7PM

\$30
(CATA AVAILABLE \$2)

Reservation & Payment due Monday, 11/3/25 by 10AM

MEADVILLE CENTER
1034 PARK AVE
PATTY/ASHLEY 814-336-1792 EXT. 106

MEADVILLE CENTER'S

**HALLOWEEN
DANCE**

**FRIDAY, OCTOBER 24TH
7-9PM**

DJ Brian Silvis playing hits from the 60s-80s.
Costumes Encouraged. BYOB & Snacks.

**\$5 admission
ages 21+**

1034 Park Ave, Meadville
Patty/Ashley
814-336-1792 ext. 106

Meadville Center of Active Aging



ONE DAY ONLY - WEDNESDAY, OCTOBER 22, 2025
SHOP 8AM - 11PM

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100% OF YOUR DONATION GOES TO: MEADVILLE CENTER

For Shopping Passes or information, contact:

Patty or Ashley
814-336-1792 ext. 106

**Exclusions apply. For more details visit boscovs.com/friendshelpingfriends*

PACE / PACENET

Started in 1984, the Pharmaceutical Assistance Contract for the Elderly (PACE) Program helps older persons living in Pennsylvania to pay their prescription expenses. PACENET is the Pharmaceutical Assistance Contract for the Elderly Needs Enhancement Tier. This program has been created to assist older Pennsylvanians, whose incomes are slightly higher than the PACE income limits, with the cost of their prescription drugs.

Eligibility Information:

PACE requirements:

- 65 years of age or older.
- A resident of Pennsylvania for at least 90 days prior to the date of application.
- Ineligible for pharmaceutical benefits under medical assistance.
- Total income for last year for a single person must be less than \$14,500.
- Total income for last year for a married couple must be less than \$17,700.

Once an application is approved, an enrollee is responsible for \$6 copayment for generic drugs or a \$9 copayment for brand name drugs for each prescription reimbursed by PACE.

PACENET requirements:

- 65 years of age or older.
- A resident of Pennsylvania for at least 90 days prior to the date of application.
- Ineligible for pharmaceutical benefits under medical assistance.
- Total income for a single person from last year must be between \$14,500 to \$33,500.
- Total income for a married couple last year must be between \$17,701 to \$41,500.

PACENET October have a monthly drug plan premium to pay at the pharmacy, which will be cumulative if not met each month. Once that monthly drug premium has been met, PACENET has an \$8 copayment for generic drugs and a \$15 copayment for brand name drugs. Your out-of-pocket costs to you are computed by the PACE program.

To use your PACE/PACENET card: Take your card and prescription to any drugstore that accepts PACE. Always keep your card with you. Do not leave your card at the drugstore. Do not mail your card to a mail-order pharmacy.

You October not use your card to purchase drugs out of the state or to mail drugs out of the state. You can use your card ONLY while you are in Pennsylvania.

Can I have other medical insurance or prescription coverage and still apply for PACE/PACENET?

Yes, However, PACE is the payor of last resort and will only cover prescription costs not covered by other medical insurance. You will be asked to provide information about your insurance coverage when you apply for PACE/PACENET, and you should inform your pharmacist of all your medical and prescription plans.

Is it possible to get help with completing the PACE/PACENET application?

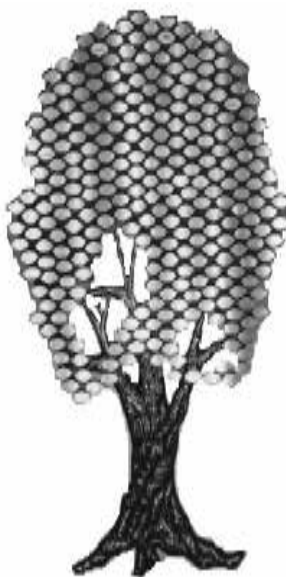
Yes! Please call Active Aging, Inc. at (814) 336-1792 or 1-800-321-7705. An appointment can be scheduled for you



Juniper Village at Meadville
455 Chestnut St.
Meadville, PA 16335

*Reach out to me
to get you Your
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Diana.Hill@junipercommunities.com
Phone: 814-333-4400
Fax: 814-333-2607



The BEST time to plant a tree is 20 years ago. The next best time is NOW. ~African Proverb

DO YOU HAVE MEDICARE?

Do you have questions about your coverage or current plan? Do you want to know if you are eligible to save money on your prescription drug costs and/or your Part B premium? The PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program can help!

What is PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free health insurance counseling program designed to help all Pennsylvanians with Medicare. PENNSYLVANIA MEDICARE EDUCATION AND DECISION

You may qualify for financial assistance programs! PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

How can the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program help you?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparisons
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care

Call today to get connected to the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program in your area.

1-800-783-7067

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free service provided by the PA Department of Aging, and is funded in whole or part by grant number 2001PAMIAA-00


pennsylvania
Medicare Education and Decision Insight

 **pennsylvania**
DEPARTMENT OF AGING

Updated February 2025

Extra Help
Can help lower your prescription drug co-payments and premium, and gives you extra times to switch your plan!

You may qualify if:

- If you are single and have total monthly income of less than \$1,976; and less than \$17,600 in resources
- If you are married and have a total monthly income of less than \$2,664; and less than \$35,130 in resources

*There are certain deductions taken for Extra Help. You may qualify even if you are above these limits.

Medicare Savings Programs
Can help you with the payment of your Part B premium!

You may qualify if:

- If you are single and have a total monthly income of less than \$1,781; and less than \$9,660 in resources
- If you are married and have a total monthly income of less than \$2,399; and less than \$14,470 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing.

*There are certain deductions taken for Medicare Savings Programs. You may qualify even if you are above these limits.



pennsylvania
Medicare Education and Decision Insight

Updated information on 2025 eligibility for Programs available to help you with Medicare costs

Do you have Medicare and limited income and assets? You may qualify for one of the following programs to help you with Medicare costs.

Low Income Subsidy (Extra Help):

INCOME:	less than \$23,715 single (\$1,976/month)
	less than \$31,965 married (\$2,664/month)
ASSETS:	less than \$17,600 single
	less than \$35,130 couple
BENEFITS:	low or no premium for Part D plan
	low copays for generic and brand-name drugs

Medicare Saving Program:

ELIGIBILITY:	Monthly income \$1,781 individual
	Monthly income \$2,399 couple
ASSETS:	\$9,660 individual or \$14,470 couple
BENEFIT:	Pays your Medicare Part B premium

PACE/PACENET (resources not counted):

- Must be 65 years of age, or older
- Must be a Pennsylvania resident for at least 90 days prior to application
- Cannot be enrolled in benefits under Pennsylvania's Medicaid Program

PACE income:	Single \$14,500	Married \$17,700	based on prior year income
PACENET income:	Single \$33,500	Married \$41,500	based on prior year income

For more information, or for an appointment to receive assistance in completing an application, contact the PA MEDI Program at Active Aging, Inc., (814)336-1792 or 1-800-321-7705. The PA MEDI Program provides assistance to Medicare beneficiaries of any age.

 **pennsylvania**
DEPARTMENT OF AGING

We invite you to participate in our “Tree of Giving” gift program. This is an on-going and permanent gift program that gives you, as a donor, the discretion to honor someone’s hard work or achievement; remember a special/personal event or anniversary; or as an everlasting memorial for a loved one, friend or community leader. The “Tree of Giving” includes brass leaves and three different size brass stones that can be engraved to your desire. For additional information or to make an appointment with our Foundation Staff, please call (814) 336-1792 or 800-321-7705.

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT (PA MEDI), the State Health Insurance Assistance Program for all Medicare beneficiaries residing in Pennsylvania. During Medicare's Annual Open Enrollment, beneficiaries have the opportunity to compare their current Medicare Advantage Plan or Part D prescription drug plans and make any necessary changes to their coverage for the upcoming year. At Active Aging, Inc., the PA MEDI Program remains very busy all year. PA MEDI counselors are available, by appointment, to give information to individuals who are new to Medicare, assist with problems or questions about current coverage, and to screen and assist those eligible for Medicare cost-savings programs.

- I moved to a new address that isn't in my plan's service area.
- I moved to a new address that's still in my plan's service area, but I have new plan options in my new location.
- I moved back to the U.S. after living outside the country.
- I just moved into, currently live in, or just moved out of an institution (like a skilled

- I'm eligible for both Medicare and Medic-

These Special Enrollment Period situations have been adapted from www.medicare.gov; if you would like to learn more about special enrollment period situations, please visit www.medicare.gov or contact PA MEDI. For more information on PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT, or to schedule an appointment for assistance, please call Active Aging, Inc. at 814-336-1792 or 1-800-321-7705. Active Aging, Inc. is located at 1034 Park Ave., Meadville, Pa.

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October 30th: 8AM to 2:00PM
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Buy a bag for \$3. 00 and put one or many books in it as long as it doesn't break! We will provide the bags!!

Only \$3 per bag?

The Active Aging Bair Family Center
237 South Pymatuning Street
Linesville, PA 16424
814-683-4959

Is this for real?

Did you pay PA Property Tax or Rent in 2024?
You October qualify for the 2024 PA Property Tax/Rent Rebate. Active Aging, Inc. has trained staff volunteers who can help you file if you meet the qualifications. For more information on the program details or to schedule an appointment for this free service, please call Active Aging, Inc. at 814-336-1792. New: File Your Property Tax/Rent Rebate Program Applications Online
Property Tax/Rent Rebate Program claimants now have the option to submit program applications online with the Department of Revenue's myPATH system. Filing online leads to fast processing, easy direct deposit options and automatic calculators that will help you apply for your rebate. Visit mypath.pa.gov to file your application.

This Month in History October
October 1, 1908- Ford Motor Company unveils the Model T.
October 2, 2006- Gunman kills five students at Amish School.
October 3, 1951- The shot heard round the world.
October 4, 1957- Sputnik is launched.
October 5, 1947- First presidential speech on TV.
October 6, 1926- Babe Ruth sets a World Series record.
October 7, 2001- U.S.-led attack on Afghanistan begins.
October 8, 1871- Great Chicago Fire begins.
October 9, 1963- Landslide kills thousands in Italy.
October 10, 1845- Birth of the U.S. Naval Academy.
October 11, 1975- Saturday Night live debuts.
October 12, 1492- Columbus reaches the New World.
October 13, 1792- White House cornerstone is laid.
October 14, 1962- The Cuban Missile Crisis begins.
October 15, 2004- "Funeral Coaches" exempted from car-seat law.
October 16, 1793- Marie-Antoinette is beheaded.
October 17, 1931- Capone goes to prison.
October 18, 1767- Mason and Dixon draw a line.
October 19, 1982- John Z. DeLorean is arrested in \$24 million cocaine deal.
October 20, 1803- U.S. Senate ratifies the Louisiana Purchase.
October 21, 1959- Guggenheim Museum opens in New York City.
October 22, 1934- Pretty Boy Floyd is killed by the FBI.
October 23, 1983- U.S. Embassy in Beirut hit by massive car bomb.
October 24, 1901- First Barrel ride down Niagara Falls.
October 25, 1881- Pablo Picasso is born.
October 26, 1985- Whitney Houston earns her first #1 hit with "Saving All My Love For You."
October 27, 1904- New York City subway opens.
October 28, 1965- Gateway Arch is completed.
October 29, 1929- Stock market crashes, sending America into the Great Depression.
October 30, 1864- The city of Helena, Montana, is founded after miners discover gold.
October 31, 1892- The Adventures of Sherlock Holmes is published.

VOTER REGISTRATION
Now available at your Local Senior Center or in your own home when you receive in-home services from Active Aging, Inc. As part of the "Motor Voter Law" passed in 1993, Area Agencies on Aging are now required to provide an opportunity for you to register to vote. If you need assistance in registering to vote, call us at (814) 336-1792

IT'S YOUR CALL
Confidential help for Veterans and their families
The confidential Veterans Crisis Line, online chat, and text are available, and we are here for you.
• • • Confidential chat at VeteransCrisisLine.net or text to 838255 • • •

REMINDER:
Elder Pennsylvanians
deserve honor and respect ...
not abuse. Stop Elder Abuse
in Crawford County.
Call Active Aging, Inc.
336-1792 or 1-800-321-7705

What is PA Link?

Aging and Disability Resource Centers (ADRC) exist nationwide. In Pennsylvania, ADRC is known as the Pennsylvania Link to Aging and Disability Resources, commonly known as the PA Link. It is designed to be a cross-age, cross-system network of local, regional, and state partner agencies that collaborate to help individuals who need home and community based services and supports. This coordinated network of partners allows a consumer to initiate contact with any PA Link partner and access information, assistance, and resources through a “no wrong door” approach, thereby minimizing consumer and provider duplication, reducing confusion, streamlining access, and creating much needed “safety nets”. PA Link partners represent a wide range of local human service and healthcare providers as well as community leaders, civic organizations, state agencies, and other groups such as consumer, advocacy, and faith organizations. PA Link partners strive to help the following populations, regardless of income: adults age 60+, individuals living with any type of disability, persons living with behavioral health or substance abuse issues, Veterans, and the caregivers and family members of these populations. The mission of the PA Link to Aging and Disability Resources is to assemble and strengthen an organized alliance of private and public community agencies to better support consumer wishes and empower them to understand, determine and effectively navigate their long term care service options, regardless of age, ability or income. A toll-free statewide ADRC helpline is operated by trained staff who assist Pennsylvanians looking for information on long-term living services and supports. Hours of operation are Monday through Friday - 8:30am to 5pm (excluding holidays). #1-800-753-8827. If you are interested in becoming a partner to the PA Link, or if you know of an agency that should be approached about becoming a PA Link partner, please contact Kathy Freeman, Lead Link Coordinator for Service Area 1, at information@activeaging.org.



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Pennsylvania Link to Aging and Disability Resources

The Pennsylvania Link to Aging and Disability Resources is a program of the Pennsylvania Department of Aging. Commonly referred to as the PA Link, this network of local, state and federal partners works together to provide information on, and improved access to, long-term care services and supports to all Pennsylvanians regardless of age, ability or income. PA Link partners in Crawford County can provide information and support in the following areas:

- Assistive Technology
- Caregiver Support
- Care Transitions
- Disability Services
- Drug and Alcohol Services
- Emergency Contacts
- Employment Services
- Financial Assistance
- Health and Nutrition
- Health Insurance
- Home Modification
- Housing Assistance
- In-Home Services

- Legal Aid
- Lifespan Respite
- Medical Services
- Mental Health Services
- Nursing Home Transition
- Options Counseling
- Protective Services
- Support Groups
- Transportation
- Utilities and Fuel
- Veterans Services

The Pennsylvania Link to Aging & Disability Resources Helpline: 1-800-753-8827

Current PA Link Partners	
Achieva Family Trust	Juniper Village at Meadville
Active Aging, Inc.	Kindred Hospice
Active Aging Center @ Lakeland/Valley	Lakeland Area Hospice
Alleghenies United Cerebral Palsy	LIFE/NWPA
Alzheimer's Association	Med Staffers
Amerihealth Caritas	MERP
AseraCare Hospice	Millcreek Community Hospital/LECOM
At Your Request Cleaning	Mount Hope Home Care
Bayada	Noble Community Care
Bethany Christian Services	NW Pa AIDS
Better Business Bureau of W. PA	PA MEDI
Bureau of Blindness and Visual Services	PATF
Byham's Insurance Services	PathStone
Casey Ball Supports	Presbyterian Senior Care Network
Center for Community Resources	Primary Health Network
Center for Family Services	PRO MEDICA
CHAPS	Regional Home Health & Hospice
Comfort Care Agencies	SafeinHome
Community Care Network Community Health Services	Saint Vincent / Allegheny Health Network
Community Resources for Independ.	Self Determination Housing Project
Consumer Satisfaction Team	Seniors Choice
Crawford CAO	Senior Helpers
Crawford County Care Center	Service Coordination Unlimited
Crawford County Human Services	Shryock Senior Housing
Cross Home Care	Social Security Administration
Diagnostic X-Ray Service	Special Kids Network
Down Syndrome Center of WPA	Special Olympics Pa
Embassy @ Park Ave.	St. Vincent Behavioral Health
Encompass Health	StairBusters
Erde, Ferguson, Foulk & Cressman	Successful Aging of NWPA, LLC
Evans Square Apts.	Supports Coordination of NW PA
Family Assistance Center	Titusville Area Senior Citizens Corp
Family & Community Christian Association	Titusville Healthcare and Rehab. Center
From The Heart	Titusville Social Connection
Shaffer Financial Serv.	The ARC of Crawford County
Gateway	TLC Insurance
Genesis HealthCare	Transition Assistance Advisors
Green Prosthetics	UCP/CLASS
Guardian Elder Care	UPMC Health Plan
HCF Management	UPMC for Life
HCR Manor	Vantage Healthcare
Health Care Solutions	Veterans Admin
Heartland Hospice	Veterans First
Helpmates	Veterans Miracle Center
Home Instead	Veterans Services
Hospice of Crawford County	VNA Alliance
HVA Sr. Living Alliance	Walberg Family Pharmacies
Inglis	Wesbury
Institute for Successful Aging	Wesbury at Home
Integrated Medical Transport	WIC Program/CHS
Interim Health Care	Women's Services



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CATA services are supported by grants from the PA Lottery, Crawford County Commissioners, and Active Aging.



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