

ECHO

Funded in part by the Pennsylvania Department of Aging
Read the ECHO online at www.theareashopper.com/readonline.php

Bus Trip to The Wilds in Cumberland, OH Tuesday, June 24, 2025

Depart by 8:45AM Return By 8:00PM
Bus Pickup Location is the Home Depot Parking Lot
Located at 18541 Smock Hwy, Meadville, PA 16335

\$140
Per Person



Trip Includes:

- Anderson Coach Bus (Not Handicap Accessible)
- Open Air Safari Tour
- Dhol's Cookout at the Wilds
(Hamburgers, Hot Dogs, Herbed Chicken Breast and Veggie Burgers with all the fixings; Potato Salad, Pasta Salad, Fresh Cut Seasonal Fruit, Fresh Baked Cookies, Lemonade, Iced Tea and Water)
- Snack Bag on the Bus

Deposit of \$70 is due at time of Reservation
Balance of \$70 Due by May 23rd

To Make Your Reservation Call The Bair Family Center or the Active Aging Foundation

Payment Options Include:

Cash, Check, or Card
(4% Convenience Fee for a Card)

ACTIVE AGING
Active Aging Bair Family Center
Monday through Friday 8:00AM - 3:00PM
237 S. Pymatuning St., Linesville, PA
(814) 683-4959

ACTIVE AGING
Active Aging Foundation
Monday through Friday 9:00AM - 4:00PM
1034 Park Avenue, Meadville, PA
(814) 336-1792 option #8

Special Friday Night \$ BIG MONEY BINGO \$

Friday, May 2, 2025
Doors Open at 4:00 PM Games Begin at 6:30 PM

\$8,000 in BINGO PAYOUTS!

\$50 on Singles
Big Money Games:
5 - \$1,000 and 5 - \$500

Tickets in Advanced are \$50/Person Must Be Purchased by 4 PM on May 1st
If the Game is not Sold Out Tickets will be \$60 at the Door
Admission Includes Up to 18 Card Faces

Tickets On Sale Now!
Available anytime online at activeaging.org
or Monday through Friday 9:00AM - 4:00PM at the Office

Extra Books will be Available at \$5 Per Book
Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase
Reservation Requests must be made no later than April 25, 2025.
No gift certificates, coupons or other specials or discounts may be used for this special bingo.

Community Center of Crawford County
1034 Park Ave. Meadville, PA 814-336-1792

Bingo Proceeds Benefit the Programs and Services Offered through Active Aging, Inc.
Bingo License No. BNG24020 Small Games of Chance License No. SGC24111

Crawford County's Designated Area Agency on Aging PURPOSE

ACTIVE AGING
1034 Park Avenue, Meadville, Pennsylvania 16335
(814) 336-1792 or 1-800-321-7705
Fax (814) 336-1705

The purpose of Active Aging Inc. is to develop, implement and maintain a comprehensive, coordinated, and supportive human services system for older persons aged 60 years and older in Crawford County. Please call 814-336-1792 or 1-800-321-7705 or email aainc@activeaging.org for more information.



Erde, Ferguson, Foulk & Cressman
Certainty Starts Here

For your Estate Planning, Elder Law and Asset Protection needs.

300 Arch Street, Meadville, PA 16335 • (814) 807-1071 • Fax (814) 336-6510 • www.ffc-law.com



NOAH A. ERDE



KIMBERLY S. FOULK

From the Director's Desk April 2025

Happy Easter. I hope the bunny finds you and brings you a dozen eggs that are not hard-boiled. That's quite a gift this year. Those eggs have gotten quite expensive. I've never understood how we got an Easter Bunny and Easter eggs. As we all know, bunnies don't lay eggs. So, of course, I Googled the question. Apparently, different traditions have combined, both religious and non-religious, and have evolved over time to give us both bunnies and eggs. I appreciate having Google to answer this and other random questions that pop into my brain. Otherwise, my brain wouldn't let me rest until I could find the answer.

Now that we have been blessed with some warm weather occasionally, Conall is thrilled, and I'm back to hosing him down multiple times a day. For some reason, he can't figure out the correlation between jumping in the mud and having to endure being sprayed off in the basement. He's a smart boy, so maybe it is just worth it to him.

Speaking of smart, we encounter intelligent people almost every day who have been victimized by the latest scams, which have cost them financially and emotionally. Romance scams are very prevalent right now. Someone you don't know (the scammer) will contact you, typically through social media, and strike up a relationship. Sometimes, they pose as a member of the military who has lost their spouse; other times, they pose as someone famous. Very quickly, they will tell you how much they love you. Once they have you emotionally invested, they start asking for money. And they always need a little more, and a little more, and a little more. They don't care if you can't pay your rent or afford groceries; they only care about getting more money from you. You are a good person who wants to help, but that will cause you to lose everything. That's not love; that's a scam.

Krista Geer

Services and Programs we offer are:

Senior Center Services

- Nutritious Noon-Time Meals
- Educational Programs
- Socialization & Recreation
- PrimeTime Health/ Wellness
- Activities
- Volunteer Opportunities
- Life-Long Learning
- Outreach/Information Lunches
- Transportation
- County-wide Picnics, Dances, and Parties
- Large-Print Library
- Travel Opportunities

In-Home Services

- Care Management / Assessments
 - Family Caregiver Support Program
 - Home Delivered Meals
 - In-Home Care
 - Nursing Home Pre-Admission Assessments
 - Personal Assistance
 - Personal Care / Home Support
- *These are examples of services available, and is not an all inclusive listing. Contact us for more information.

Special Services

- "Echo" Newsletter
- Information & Referral
 - PA MEDI Insurance Counseling
 - PACE (Pharmaceutical Assistance Contract for the Elderly)
 - Pennsylvania Property Tax/Rent Rebate Program
- Older Adult Protective Services
- Ombudsman
- Voter Registration
- SHARE Housing

The Community Center of Crawford County



The Lew Davies Community Bldg.
1034 Park Ave. Meadville, PA
www.activeaging.org

- Basic hall rental to complete rental packages including customized catering services available
- Convenient location
- Plenty of FREE parking
- Wooden dance floor
- Air Conditioned



For more information or to reserve your date call us at

Active Aging Foundation 814-336-1792



ACTIVE AGING, INC. CENTERS

1034 Park Ave, Meadville, Pa
16335
(814) 336-1792

Meadville Center

1034 Park Avenue, Meadville 16335
(814) 336-1792
Ext. 106
Patty Flaherty
Ashley McLallen, Center Manager
meadscarts@activeaging.org

Bair Family Center

237 S. Pymatuning St.-Linesville, PA
16424
(814) 683-4959
Janet Wasserman
lakevalleyinfo@activeaging.org

Cambridge Springs Center

156 Venango Ave.-Cambridge Springs,
PA 16403
(814) 398-8616
Tami Boylan
cambsc@activeaging.org

Canadohta Center

Bloomfield Twp Building Lincolntonville
(Fridays only)
22978 Shreve Ridge Road- Union City,
PA 16438
(814) 336-1792
Patty Flaherty


Titusville Senior Center

714 East Main Street-Titusville, PA 16354
(814) 827-9134
Ashley Thompson
goseniors@zoominternet.net

Programs funded in part by the Pa. Department of Aging and supported by the Active Aging Foundation. For information on Long Term Care Services and Choices: (814) 336-1792 - 1-800-321-7705 - Fax (814) 336-1705 - E-mail aainc@activeaging.org

The ECHO is published by The Area Shopper. Questions concerning Advertising please contact (814) 425-7272

“I Wasn’t Sure About Moving... Now I Wouldn’t Want to Be Anywhere Else!”
 - Jane Hutchison



Ask about our Spring Savings on Available Apartments!


“When I moved to Cribbs three months ago, I didn’t just find a place to live, I found a place to thrive. I got to choose my own apartment, bring my favorite furniture, and surround myself with wonderful friends, both new and old. My children are close by, which makes visits easy, and there’s so much to enjoy here - walking paths, exercise machines, and even a cozy library with large-print books. I can’t wait to spend spring afternoons reading on the porch! Cribbs isn’t just where I live - it’s home. And I think you’d love it too!”

Choosing Wesbury’s Cribbs Residential Center makes life a little easier, a little safer, but never compromises your independence and choices.
Call Melissa today at 814-332-9009 and schedule a tour.

WESBURY Cribbs Residential Center · 31 Park Avenue · Meadville, PA 16335
 814-332-9009 · www.wesbury.com

A PA MEDI COUNSELOR CAN HELP YOU TO:

- Understand Medicare eligibility & enrollment
- Understand what services are covered under Medicare Parts A and B and your Medicare Summary Notice
- Understand your Medicare Prescription Drug (Part D) benefit
- Make informed choices about Medicare coverage options, Medigap policies and Medicare Advantage Plans *and more!*



Special Friday Night Bingo Get Your Tickets Starting April 28th!



Hot Summer Big Cash Bingo
 Friday, July 11, 2025

1st Friday of the Month - No Bingo July 4th
 Friday Bingo Rescheduled to July 11th
 Community Center of Crawford County
 1034 Park Avenue Meadville, PA (814) 336-1792
 Early Bird Bonanza Game \$500.00
 (*Sold on the Floor Only)

\$7,500.00 Total Payout
 Paying \$150.00 on Singles & \$250.00 on Doubles
 (3) \$1,000.00 Jackpots (2) \$500.00 Jackpots

Instant Tickets
 The Kitchen Will Be Open

Doors Open at 4:00PM Games Start at 6:30PM
 Admission: \$50 / person in advanced by 4PM on July 10th.
 Tickets \$60 each after 4PM on July 10th & at the door if not sold out
 Admission Includes Up to 18 Card Faces & 5 for \$5 Jugs

Tickets on Sale April 28, 2025
 Limited Number Available




Reserved Seats Noted on the Ticket Stub & Available Upon Request at the Time of Purchase
 Reservation Requests must be made no later than July 3, 2025
 No gift certificates, coupons or other specials or discounts may be used for this special bingo.

Bingo License No. BNG24020 Small Games of Chance License No. SGC24111

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and help find problems early, when treatment is most effective. Ask your doctor which of these services is right for you.



✓	Preventive service	Date	Notes
	One time “Welcome to Medicare” Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance)		
	Yearly “Wellness” Visit—get this visit 12 months after your “Welcome to Medicare” preventive visit or 12 months after your Part B effective date		
	Abdominal Aortic Aneurysm Screening		
	Alcohol Misuse Screening and Counseling		
	Bone Mass Measurement (Bone Density Test)		
	Cardiovascular Disease (Behavioral Therapy)		
	Cardiovascular Screenings (cholesterol, lipids, triglycerides)		
	Colorectal Cancer Screenings		
	Depression Screening		
	Diabetes Screening		



Be sure to like all the Active Aging pages to find out about the latest events & information!

Active Aging, Inc.

The Active Aging Center of Cambridge Springs

The Active Aging Bair Family Center (Linesville)

The Active Aging Center of Meadville

The Active Aging Foundation

MEADVILLE CENTER ACTIVE AGING, INC.

(814)336-1792 or 1-800-321-7705 - Fax (814)336-1705

The Lew Davies Community Building 1034 Park Ave., Meadville •

Center Manager: Patty Flaherty and Ashley McLallen

Follow us on Facebook at The Active Aging Center of Meadville

April

- 4/7 **Easter Celebration reservations and payment (\$10) due by 10AM.**
Lunch: Sliced Ham, au Gratin Potatoes, Pickled Beets, Coleslaw, Dinner Roll and Peach Pie. Seatings at 11AM and 1PM.
- 4/8 **9-11AM Rummage Sale Drop Off**
- 4/8 **12PM Grace Proper with Adagio Health presents Food Safety**
- 4/9 **9AM-2:30PM Rummage Sale**
- 4/10 **9-11AM \$1 Bag Day**
- 4/14 **11AM Tina with Help at Home presents Fall Prevention**
- 4/15 **12:30PM Mike Tautin with Highway Safety Network presents Yellow Dot Program**
10AM New S.A.I.L. Exercise Program.
- 4/17 **Easter Celebration. Reservations and payment were due see 4/7 for details**
- 4/21 **11AM Gina Trace with Interim Healthcare leads in making a dried flower collage**
- 4/24 **Mother's Day Celebration Reservations and payment (\$10) due.**
See flyer for details.

MAY SAVE THE DATE(S):5/1-5/8 **Basket Raffle**5/8 **Mother's Day Celebration.** Reservations and payment (\$10) due 4/24

The Meadville Center is open weekdays from 8AM until 3PM. – unless otherwise indicated All monies shown are a suggested donation. Call to schedule your card groups/table games; \$1/person. Call Patty/Ashley with any questions at 814-336-1792 ext. 106.

EVERY DAY: Library; Exercise Machines (treadmills, recumbent bike, stationary bikes, elliptical, weight-machine); \$1 No machine use during Yoga. Pool Table/Ping-Pong Table; no fee (call to reserve),

MONDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Bingo; .50/card for 10 games & .25/card for coverall**
- 10:00AM **Yoga; \$3**
- 10:00AM **Walking Group: Meet at Meadville Mall; no fee**
- 11:00AM **Tai Chi; \$1**
- 1:00PM **Veteran's Committee Meeting: (1st Mon. of March-Nov.)**

TUESDAY

No classes 4/8 – Rummage Sale

- 9:00AM **Pickle Ball Court; \$1 (Closed until Spring)**
- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Watercolor Painting Class; \$1**
- 10:00AM **S.A.I.L. Exercise Program; \$1 starting 4/15**
- 11:00AM **Yoga; \$3**
- 1:00PM **Technology Help; Call to sign up for a 1:1, 30-minute appt.**
- 1:30PM **Chi Kung; \$1**
- 2:00PM **Diabetes Support Group - 2nd Tuesday each month; no fee**
- 5:00PM **Classic Cardio; \$3**

WEDNESDAY

No classes 4/9 – Rummage Sale

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Yoga; \$3**
- 11:00AM **Tai Chi; \$1**
- 1:00PM **Quilting Group; no fee**
- 4:00PM **Yoga; \$3**

THURSDAY

No classes 4/10 – Rummage Sale

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Line Dancing; \$1**
- 10:00AM **PALS Book Club, last Thursday, \$1**
- 10:00AM **S.A.I.L. Exercise Program; \$1 starting 4/15**
- 11:00AM **Chair Fitness; \$1**
- 1:00PM **Knitting Group; no fee**
- 5:00PM **Classic Cardio; \$3**

FRIDAY

- 9:00AM **Healthy Steps in Motion; \$1**
- 10:00AM **Bingo; .50/card for 10 games & .25/card for coverall**
- 10:30AM **Yoga; \$3**

*Please call to verify date change; if activity falls on 'Center Closed' date.

Tune in to COOL 101.7 to hear the Centers' updates from Center Director, Tami Boylan. Check out our Facebook page, Active Aging Center Meadville (Canadohta included with Meadville).

CAMBRIDGE SPRINGS CENTER

156 Venango Ave., Cambridge Springs

Center Manager: Tami Boylan 398-8616

Follow us on Facebook at The Active Aging Center of Cambridge Springs

April

- 4/4 **10:00AM Reservations Due for Easter Lunch**
- 4/7 **Center is Closed for Anderson Bus Trip**
- 4/8 **10:10AM CS 1st grade class comes to meet with their pen pals**
- 4/10 **10:00AM-3:00PM Sub Sale Pick Up Day**
- 4/11 **8:00AM-1:30PM Rummage Sale Drop Off Day**
- 4/15 **8:00AM-3:00PM First Day of Rummage Sale**
- 4/16 **8:00AM-3:00PM Rummage Sale Continues**
- 4/17 **11:30AM Easter Lunch. Reservations Required.**
- 4/18 **8:00AM-12:00PM Rummage Sale Dollar Bag Day**

Tuesday: 9:00AM **HSIM Exercise Class**
10:00AM **Chair Yoga**
10:00AM **Games/ Dominos**

Wednesday: 9:30AM **Euchre Cards - reservations needed**

Thursday: 9:00AM **HSIM Exercise Class**
10:00AM **Games/ Dominos**
10:00AM-3PM **Woodcarving**

Friday: 9:30AM **Euchre Cards- reservations needed**
1:30PM **Gentle Yoga**

Exercise Equipment/ Gym Available Monday – Friday 8:00AM-3:00PM Ukuleles Available to play daily 8:00AM- 3:00PM Meal Reservations needed two days in advance 814-398-8616 Lunch served at 11:45 daily

CANADOHTA CENTER

Center Manager: Patty Flaherty 814-336-1792

Follow us on Facebook at The Active Aging Center of Meadville

April

- 4/4 **10AM Bailey with Home Instead calls Singo; A lively, musical and fun take on BINGO.**
Easter Celebration reservations and payment (\$10) Lunch: Sliced Ham, au Gratin Potatoes, Pickled Beets, Coleslaw, Dinner Roll and Peach Pie. Trivia and Games.
- 4/11 **10AM Wooden Egg Craft with Michael Massof from Devoted Health**
- 4/18 **10AM Rex Sherry presenting on a Navajo Reservation Experience**
Easter Celebration see 4/4 for details.
- 4/25 **10AM Mike Tautin with Highway Safety Network presents Yellow Dot Program**

Please Contact Patty Flaherty, Manager, Canadohta Center @ 814-336-1792x106 to pre-register for lunch on the Tuesday before. (includes' curbside pickup)

THE BAIR FAMILY CENTER

237 South Pymatuning Street, Linesville 683-4959

Center Manager: Janet Wasserman

April HAPPENINGS

NEW CLASS: SEED TO SUPPER – Presented by Penn State Ext. Master Gardeners. Learn techniques for successful gardening/container gardening. All participants will receive a complimentary grow kit and starter pots. Meets every Monday from 1-3p from April 7 to June 9. Cost \$10 to benefit the Bair Family Center. Class size is limited and pre-registration is required. Contact Master Gardener Kinorea : 814-350-7748; kkt5317@psu.ed to register.

- 4/1 **ACT LIKE A FOOL DAY!!** It's April Fool's Day, so do something Foolish! April Fool's tricks all day long...don't say we didn't warn you!!!
- 4/3 **12PM FUN WITH HOME INSTEAD** – reserve lunch (\$2.50 donation) by 4/1
- 4/4 **CRAFTY FRIDAY: CERAMICS WITH TARA** from Fired Up Ceramics – Easter Bunny. By prior reservation only...or if there are any spaces left...\$17
- 4/7 **DEADLINE TO SIGN UP FOR EASTER PARTY...\$10**
The Price is Right, Eggivities, Delicious meal: Ham, Au Gratin Potatoes, Pickled Beets, Coleslaw, Dinner Roll and Peach Pie
- 4/7 **1-3PM SEED TO SUPPER CLASS MEET AND GREET:** Introduction to the Seed to Supper series of classes, light refreshments
- 4/11 **9:30AM CRAFTY FRIDAY: ROCK PAINTING** – Cost: \$3 (all supplies included)
- 4/12 **YES, THIS IS A SATURDAY! BENEFIT BREAKFAST AT LINESVILLE MASON'S LODGE** to support The Active Aging Bair Family Center
- 4/14 **1-3PM SEED TO SUPPER CLASS**
- 4/16 **TELL YOUR STORY** with Paula Brown, Oral History By appointment only
- 4/17 **10AM EASTER PARTY**
- 4/14 **1-3PM SEED TO SUPPER CLASS**
- 4/18 **No Friday Craft today**
- 4/18 **12:30PM SIGN LANGUAGE CLASS RESUMES**
- 4/25 **CRAFTY FRIDAY – BYOC** – Bring your own craft and work with others, share ideas. Your \$2 donation to use our facilities helps to keep the Center open!
- 4/26 **PYMATUNING CLEAN-UP DAY:** Join the Bair Family Center Clean-Up Team to help keep our beautiful lake clean!
- 4/28 **RESERVATIONS DUE FOR MOTHER'S DAY PARTY – COST \$10 Menu:** Stuffed Chicken Breast, Whipped Potatoes, Asparagus, Coleslaw, Cream Pie If you had a mother, come & celebrate with us!!!
- 4/30 **10AM-1PM COMMUNITY HEALTH EXPO** – Raffles/Giveaways – FREE!!!
ALL CENTER ACTIVITIES CANCELED – Only the Gym will be open - Come and get information on a variety of services/products/supports by local providers to keep you as healthy and independent as possible.

Looking Ahead:

- 5/17 **BAIR'S CORVETTE CRUISE-IN PASTA DINNER and CRAFT FAIR**
- 5/21 **BOB DYLAN DAY!!!**
- 6/24 **Anderson Bus Trip to "The Wilds" of Ohio.**

TITUSVILLE SENIOR CENTER

714 E. Main St., Titusville

Center Manager: Ashley Thompson 827-9134 • www.goseniors.org

April

- 3/31 12:45PM Pinochle Party
- 4/1 10:30AM Healthy Steps in Motion
- 4/2 12:45PM Bingo
- 4/3 10:30AM Healthy Steps in Motion
- 4/4 9:00AM Breakfast
- 4/4 9:30AM Rise & Shine Pinochle
- 4/7 12:45PM Pinochle Party
- 4/8 10:30AM Healthy Steps in Motion
- 4/9 12:45PM Bingo
- 4/10 10:30AM Healthy Steps in Motion with Guest TAH Occupational Therapy Dept.
- 4/11 11:00AM Blood Pressure Screenings
- 4/11 12:00PM Birthday Luncheon,
- 4/11 12:45PM Senior Council
- 4/14 12:45PM Pinochle Party
- 4/15 10:30AM Healthy Steps in Motion
- 4/16 12:45PM Bingo
- 4/17 10:30AM Healthy Steps in Motion
- 4/18 CLOSED for Good Friday & Easter
- 4/21 CLOSED for Easter Holiday
- 4/22 10:30AM Healthy Steps in Motion
- 4/22 12:45PM Nutrition Fun with Daphne
- 4/23 12:45PM Bingo
- 4/24 10:30AM Healthy Steps in Motion
- 4/25 12:00PM Lawn Party & Picnic
- 4/28 12:45PM Pinochle Party
- 4/29 10:30AM Healthy Steps in Motion
- 4/30 12:45PM Bingo
- 5/1 10:30AM Healthy Steps in Motion
- 5/2 9:00AM Breakfast
- 5/2 9:30AM Rise & Shine Pinochle

Saturday, May 3rd: TASCC Spring Craft & Vendor Show, 10 AM – 3 PM

SAVE THE DATES

-May 9th – Senior Prom -July 19th – TASCC Rummage Sale -Summer Lawn Party Series: 4/25, 5/30, 6/27, 7/25 & 8/22 Food, Games, Music & Fun!

*Calendar subject to change. To verify, check our website, www.goseniors.org, find us on Facebook, or pick up a newsletter at The Center.

Titusville Senior Center is located at Burgess Park in Titusville. Visit www.goseniors.org to view our newsletter, full calendar, and menu - or find us on Facebook! Our mission is to assure that older adults remain active, independent, healthy and involved in our community. Stop by to check out what's happening here at the Center. In addition to scheduled activities our activity/game room, craft room, card and puzzle tables, communication lab, lending library, TV room, new massage chair, porches, coffee counter and snack bar are open for your use during normal business hours. As always lunch is a \$2.50 donation, served at noon. Reservations required TWO business days in advance by calling (814) 827-9134 or sending an email to goseniors@zoominternet.net. Don't forget to stop by for tickets for our Monthly 50/50 Raffle, which is open to the public. See you soon!



**Do you have extra space in your home?
Would you like some companionship or assistance with living expenses?**

The SHARE program may be just what you need!

Shared Housing and Resource Exchange (SHARE) is an affordable housing choice that brings together homeowners who want to share their home with home seekers who have an option to assist with living expenses, help around the house, or a combination of both.

SHARE is available here, in Crawford County!

Reach out to the Professional Housing Counselor today. They work to screen and match people who have extra space in their homes with people seeking an affordable living situation.

**Contact Housing Coordinator for Crawford County
Gwen Smith at 814-336-1792 ext 165**

**Resources available to
Pennsylvanians in need of support:**

National Suicide Prevention Lifeline:
1-800-273-TALK (8255)

Nacional de Prevención del Suicidio:
1-888-628-9454

Crisis Text Line: Text "PA" to 741-741

Veteran Crisis Line: 1-800-273-TALK (8255)

Disaster Distress Helpline: 1-800-985-5990

Get Help Now Hotline (for substance use disorders):
1-800-662-4357

Pennsylvania Sexual Assault Helpline:
1-888-772-7227

National Domestic Violence Helpline:
1-800-799-7233



**THE ACTIVE AGING
BAIR FAMILY CENTER PRESENTS:**

**4th Annual Living Active and Strong
COMMUNITY HEALTH EXPO**



**ALL AGES WELCOME –
FREE AND OPEN TO THE PUBLIC**

Live healthy, safely and independently!

Sponsors include:







APRIL 30, 2025

10am-1pm

Additional Sponsors:

ERDE, FERGUSON, FOLK & CRESSMAN
MEADVILLE FAMILY YMCA
MEADVILLE AREA FREE CLINIC
LIFE NWPA
PA DEPT. OF HEALTH
ERIE VA MEDICAL CENTER
AND MORE!

**237 South Pymatuning Street
Linesville, PA 16424
814-683-4959**

Active Aging is accepting donations of unopened incontinent supplies, including pads, pull-ups or underpads. Active Aging will also accept donations of nutritional supplements unless out of date.

Donations can be dropped off Monday to Friday, 8AM - 4:30PM at 1034 Park Ave. in Meadville.

We are also able to pick up if needed, call to schedule.

If you or anyone you know over the age of 60 requires supplies and are unable to afford them, please call for assistance.

814-336-1792



April 2025

**Crawford County
Active Aging**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin	2 Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	3 1c Cabbage Roll Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread Seasonal Fresh Fruit	4 Baked Crab Cake 1c Tomato Basil Soup 1/2c California Blend Vegetables 1 Wheat Bread 1/2c Gelatin
7 1 Chicken Drumstick 1/2c Country Collard Greens 1/2c Baked Beans 1 Dinner Roll Seasonal Fresh Fruit	8 3oz Balsamic Chicken 1/2c Rosemary White Beans 1/2c Tomatoes & Zucchini 1 Garlic Breadstick 1/2c Pineapple Tidbits	9 4oz Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Cauliflower 1 Hamburger Bun Oatmeal Cream Pie	10 APRIL BIRTHDAYS 3oz Baked Meatloaf w/ 2oz Gravy 1/2 Baked Potato w/ Margarine Peas 1 White Bread Birthday Cake	11 Vegetable Lasagna 1c Tossed Salad w/ Egg 1/2c Green Beans 1 Dinner Roll 1 Cookie
14 3oz Kielbasa w/ 1oz Sauerkraut 1/2c Homemade Haluski 1/2c Brussel Sprouts 1/2c Applesauce	15 Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1/2c Tossed Salad w/ Tomato 1/2c Mandarin Oranges	16 3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin	17 EASTER MEAL Sliced Ham 1/2c Au gratin Potatoes 1/2c Pickled Beets 1/2c Coleslaw Dinner Roll w/ butter Peach Pie	18 GOOD FRIDAY Potato Crusted Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit
21 3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice	22 Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll	23 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit	24 3oz Sweet & Sour Pork 1/2c Brown Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread Fresh Fruit	25 Liver and Onions 1/2c Mashed Potatoes w/ gravy 1/2c Green Beans 1 Wheat Bread 1/2c Cinnamon Applesauce
28 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	29 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	30 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple	<p>*menu subject to change based on availability</p>	

Social Security QUESTIONS?

Learn the answers to your questions:

- What are the basic rules & claiming strategies?
- When should I apply for Social Security?
- How much can I expect to receive?
- How do spousal/survivor benefits work?
- How can I maximize my benefits?

Thursday, April 24th

6:00-7:00 PM

at Active Aging in Meadville, PA



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In Cambridge Springs (CS) \$1.50
CS ↔ Edinboro \$2.00
CS ↔ Saegertown/Venango Twp . \$2.00
Venango ↔ Saegertown..... \$2.00

WAYS TO PAY

- Pay with cash when you board
- Call a CATA GO representative
- Get the CATA GO Crawford App to
 - Pay by credit/debit card
 - Utilize your CATA Go Wallet
 - Take advantage of Discount Passes

When Scheduling:

Ages 7-64: choose Adult (full Fare)
Ages 0-6: choose Child (free)
Ages 65+ with a PA Senior Transit Card: choose Senior (free)

Discount Passes are available on the **CATA Go Crawford App**
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TOLL FREE:

855-338-5600

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MEADVILLE CENTER HOSTS
YELLOW DOT PROGRAM



TUESDAY, APRIL 15TH 12:30PM

Lunch

Mike Tautin with Highway Safety Network Program consists of placing a **Yellow Dot** decal in rear window of car to alert first responders of vital information in glove box. Free program. Includes decal, emergency card & picture

- RESERVATIONS DUE 4/9
- CHEESEBURGER, BBQ BAKED BEANS & TOSSED SALAD
- SUGGESTED DONTATION \$2.50
- SERVED AT NOON

1034 Park Ave. Meadville
814-336-1792 ext. 106

MOTHER'S DAY CELEBRATION

Thursday, May 8th
PAYMENT (\$10) & RESERVATION DUE THURSDAY, APRIL 24TH

TWO DINE - IN OPTIONS 11AM & 1PM

(NO CURBSIDE PICK - UP)

Stuffed Chicken Breast
Mashed Potatoes with Gravy
Asparagus & Coleslaw
Dinner Roll & Cream Pie

Spring Basket Raffle
Weekdays 5/1-5/8
9AM-2PM
26 Tickets - \$5
Drawing at conclusion of Mother's Day 1PM meal.

Meadville Center
1034 Park Ave.
814-336-1792 ext. 106

PACE / PACENET

Started in 1984, the Pharmaceutical Assistance Contract for the Elderly (PACE) Program helps older persons living in Pennsylvania to pay their prescription expenses. PACENET is the Pharmaceutical Assistance Contract for the Elderly Needs Enhancement Tier. This program has been created to assist older Pennsylvanians, whose incomes are slightly higher than the PACE income limits, with the cost of their prescription drugs.

Eligibility Information:

PACE requirements:

- 65 years of age or older.
 - A resident of Pennsylvania for at least 90 days prior to the date of application.
 - Ineligible for pharmaceutical benefits under medical assistance.
 - Total income for last year for a single person must be less than \$14,500.
 - Total income for last year for a married couple must be less than \$17,700.
- Once an application is approved, an enrollee is responsible for \$6 copayment for generic drugs or a \$9 copayment for brand name drugs for each prescription reimbursed by PACE.

PACENET requirements:

- 65 years of age or older.
- A resident of Pennsylvania for at least 90 days prior to the date of application.
- Ineligible for pharmaceutical benefits under medical assistance.
- Total income for a single person from last year must be between \$14,500 to \$33,500.
- Total income for a married couple last year must be between \$17,701 to \$41,500.

PACENET may have a monthly drug plan premium to pay at the pharmacy, which will be cumulative if not met each month. Once that monthly drug premium has been met, PACENET has an \$8 copayment for generic drugs and a \$15 copayment for brand name drugs. Your out-of-pocket costs to you are computed by the PACE program.

To use your PACE/PACENET card: Take your card and prescription to any drugstore that accepts PACE. Always keep your card with you. Do not leave your card at the drugstore. Do not mail your card to a mail-order pharmacy.

You may not use your card to purchase drugs out of the state or to mail drugs out of the state. You can use your card ONLY while you are in Pennsylvania.

Can I have other medical insurance or prescription coverage and still apply for PACE/PACENET?

Yes, However, PACE is the payor of last resort and will only cover prescription costs not covered by other medical insurance. You will be asked to provide information about your insurance coverage when you apply for PACE/PACENET, and you should inform your pharmacist of all your medical and prescription plans.

Is it possible to get help with completing the PACE/PACENET application?

Yes! Please call Active Aging, Inc. at (814) 336-1792 or 1-800-321-7705. An appointment can be scheduled for you

DO YOU HAVE MEDICARE?

Do you have questions about your coverage or current plan? Do you want to know if you are eligible to save money on your prescription drug costs and/or your Part B premium? The PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program can help!

What is PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free health insurance counseling program designed to help all Pennsylvanians with Medicare. PENNSYLVANIA MEDICARE EDUCATION AND DECISION

You may qualify for financial assistance programs! PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT wants to make sure you and your friends who have Medicare know about the Extra Help and Medicare Savings Programs.

Extra Help

Can help lower your prescription drug co-payments and premium, and gives you extra times to switch your plan!

You may qualify if:

- If you are single and have total monthly income of less than \$1,976; and less than \$17,600 in resources
- If you are married and have a total monthly income of less than \$2,664; and less than \$35,130 in resources

*There are certain deductions taken for Extra Help. You may qualify even if you are above these limits.

Medicare Savings Programs

Can help you with the payment of your Part B premium!

You may qualify if:

- If you are single and have a total monthly income of less than \$1,781; and less than \$9,660 in resources
- If you are married and have a total monthly income of less than \$2,399; and less than \$14,470 in resources

*Medicare Savings Programs can possibly help with the payment of your Medicare Part A and Part B cost-sharing.

*There are certain deductions taken for Medicare Savings Programs. You may qualify even if you are above these limits.

How can the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program help you?

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT can help with:

- Medicare
- Medicare Prescription Drug Plans (Part D)
- Medicare Advantage Plans
- Medicare Supplement Insurance (Medigap)
- Plan Comparisons
- Medicaid
- Screening and applying for financial assistance programs
- Medicare Appeals
- Long-Term Care

Call today to get connected to the PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Program in your area.

1-800-783-7067

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT is a free service provided by the PA Department of Aging, and is funded in whole or part by grant number 2001PAMIAA-00



pennsylvania
Medicare Education and Decision Insight



Updated February 2025



pennsylvania

Medicare Education and Decision Insight

Updated information on 2025 eligibility for Programs available to help you with Medicare costs

Do you have Medicare and limited income and assets? You may qualify for one of the following programs to help you with Medicare costs.

Low Income Subsidy (Extra Help):

INCOME: less than \$23,715 single (\$1,976/month)
less than \$31,965 married (\$2,664/month)

ASSETS: less than \$17,600 single
less than \$35,130 couple

BENEFITS: low or no premium for Part D plan
low copays for generic and brand-name drugs

Medicare Saving Program:

ELIGIBILITY: Monthly income \$1,781 individual
Monthly income \$2,399 couple

ASSETS: \$9,660 individual or \$14,470 couple

BENEFIT: Pays your Medicare Part B premium

PACE/PACENET (resources not counted):

Must be 65 years of age, or older
Must be a Pennsylvania resident for at least 90 days prior to application
Cannot be enrolled in benefits under Pennsylvania's Medicaid Program

PACE income: Single \$14,500 Married \$17,700 based on prior year income
PACENET income: Single \$33,500 Married \$41,500 based on prior year income

For more information, or for an appointment to receive assistance in completing an application, contact the PA MEDI Program at Active Aging, Inc., (814)336-1792 or 1-800-321-7705.

The PA MEDI Program provides assistance to Medicare beneficiaries of any age.

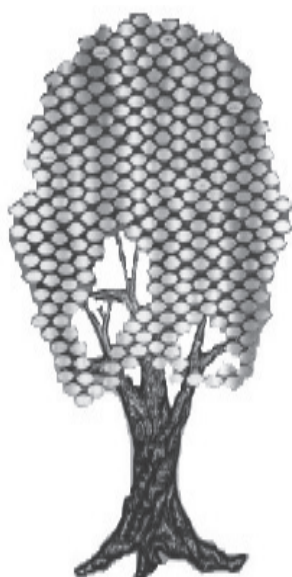




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to get you Your
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Scheduled!*

DIANA HILL
Diana.Hill@junipercommunities.com
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The BEST time to plant a tree is 20 years ago. The next best time is NOW. ~African Proverb

We invite you to participate in our "Tree of Giving" gift program. This is an on-going and permanent gift program that gives you, as a donor, the discretion to honor someone's hard work or achievement; remember a special/personal event or anniversary; or as an everlasting memorial for a loved one, friend or community leader. The "Tree of Giving" includes brass leaves and three different size brass stones that can be engraved to your desire. For additional information or to make an appointment with our Foundation Staff, please call (814) 336-1792 or 800-321-7705.

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT Update

PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT (PA MEDI), the State Health Insurance Assistance Program for all Medicare beneficiaries residing in Pennsylvania. During Medicare's Annual Open Enrollment, beneficiaries have the opportunity to compare their current Medicare Advantage Plan or Part D prescription drug plans and make any necessary changes to their coverage for the upcoming year. At Active Aging, Inc., the PA MEDI Program remains very busy all year. PA MEDI counselors are available, by appointment, to give information to individuals who are new to Medicare, assist with problems or questions about current coverage, and to screen and assist those eligible for Medicare cost-savings programs.

Outside of Annual Open Enrollment, there are Special Enrollment Periods (SEP) for individuals who may be eligible to make a change to their current coverage. Below is a list of examples for when a person may qualify for a SEP:

You change where you live

- I moved to a new address that isn't in my plan's service area.
- I moved to a new address that's still in my plan's service area, but I have new plan options in my new location.
- I moved back to the U.S. after living outside the country.
- I just moved into, currently live in, or just moved out of an institution (like a skilled

nursing facility or long-term care hospital).

- I'm released from jail.
- You lose your current coverage
- I'm no longer eligible for Medicaid.
- I left coverage from my employer or union (including COBRA coverage).
- I involuntarily lose other drug coverage that's as good as Medicare drug coverage (creditable coverage), or my other coverage changes and is no longer creditable.
- I had drug coverage through a Medicare Cost Plan and I left the plan.
- I dropped my coverage in a Program of All-inclusive Care for the Elderly (PACE) plan.
- You have a chance to get other coverage
- I have a chance to enroll in other coverage offered by my employer or union.
- I have or am enrolling in other drug coverage as good as Medicare prescription drug coverage (like TRICARE or VA coverage).
- I enrolled in a Program of All-inclusive Care for the Elderly (PACE) plan.
- Your plan changes its contract with Medicare
- Medicare takes an official action (called a "sanction") because of a problem with the plan that affects me.
- Medicare ends (terminates) my plan's contract.
- My Medicare Advantage Plan, Medicare Prescription Drug Plan, or Medicare Cost Plan's contract with Medicare isn't renewed.
- Other special situations
- I'm eligible for both Medicare and Medic-

aid.

- I qualify for Extra Help paying for Medicare prescription drug coverage.
- I'm enrolled in a State Pharmaceutical Assistance Program (SPAP) or lose SPAP eligibility. (This is PACE/PACENET in PA)
- I dropped a Medigap policy the first time I joined a Medicare Advantage Plan.
- I have a severe or disabling condition, and there's a Medicare Chronic Care Special Needs Plan (SNP) available that serves people with my condition.
- I'm enrolled in a Special Needs Plan (SNP) and no longer have a condition that qualifies as a special need that the plan serves.
- I joined a plan, or chose not to join a plan, due to an error by a federal employee.
- I wasn't properly told that my other private drug coverage wasn't as good as Medicare drug coverage (creditable coverage).
- I wasn't properly told that I was losing private drug coverage that was as good as Medicare drug coverage (creditable coverage).

These Special Enrollment Period situations have been adapted from www.medicare.gov; if you would like to learn more about special enrollment period situations, please visit www.medicare.gov or contact PA MEDI. For more information on PENNSYLVANIA MEDICARE EDUCATION AND DECISION INSIGHT, or to schedule an appointment for assistance, please call Active Aging, Inc. at 814-336-1792 or 1-800-321-7705. Active Aging, Inc. is located at 1034 Park Ave., Meadville, Pa.

SUMMER 2025

CASINO BUS TRIPS

Full Payment due at the time of Reservation

\$50 per Person per Trip
or SAVE \$15 By Booking All 3 Summer
Casino Bus Trips for \$135* Per Person

**Must reserve seats & pay for all 3 summer casino trips at the same time for the same individual. (\$15 Savings ONLY available while seats are available on all 3 summer trips.)*

Sunday, May 18, 2025

Seneca Allegany Resort & Casino in Salamanca, NY
 At Seneca Allegany from 11:00AM to 5:00PM
 Depart from Meadville at 9:00AM & Return to Meadville at 7:00PM
\$25 Back in Free Slot Play & \$5 Food Voucher!

Tuesday, July 22, 2025

Seneca Niagara Resort & Casino in Niagara Falls, NY
 At Seneca Niagara from 11:00AM to 5:00PM
 Depart from Meadville at 8:30AM & Return to Meadville at 7:30PM
\$25 Back in Free Slot Play & \$5 Food Voucher!

Sunday, August 10, 2025

Seneca Buffalo Creek Casino in Buffalo, NY
 At Seneca Buffalo Creek from 11:00AM to 5:00PM
 Depart from Meadville at 8:30AM & Return to Meadville at 7:30PM
\$25 Back in Free Slot Play & \$5 Food Voucher!





Trips Include Deluxe Motorcoach Transportation & Trip Escort on Motorcoach

*Casino Bonuses Subject to change by casino without prior notice.



For more information and reservations:
 Active Aging Foundation
 Monday through Friday 9:00AM - 4:00PM
 1034 Park Avenue, Meadville, PA (814) 336-1792



*Must carry a Government issued Photo ID
*Travelers of all ages are welcome on Active Aging Foundation Trips.
*Must be 21 or older on All Casino Trips.



Rummage Sale
Cambridge Springs Active Aging
 156 Venango Ave

April 15th-18th
April 15th - April 17th: 8AM to 3:00PM
April 18th: 8AM-12:00PM
Drop Off Day:
Friday April 11th: 8AM-1:30PM

Clothes, knick knacks, dishes and so much more
814-398-8616



Sub Sale

April 10th

Subs will include Ham, Turkey and Roast Beef
American Cheese, Lettuce, Tomato
Orders needed by March 28th
To Order 398-8616
\$5.00

Benefits the Cambridge Springs Center
 We will deliver for orders of 5 or more
 depending on location & available transportation

This Month in History April

- April 1, 1778** - Oliver Pollack invents the dollar sign \$
- April 2, 1792** - Congress passes the Coinage Act and the U.S. Mint is born.
- April 3, 1860** - The Pony Express begins delivering the mail.
- April 4, 1887** - Susanna Medora Salter is the first woman to be elected mayor in the nation in Argonia, Kansas.
- April 4, 1968** - Martin Luther King Jr. is assassinated.
- April 6, 1930** - Twinkies hit the market. The first twinkies were banana-filled.
- April 7, 1948** - The World Health Organization (WHO) is founded.
- April 9, 1865** - Confederate General Robert E. Lee surrenders to Ulysses S. Grant at Appomattox Courthouse, ending the Civil War.
- April 10, 1912** - The "unsinkable" RMS Titanic departs on its maiden voyage from Southampton, England.
- April 11, 1900** - The U.S. Submarine Force was officially established.
- April 12, 1900** - By an Act of Congress, Puerto Rico becomes a U.S. territory.
- April 14, 1865** - President Abraham Lincoln is shot by John Wilkes Booth at Ford's Theater in Washington, D.C. He died the next day.
- April 15, 1912** - The Titanic hits an iceberg in the Northern Atlantic ocean as sinks.
- April 18, 1775** - Paul Revere makes his famous ride from Charlestown to Lexington, Ma., shouting "the Red Coats are coming" as the American Revolutionary War begins.
- April 19, 1775** - The Revolutionary War begins.
- April 20, 1999** - Two teenage boys go on a shooting rampage in Columbine High school in Littleton, Colorado. One teacher and 12 students are killed.
- April 25, 1945** - Delegates from 45 countries meet in San Francisco to organize the United Nations.
- April 27, 1937** - The first Social Security checks were distributed on this day.
- April 29, 1913** - Gideon Sundback of Hoboken, N.J. patents the zipper.

Seed to Supper

A Beginner's Gardening Course*

Learn to Grow Veggies on a Budget!



Sponsor: The Active Aging Bair Family Center

Where:
The Active Aging Bair Family Center
237 South Pymatuning Street
Linesville, PA 16424


When:
Meet & Greet: April 7, 2025 from 1-2 PM
Classes: 4/14, 4/21, 4/28, 5/5, 5/12, 5/19, 6/2, and 6/9, from 1:00 to 3:00 PM

Who:
Open to both adult participants living on a low-income & community members.


How:
Pre-registration is required
Contact Kinorea : 814-350-7748
kkt5317@psu.edu

*Join the Crawford County Penn State Extension Master Gardeners in learning how to build healthy soil, plan your growing space, choose your crops, care for your growing garden and harvesting your bounty! *Attend cooking demos and tastings of vegetables you might grow in your garden where available.*



Plan to attend all 6 classes including garden time.
The cost of the program is \$10.00. Participants can receive free seeds and other gardening supplies based on availability of those supplies for this program.



Penn State is an equal opportunity, affirmative action employer, and is committed to providing employment opportunities to all qualified applicants without regard to race, color, religion, age, sex, sexual orientation, gender identity, national origin, disability, or protected veteran status.



VOTER REGISTRATION



Now available at your Local Senior Center or in your own home when you receive in-home services from Active Aging, Inc. As part of the "Motor Voter Law" passed in 1993, Area Agencies on Aging are now required to provide an opportunity for you to register to vote. If you need assistance in registering to vote, call us at (814) 336-1792

Did you pay PA Property Tax or Rent in 2024?

You may qualify for the 2024 PA Property Tax/Rent Rebate. Active Aging, Inc. has trained staff volunteers who can help you file if you meet the qualifications. For more information on the program details or to schedule an appointment for this free service, please call Active Aging, Inc. at 814-336-1792.

New: File Your Property Tax/Rent Rebate Program Applications Online

Property Tax/Rent Rebate Program claimants now have the option to submit program applications online with the Department of Revenue's myPATH system. Filing online leads to fast processing, easy direct deposit options and automatic calculators that will help you apply for your rebate. Visit mypath.pa.gov to file your application.



IT'S YOUR CALL

Confidential help for Veterans and their families

The confidential Veterans Crisis Line, online chat, and text are available, and we are here for you.

• • • Confidential chat at VeteransCrisisLine.net or text to 838255 • • •

REMINDER:

Elder Pennsylvanians deserve honor and respect ... not abuse. Stop Elder Abuse in Crawford County. Call Active Aging, Inc. 336-1792 or 1-800-321-7705

What is PA Link?

Aging and Disability Resource Centers (ADRC) exist nationwide. In Pennsylvania, ADRC is known as the Pennsylvania Link to Aging and Disability Resources, commonly known as the PA Link. It is designed to be a cross-age, cross-system network of local, regional, and state partner agencies that collaborate to help individuals who need home and community based services and supports. This coordinated network of partners allows a consumer to initiate contact with any PA Link partner and access information, assistance, and resources through a “no wrong door” approach, thereby minimizing consumer and provider duplication, reducing confusion, streamlining access, and creating much needed “safety nets”.

PA Link partners represent a wide range of local human service and healthcare providers as well as community leaders, civic organizations, state agencies, and other groups such as consumer, advocacy, and faith organizations. PA Link partners strive to help the following populations, regardless of income: adults age 60+, individuals living with any type of disability, persons living with behavioral health or substance abuse issues, Veterans, and the caregivers and family members of these populations. The mission of the PA Link to Aging and Disability Resources is to assemble and strengthen an organized alliance of private and public community agencies to better support consumer wishes and empower them to understand, determine and effectively navigate their long term care service options, regardless of age, ability or income.

A toll-free statewide ADRC helpline is operated by trained staff who assist Pennsylvanians looking for information on long-term living services and supports. Hours of operation are Monday through Friday - 8:30am to 5pm (excluding holidays). #1-800-753-8827.

If you are interested in becoming a partner to the PA Link, or if you know of an agency that should be approached about becoming a PA Link partner, please contact Kathy Freeman, Lead Link Coordinator for Service Area 1, at information@activeaging.org.

Pennsylvania Link to Aging and Disability Resources

The Pennsylvania Link to Aging and Disability Resources is a program of the Pennsylvania Department of Aging. Commonly referred to as the PA Link, this network of local, state and federal partners works together to provide information on, and improved access to, long-term care services and supports to all Pennsylvanians regardless of age, ability or income.

PA Link partners in Crawford County can provide information and support in the following areas:

- Assistive Technology
- Caregiver Support
- Care Transitions
- Disability Services
- Drug and Alcohol Services
- Emergency Contacts
- Employment Services
- Financial Assistance
- Health and Nutrition
- Health Insurance
- Home Modification
- Housing Assistance
- In-Home Services
- Legal Aid
- Lifespan Respite
- Medical Services
- Mental Health Services
- Nursing Home Transition
- Options Counseling
- Protective Services
- Support Groups
- Transportation
- Utilities and Fuel
- Veterans Services



The Pennsylvania Link to Aging & Disability Resources Helpline: 1-800-753-8827

Current PA Link Partners

Achieva Family Trust	Juniper Village at Meadville
Active Aging, Inc.	Kindred Hospice
Active Aging Center @ Lakeland/Valley	Lakeland Area Hospice
Alleghenies United Cerebral Palsy	LIFE/NWPA
Alzheimer's Association	Med Staffers
Amerihealth Caritas	MERP
AseraCare Hospice	Millcreek Community Hospital/LECOM
At Your Request Cleaning	Mount Hope Home Care
Bayada	Noble Community Care
Bethany Christian Services	NW Pa AIDS
Better Business Bureau of W. PA	PA MEDI
Bureau of Blindness and Visual Services	PATF
Byham's Insurance Services	PathStone
Casey Ball Supports	Presbyterian Senior Care Network
Center for Community Resources	Primary Health Network
Center for Family Services	PRO MEDICA
CHAPS	Regional Home Health & Hospice
Comfort Care Agencies	SafeinHome
Community Care Network Community Health Services	Saint Vincent / Allegheny Health Network
Community Resources for Independ.	Self Determination Housing Project
Consumer Satisfaction Team	Seniors Choice
Crawford CAO	Senior Helpers
Crawford County Care Center	Service Coordination Unlimited
Crawford County Human Services	Shryock Senior Housing
Cross Home Care	Social Security Administration
Diagnostic X-Ray Service	Special Kids Network
Down Syndrome Center of WPA	Special Olympics Pa
Embassy @ Park Ave.	St. Vincent Behavioral Health
Encompass Health	StairBusters
Erde, Ferguson, Foulk & Cressman	Successful Aging of NWPA, LLC
Evans Square Apts.	Supports Coordination of NW PA
Family Assistance Center	Titusville Area Senior Citizens Corp
Family & Community Christian Association	Titusville Healthcare and Rehab. Center
From The Heart	Titusville Social Connection
Shaffer Financial Serv.	The ARC of Crawford County
Gateway	TLC Insurance
Genesis HealthCare	Transition Assistance Advisors
Green Prosthetics	UCP/CLASS
Guardian Elder Care	UPMC Health Plan
HCF Management	UPMC for Life
HCR Manor	Vantage Healthcare
Health Care Solutions	Veterans Admin
Heartland Hospice	Veterans First
Helpmates	Veterans Miracle Center
Home Instead	Veterans Services
Hospice of Crawford County	VNA Alliance
HVA Sr. Living Alliance	Walberg Family Pharmacies
Inglis	Wesbury
Institute for Successful Aging	Wesbury at Home
Integrated Medical Transport	WIC Program/CHS
Interim Health Care	Women's Services



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